

650 Hawkins Avenue Suite 7 Ronkonkoma, NY 11779

Phone: 631-737-0055 Fax: 631-737-0076 www.mmneurology.com

WELCOME TO OUR PRACTICE! We look forward to meeting you during your first visit for your comprehensive sleep evaluation.

Please complete <u>ALL PAGES</u> in the attached new patient packet and bring it with you to your appointment.

- Please provide complete and accurate insurance information, and bring your insurance card and photo ID with you.
- If your insurance company requires a referral, please obtain one from your primary care physician (PCP) and bring it with you to your visit.
- If you have had any *prior sleep evaluations or sleep studies*, please bring all written reports with you to your appointment.
- If you are transferring care from another physician, please obtain and bring your medical records and prior doctor's notes with you.
- All copayments and/or outstanding balances are due IN FULL at the time of your visit. We accept cash, checks, and all major credit cards. If you cannot pay your copay at the time of your visit, there will be a \$15 administrative fee added onto your bill.
- We appreciate 24-hour notice for cancellations. If you do not provide notice of cancellation within 24 hours prior to your scheduled visit, you will be charged \$25 for an office visit or \$100 for a testing visit. Thank you for your cooperation in this matter.

Prescription Medication Policy:

- Schedule your follow-up appointments to coincide with renewal of your medications.
- Controlled substances <u>CANNOT</u> be refilled by telephone.
- Any changes to medications will require an office visit.

Thank you for allowing us to be involved in your medical needs, and we look forward to seeing you soon! If you have any questions, please do not hesitate to contact our office during our regular business hours.

Sincerely,

The Staff of Dr. Todd J. Maltese

	int clearly) PATIENT INF	ORMATION	Date:	
Patient Name:		E-mail Ad	dress:	
Street Address:				
City:	State: Zip:		Home Phone:	
Social Security #:	Birth Date:	<i></i>	Age: Sex	: □ Male □ Fema
☐ Single ☐ Married ☐ Widowe			Are you presently working	
Employer's Business Name:			Occupation:	
Employer's Address:				
	(street address)	(city)	(state)	
Employer's Phone Number:			Is this related to an accident?	☐ Yes ☐ No
Pharmacy Name:		Pharn	nacy Phone #:	
Pharmacy Address:				
	(street address)	(city)	(state)	(zip)
	PRIMARY INSURAN	CE INFORMATIO	JN	
Insured's Name:		Insur	ed's Date of Birth:/_	<i></i>
Insured's Address (if different than pa	tient):			
Insured's Social Security #:	(street address)			rate) (zip)
Insured Employed By:	A	ddress:		
Insurance Company Name:		Insurance P	hone Number:	
Insurance Company Address:	(street address)	(city)	(state)	(zip)
I.D. Number:	,	(City)	(state)	(21))
	SECONDARY INSURANCE IN	FORMATION (<i>if</i>	applicable)	
Secondary Insurance Company Name:		I	nsurance Phone Number:	
Insurance Company Address:	(street address)	(city)	(state)	(zip)
I.D. Number:	Group Number: _			
Insured's Name (if different than above	re):		Insured's Date of Birth:	
Insured's Address (if different than ab				
Incurad's Capial Cocumity #	(street address)			rate) (zip)
Insured's Social Security #:				
	ASSIGNMENT			
I, the undersigned, certify that I (or n	iy dependent) nave insurance	coverage with _	(name of insurance of	omnany)

and assign directly to Todd J. Maltese, DO, PC, all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges, whether or not paid by insurance. I hereby authorize the doctor to release all information necessary to secure the payment of benefits. I authorize the use of this signature on all insurance submissions.

		/
Responsible Party Signature	Relationship	Date



Last Name:	First Name:
Date of birth://	
Age: Height:	Weight: Collar size (men):
Why are you having a sleep ev	valuation? What are your sleep problems?
Primary Care Physician:	
Name:	
Address:	
	Fax number:
Referring Physician (if differen	nt from Primary Care):
Name:	
Address:	
	Fax number:

MEDICATIONS Please list all of the medications that you currently take.

Medication name	Dose	Times Per Day	Medication name	Dose	Times Per Day
1.			7.		
2.			8.		
3.			9.		
4.			10.		
5.			11.		
6.			12.		

^{*}Please use the bottom of page 2 if you need more room to list your medications.



<u>ALLERGIES</u> Are you allergic to any medications? ☐ Yes ☐ No *If yes, please list the medication and your reaction to it.

