

## Relationships & Expectations of Children

Type	What they look for in relationship:	What gets in the way:	Expectations of their Children:
<b>1</b>	Shared purpose and values, equality, fairness, integrity.	Insisting on being right at the expense of their connection with the other. Manipulates by correcting others—and by playing on their sense of guilt and inadequacy.	May demand self-control, reasonableness, regularity, and the ability to delay rewards—that their child be a Little Adult.
<b>2</b>	Emotional connection, intimacy, warmth, affection.	Insisting on exclusivity and ever more closeness. Manipulates by finding out others' needs and desires and by creating secret dependencies.	May demand generosity, thoughtfulness, helpfulness, and attention to others—that their child be a Little Helper.
<b>3</b>	Social suitability, competence, admirability, attractiveness.	Insisting on career and social status before the relationship. Manipulates by charming others and by adopting whatever image will work.	May demand being outstanding at tasks, fulfilling family hopes, physical perfection, and popularity—that their child be a Little Star.
<b>4</b>	Communication, listening, acceptance, emotional honesty.	Insisting on having all of their emotional needs met immediately. Manipulates by being temperamental and making others walk on eggshells.	May demand sensitivity, artistic creativity, emotional depth, and understanding—that their child be a Little Therapist.
<b>5</b>	Curiosity, intensity, involvement, non-intrusiveness.	Insisting on personal space and non-interference. Manipulates by staying preoccupied with ideas and projects and by detaching emotionally from others.	May demand independence, studiousness, intellectual gifts, and curiosity—that their child be a Little Genius.
<b>6</b>	Commitment, dependability, shared values, solidity.	Self-doubt and reactivity: vacillating between need for closeness and need for distance. Manipulates by complaining and by testing others' commitment to them.	May demand dependability, obedience, perseverance, and trustworthiness—that their child be a Little Trouper.
<b>7</b>	Stimulation, adventure, excitement, variety.	Insisting on postponing making commitments. Manipulates by staying upbeat and hyperactive and by insisting that others meet their demands for gratification.	May demand vitality, good humor, resilience, and spontaneity—that their child be a Little Entertainer.
<b>8</b>	Dependability, loyalty, strength, sexual compatibility.	Insisting on maintaining control of others. Manipulates by dominating others and by demanding that others do as they say.	May demand toughness, self-sufficiency, courage, and willpower—that their child be a Little Entrepreneur.
<b>9</b>	Comfort, peace, harmony, stability.	Insisting on not acknowledging problems and remaining neutral in conflicts. Manipulates by "checking out" and by passive-aggressively resisting others.	May demand quietness, lack of demands, gentleness, and non-neediness—that their child be a Little Angel.