





Del Norte Senior Center
1765 Northcrest Drive
Crescent City, CA 95531
707-464-3069
Hours 9:00am to 4:00pm

Curb Side Lunch Served
Monday Thru Friday
11:30am TO 12:30Pm



October 2022

SUN	MON	TUE	WED	THU	FRI	SAT
Senior Legal Service 464-3069 1-800-972-0002	3 Swiss Steak, Mashed Potato W/ Gravy, Broccoli Normandy, W/W Roll & Fruit Cup	4 Spinach Lasagna, Mixed Vegetable, Garlic Bread, & Fresh Fruit	5 Chinese Chicken Salad, W/W Roll, & Mandarin Oranges	6 Tuna Noodle Casserole, Peas and Carrots, W/W Roll, & Pineapple with Coconut	7 Chicken Pot Pie, Biscuit, & Strawberries	8 
9  <small>shutterstock · 156033374</small>	10 Columbus Day Site Closed	11 Baked Ziti with Four Cheese, Italian Vegetables & Garlic Bread, and Applesauce	12 Roast Turkey w/Gravy, Sweet Potatoes, Green Beans, W/W Roll and Jell-O Cup	13 Swiss Steak W/Gravy, Butter Noodles, Carrots & Fruited Yogurt	14 Meat Loaf W/ Mashed Potatoes and Gravy, Chuckwagon Corn, W/W Bread & Orange	15
16	17 Chicken Salad, W/W Roll, & Fruited Yogurt	18 Macaroni and Cheese, Italian Vegetable, Garlic Bread, & Fruit Cup	19 Chicken Pot Pie, Peas, and Carrots & Fresh Fruit	20 Beef Stew, Cornbread & Peaches	21 Turkey Cranberry Wrap, Rich Pumpkin Soup, & Oranges	22 
23	24 Lemon Herb Fish w/Tartar Sauce, Peas, Confetti Rice, Cole Slaw & Fruit Cup	25 Cheese Lasagna, Italian Vegetable, Garlic Bread, & Fresh Fruit	26 Teriyaki Chicken, Oriental Vegetables. Rice & Pears	27 Chili, Corn Bread, Green Salad, Corn Bread & Fruited Yogurt	28 Spaghetti W/Meat Sauce, Broccoli, Garlic Bread, & Fresh Melon	29 
30 Menu Is Subject To Change Without Notice	31 Pulled Pork Sandwich, Baked Beans, Chuckwagon Corn & Mandarin Oranges					30 HICAP AT DNSC 464-7876