Medication name	Medication name R		eaction Medication		Reaction
1.			4.		
2.			5.		
3.			6.		
<u>.</u>	L				
PAST MEDICAL HISTORY	<u>/</u> Have	you ever beer	n diagnosed with	or treated fo	r the following?
☐ High blood pressure		☐ Parkinsor	n's disease	☐ Cervica	al disc herniations
☐ Diabetes		☐ Dementia	l	☐ Lumba	r disc herniations
☐ High cholesterol		☐ Seizures		☐ Fibrom	yalgia
☐ Heart disease and/or ster	its	☐ Multiple S	Sclerosis	☐ Restless leg syndrome	
☐ Cardiac arrhythmia and/o	r Afib	☐ Migraine headaches		☐ Depression	
☐ Gastroesophagel reflux (0	GERD)	☐ COPD/Emphysema		☐ Anxiety	
☐ Thyroid disease		☐ Neuropathy		☐ Attention deficit disorder	
☐ Congestive Heart Failure		☐ Sleep apnea		☐ Substance abuse	
☐ Stroke/TIA. Year?		☐ Cancer.	What type(s)?		
Other medical problems:					
SURGICAL HISTORY					
List all surgical procedure	s that y	ou have had a	nd their dates:		
			ACC - NAME OF THE OWNER, AS A STATE OF THE OWN		

SOCIAL HISTORY

Marital status:	Occu	Janon	Z D GOZ BOT AU OTRU SEA AU OTRO Z PA GOZ OROS OROS OROS AN PA TO	
Work status:				
☐ Full time employment	□ Retired	□Un	employed	
☐ Part time employment	☐ Student	☐ Dis		
If no longer working, when w	as the last date	that you work	ed?	
Tobacco use:				
☐ Never used tobacco produ	cts.			
☐ Current smoker.				
Average # of packs per	day: # o	f years smoki	ng:	
☐ Former smoker.				
Quit date: Av	erage # of pack	s per day:	# of years	s smoked:
How often do you drink alcoholic	beverages?			
	Once or twice	a week □ M	ore than one	drink per day
☐ Once or twice a month ☐	One drink per	dav □ C	Other:	
	_	,		CONTROL CONTRO
	SUCROPOR DO VOL	conclima in a	a typical day?	
How many caffeine-containing be	everages do you	Consume in a		
How many caffeine-containing be Coffee Tea			, , , , , , , , , , , , , , , , , , ,	
	Sodas _			edical conditic
Coffee Tea	Sodas _			edical conditio
Coffee Tea MILY HISTORY Has anyone in	Sodas _	family had th	e following me	
Coffee Tea	Sodas _	family had th	e following me	
Coffee Tea MILY HISTORY Has anyone in High blood pressure	Sodas _	family had th	e following me	
Coffee Tea MILY HISTORY Has anyone in High blood pressure Heart disease/Heart attacks Diabetes	Sodas Sodas your immediate	family had th	e following me	
Coffee Tea MILY HISTORY Has anyone in High blood pressure Heart disease/Heart attacks	Sodas Sodas your immediate	Father	e following me	
Coffee Tea MILY HISTORY Has anyone in High blood pressure Heart disease/Heart attacks Diabetes High cholesterol Stroke/TIA	Sodas Sodas your immediate	Father	e following me	
Coffee Tea MILY HISTORY Has anyone in High blood pressure Heart disease/Heart attacks Diabetes High cholesterol	Sodas Sodas your immediate	Father	e following me	
Coffee Tea MILY HISTORY Has anyone in High blood pressure Heart disease/Heart attacks Diabetes High cholesterol Stroke/TIA Epilepsy/Seizures Parkinson's disease	Sodas Sodas your immediate	Father	e following me	
Coffee Tea MILY HISTORY Has anyone in High blood pressure Heart disease/Heart attacks Diabetes High cholesterol Stroke/TIA Epilepsy/Seizures Parkinson's disease Dementia	Sodas Sodas your immediate	Father	e following me	
Coffee Tea MILY HISTORY Has anyone in High blood pressure Heart disease/Heart attacks Diabetes High cholesterol Stroke/TIA Epilepsy/Seizures Parkinson's disease Dementia Sleep apnea	Sodas Sodas your immediate	Father	e following me	
Coffee Tea MILY HISTORY Has anyone in High blood pressure Heart disease/Heart attacks Diabetes High cholesterol Stroke/TIA Epilepsy/Seizures Parkinson's disease Dementia Sleep apnea Snoring	Sodas Sodas your immediate	Father	e following me	
Coffee Tea MILY HISTORY Has anyone in High blood pressure Heart disease/Heart attacks Diabetes High cholesterol Stroke/TIA Epilepsy/Seizures Parkinson's disease Dementia Sleep apnea Snoring Narcolepsy	Sodas Sodas your immediate	Father	e following me	
Coffee Tea MILY HISTORY Has anyone in High blood pressure Heart disease/Heart attacks Diabetes High cholesterol Stroke/TIA Epilepsy/Seizures Parkinson's disease Dementia Sleep apnea Snoring Narcolepsy Depression/Anxiety	Sodas Sodas your immediate	Father	e following me	
MILY HISTORY Has anyone in High blood pressure Heart disease/Heart attacks Diabetes High cholesterol Stroke/TIA Epilepsy/Seizures Parkinson's disease Dementia Sleep apnea Snoring Narcolepsy Depression/Anxiety Alcohol or substance abuse	Sodas Sodas your immediate	Father	e following me	
MILY HISTORY Has anyone in High blood pressure Heart disease/Heart attacks Diabetes High cholesterol Stroke/TIA Epilepsy/Seizures Parkinson's disease Dementia Sleep apnea Snoring Narcolepsy Depression/Anxiety	Sodas Sodas your immediate	Father	e following me	

