

Suggested Home Learning Schedule

Try to do one or two activities or practice sheets each day. Preschool-age children can attend for 10-15 minutes per activity, depending on interest. They also enjoy and learn best through repetition, so you may repeat the same activities many days in a row.



8:30 am – **Breakfast**

9:00 am – **Literacy**

- Read a book together and ask questions to support their understanding (15 minutes)
- Writing practice or Letter Sound practice
- Do 1-2 finger plays, songs, and chants

9:30 am – **Fine Motor Skills**

- Puzzles
- Blocks
- Playdough
- Cutting



10:00 am– **Snack**

10:30 am – **Play**

- Engage with your children by asking them questions while you play

11:30 am – **Lunch and Nap**

1:00 pm – **Math**

1:30 pm– **Gross Motor Play**



- Gross Motor Skills are the coordination of movements that are required for large movements such as: running, jumping, throwing, and climbing.

2:00 pm - **Calendar Challenge or “Practice Each Night”**

- Choose one square from the Calendar or complete a “Practice Each Night” sheet