



Junior Karate



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 Kata	30 Kata	31 Sparring	1 Sparring	2 BB Candidate Training 5 pm	3
5 Street Self Defense	6 Clothes Defense	7 Kick Boxing	8 Kick Boxing	9 BB Candidate Training 5 pm	10 SUNDAY Father Daughter Mother Son Valentine Class
12 Combinations	13	14 Ippon Kumite	15 Ippon Kumite	16	17 Black Belt Testing
19 Weapons	20 Weapons	21 22 Tournament Kata		23	24 Family Karate Tournament
26 Stripe Testing Excellence Full White Uniform Required	27 Excellence BBE Sheets Due	28 Board Breaking! Bring - A - Buddy	1 	2 Belt Testing	3 Graduation Parent Student Family Karate

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Jr Beg MW 4:30 TTH 6:00 - Jr Int MW 5:15 TTH 4:00 - Jr Adv MW 6:00 TTH 4:45

Every Year we like to celebrate Valentines Day by holding a Father Daughter and Mother Son Valentines Day Class Sunday, Feb 11 at 1:00 pm