SLEEP HABITS

What time do you usual	ly go to bed on week	days?: am / pm
How long does it take ye	ou to fall asleep?	
What time do you usual	ly awaken on weekda	ys?: am / pm
How many hours do you	u sleep per night?	
What time do you typica	ally go to bed on week	ends/days off?:am / pm
How long does it take ye	ou to fall asleep?	
What time do you awak	en on weekends/days	off?:am / pm
Do you take naps? ☐ Y	es □ No	
How many times	s per week?	
How long are yo	ur naps?	
Do you feel refre	shed upon awakening	g from a nap? □ Yes □ No
How many times do you	ı wake up in a typical	night?
How long does it usually	/ takes you to fall bacl	k to sleep?
What causes you to wal	ke up (check all that a	pply)?
☐ Snoring☐ Choking/gasping☐ Full bladder	□ Pain □ Hunger □ Thirst	☐ Bedroom noise☐ Bed partner/kids/pets☐ Worries
Have you had a sleep e	valuation in the past?	□ Yes □ No
If so, when?		
What were the re	esults?	
Have you taken sleeping	g pills or sleep aids in	the past? ☐ Yes ☐ No
If so, which pills?	?	

How often do you or others notice the following?

	Never or	Sometimes (once a	Often (2-4 times	Almost
	Rarely	week)	a week)	Always
Have trouble falling asleep.				
Lie awake with intense thoughts.		N. C.		
Have restlessness or discomfort in the legs.				
Wake up during the night.				
Snore heavily.				
Stop breathing when you sleep.	***************************************	***************************************		
Awaken choking or gasping.	AND THE REAL PROPERTY OF THE SECOND PARTY OF T			
Grind your teeth while sleeping.				***************************************
Kick or jerk at night.				
Talk in your sleep.				4-9-1-4-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-
Sleep walk.	and the state of t			
Have nightmares.				
Act out your dreams.				
Awaken feeling tense.				
Feel rested in the morning.				
Use an alarm clock or wake up call to wake up.			***************************************	
Wake up in the morning with a headache.				
Wake up in the morning with nasal/sinus congestion.				
Wake up in the morning with dry mouth.				
Wake up in the morning with sore throat.				
Wake up in the morning with bedding in a mess.				
Heard a voice or seen things like visions as you fall	······································			
asleep or as you wake up.			5,	
Felt paralyzed momentarily upon awakening or as				
you fall asleep.				
Have attacks of sudden physical weakness during				
intense emotions (laughing, crying, etc).				



Epworth Sleepiness Scale

How likely are you to <u>doze off or fall asleep</u> in the following situations (as opposed to just feeling tired)? This refers to how you would usually feel over the past few weeks. Even if you have not done some of these things recently, try to imagine how they would have affected you. Use the following scale to choose the most appropriate number for each situation:

0	1	2	3					
No chance	Slight chance	Moderate chance	0					
of dozing	of dozing	of dozing	of dozing					
 Sitting and re 	ading							
2. Watching TV	2. Watching TV							
3. Sitting inactive in a public place (e.g., theater or a meeting)								
4. As a passeng	ger in a car for an hour	without a break						
5. Lying down to	rest in the afternoon v	vhen circumstances pern	nit					
6. Sitting and ta	6. Sitting and talking to someone							
7. Sitting quietly after a lunch without alcohol								
8. In a car, while	e stopped for a few min	utes in traffic						
			SUM: /24					



Fatigue Severity Scale

Below are a series of statements regarding **fatigue**. By fatigue we mean a **sense of tiredness, lack of energy, or total body give-out**. Please read each statement and choose a number from 1 to 7, where number 1 indicates that you completely disagree with the statement and number 7 means that you completely agree. Please answer these questions as they apply over the <u>last two weeks</u>:

Con	1 npletely	2	3	4	5	6	7 Completely
	sagree						Agree
1.	Exercise	brings o	n my fatigue				
2.	I am easi	ly fatigue	ed				
3.	Fatigue ir	nterferes	with my phy	ysical function	oning		
4.	Fatigue c	auses fr	equent prob	lems for me			
5.	My fatigu	e prever	nts sustained	d physical fu	nctioning		
6.	Fatigue in	nterferes	with carryin	ıg out certaiı	n duties and	responsib	ilities
7.	Fatigue is	my mos	st disabling	symptom			
8.	Fatigue is	among	my 3 most	disabling sy	mptoms		
9.	Fatigue in	nterferes	with my wo	rk, family, o	r social life .		
10.	Fatigue n	nakes ot	her symptor	ns worse			
						SU	JM: / 70



REVIEW OF SYSTEMS Check all boxes that apply to you at this time:

	GENERAL	GASTROINTESTINAL	MUSCULOSKELETAL			
	☐ Fever or chills	☐ Heartburn	☐ Joint pain			
	☐ Fatigue	☐ Nausea or vomiting	☐ Muscle pain			
	☐ Weight loss or gain	☐ Constipation	☐ Muscle cramps			
	☐ Weakness	☐ Diarrhea	☐ Muscle twitching			
	EYES	☐ Abdominal pain	NEUROLOGIC			
	☐ Blurry vision	ENDOCRINE	☐ Headaches			
	☐ Double vision	☐ Heat intolerance	☐ Numbness/tingling			
	EAR/NOSE/THROAT	☐ Cold intolerance	☐ Tremor			
	☐ Hearing loss	BLOOD	☐ Trouble with balance			
	☐ Congestion/Sinusitis	☐ Anemia	☐ Confusion			
	☐ Ringing in your ears	☐ Easy bruising/bleeding	☐ Dizziness/lightheadedness			
	CARDIOVASCULAR	URINARY	☐ Memory loss			
	☐ Chest pain	☐ Urinate frequently	☐ Difficulty swallowing			
	☐ Palpitations	☐ Urinary incontinence	☐ Speech difficulty			
	☐ Swelling of feet	SKIN	PSYCHIATRIC			
	RESPIRATORY	☐ Rashes	☐ Anxiety/nervousness			
	☐ Shortness of breath	☐ Dryness	☐ Depression			
	□ Cough		☐ Hallucinations			
	□ Wheezing					
DE	MOGRAPHICS Please cl	heck all that apply.				
	Race: ☐ American Indian	☐ Asian ☐] Hawaiian or Pacific Islander			
	☐ Hispanic	□ White □	Black or African American			
	☐ Other Race:		Refuse to Report			
	Ethnicity: ☐ Not Hispanic or Latino ☐ Hispanic or Latino ☐ Refuse to Report Language: ☐ English ☐ Spanish ☐ Other:					



MEDICAL RECORDS RELEASE AUTHORIZATION

То:	
	reports, and/or diagnostic test results to Todd J. Maltese, that my medical records and information are protected untability Act of 1996 (HIPAA).
I hereby authorize the release of the above requ	ested medical records.
Signature	Date
Print Name	Date of Birth



Health Insurance Portability and Accountability Act (HIPAA)

This consent is given to the office of Todd J. Maltese, DO, PC, to use and disclose my individually identifiable health information for the specific purposes of obtaining payment from my health plan, providing appropriate treatment, and performing permissible healthcare medical procedures.

These specific uses and disclosures are permitted under the Administrative Simplification provisions of the Health Insurance Portability and Accountability Act (HIPAA).

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment, or health care operations. I also understand that you are not required to agree to my requested restrictions, but if you do agree that you are bound to abide to such restrictions.

I have the right to revoke this consent in writing at any time, except to the extent that you have taken actions relying on this consent.

I hereby grant permission that phone calls for the purpose of confirming or canceling appointments may be made to my home phone number, and messages may be left on answering machines.

8	low. In addition, I \square DO \square DO \underline{NOT} give you gards to my routine healthcare matters or concerns:
Name of emergency contact	Phone Number
Relationship	
I consent to the above privacy pr	ractices of the office of Todd J. Maltese, D.O., P.C.
Patient Signature	Date
	Do you have (check all that apply)?: □ DN
Patient Name (printed)	☐ Advanced Directive ☐ Healthcare Proxy ☐ N



OFFICE POLICIES

Insurance/Referral Policy:

- It is the responsibility of the patient to ensure that his or her insurance information is up-to-date. If a claim is denied due to a change in insurance, and our office was not notified of this change prior to your office visit, you may be responsible for the cost of the entire medical bill. ALWAYS keep us updated with any changes in insurance.
- A copy of your valid insurance card must always be on file in our office.
- If your insurance company requires a referral, it is your responsibility to obtain one from your primary care physician (PCP) and bring it with you to your visit. You cannot be seen if you require a referral and you do not have one at the time of your visit.

Copay/Balance and Cancellation/No-Show Policy:

- All copayments and/or outstanding balances are due <u>IN FULL</u> at the time of your visit, or you might not be able to be seen. If you do not pay your copay at the time of your visit, there will be a \$15 administrative fee added onto your bill.
- We appreciate 24-hour advanced notice for cancellations. If you do not provide notice of cancellation prior to your scheduled visit, you will be charged:

\$25 for an office visit or \$100 for a testing visit

Prescription Medication Policy:

- Schedule your follow-up appointments to coincide with renewal of your medications. Please note that if needed, renewing non-controlled medications by phone may take up to 3 business days to be processed, so please plan accordingly.
- Controlled substances CANNOT be refilled by telephone.
- Any changes to medications will require an office visit.

have read and agree to the above office police	ies for the practice of Todd J. Maltese, D.O., P.C.
Patient Signature	Date
Patient Name (printed)	



Patient Name:	
---------------	--

Statement of Patient Financial Responsibility

Our office appreciates the confidence you have shown in choosing us to provide for your healthcare needs. The services you have elected to participate in imply a financial responsibility on your part. The responsibility obligates you to ensure payment in full of our fees. As a courtesy, we will bill your insurance carrier/s on your behalf. However, you are ultimately responsible for payment in full of your bill.

Many insurance companies have additional stipulations that may affect your coverage. It is ultimately your responsibility to know your coverage and benefits. You authorize Todd J. Maltese, DO, PC, to furnish information to insurance carriers concerning your care. You are responsible for any amounts not covered by your insurance. If your insurance carrier denies any part of your claim, or if you elect to continue services past your coverage/policy period, you will be responsible for your balance in full. It is also your responsibility to obtain referrals or authorizations required by the insurance carrier in order to be seen at our practice. Full payment for services provided is due at the time of services rendered, otherwise late fees or administrative fees may be charged.

You are responsible for payment of any deductible and copayment/coinsurance as determined by your contract with your insurance carrier. We expect these payments at the time of service. Some health insurance carriers require the patient to pay a co-pay for services rendered, and this is a contract between you and your insurance carrier.

"I understand is my insurance continuitial:	that I am responsible for copayments and deductible/coinsurance as dictated by arrier."
"I fully undersi account and the	and that I am ultimately responsible for any and all charges associated with mate if I fail to pay any amount due, I will also be responsible for additional of 30% and any other charges incurred in the collection of any balance due for collection."

Initial:

Co-Pay/Cancellation/No-Show Policy

All copayments and/or outstanding balances are due <u>IN FULL</u> at the time of your visit, or you might not be able to be seen. If you do not pay your copay at the time of your visit, there will be a \$15 administrative fee added onto your bill.

We appreciate 24-hour advanced notice for cancellations. If you do not provide notice of cancellation prior to your scheduled visit, you will be charged \$25 for an office visit or \$100 for a testing visit.
Initial:
Late Fees/Returned Check Fees
If you have a balance and a statement is generated, you will have 30 days to arrange payment with our office. If no payment is made within 30 days, a \$5 late charge will be added each month until a payment is made (\$5 for the first month, \$10 for the second month, and \$15 for the third month). If no payment is arranged with our office by the fourth month, your balance will be referred to a collections agency and you will incur additional fees as outlined above under "Statement of Patient Financial Responsibility."
If a check is returned for insufficient funds, you will be charged an additional fee of \$25 for the returned check.
Initial:
"I have read the above policy regarding my financial responsibility to Todd J. Maltese, DO, PC, for providing medical services to me or the above-named patient. I certify that the information is, to the best of my knowledge, true and accurate. I authorize my insurer to pay any benefits directly to Todd J. Maltese, DO, PC. I understand that any amount remaining after such payment has been made by my insurance carrier becomes my responsibility (or the guarantor's if the patient is a minor)."
Signature of patient OR parent/guardian (if under the age of 18) Date

Print Name