

Regional Marketplace

ADVERTISING FEATURE

Dance school expands to better serve community

Metro Dance Company in Plymouth expands adult, teen and preschool dance programs

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ADVERTORIAL WRITER

Plymouth, Canton, Livonia and Northville residents have something to dance about — Metro Dance Company in Plymouth has expanded its offerings this fall with more adult and teen classes and a wider range of times and dates for preschool classes.

“We’ve added more Tap, Hip Hop and Yoga for both teens and adults,” said Kristie Wyler, studio director of Metro Dance Company. “We’ve really increased the choices of times and dates for preschool age dancers with more morning times.”

Metro Dance Company, located at the corner of South Mill (Lilley) and Ann Arbor Trail just outside of downtown Plymouth, has taught dance lessons to hundreds of children and adults since it’s opening in 1997.

“We really try to offer something for everyone,” Wyler said. “We’ve had a lot of customers say they had trouble finding classes for adults in the area.”

Registration is now open for fall, with classes running Sept. 11 through June 2011. The studio offers classes in Ballet, Cecchetti, Pointe, Jazz, Tap, Lyrical, Modern, Hip Hop, Breaking, Pom, Ballroom, Pilates and Yoga as well as competitive classes for dancers age 6 and older.

Children ages 2.5 to 5 are offered a fun introduction to the

basics of dance, called Preschool Combo, which combines Ballet, Jazz, Tap and Acro. Combo classes foster creativity, freedom and expression in movement and a love for dance while teaching, sharing, taking turns, waiting in line, socializing and cooperating with classmates.

“A beginning teen level class is available, so even if a 12- or 13-year-old has never danced before, they won’t be placed in a class with younger beginning dancers,” Wyler said.

Each year, experienced dancers are welcome to audition for the Metro Dance Company Competition Team. Members meet September through June, compete at 3-4 regional dance competitions and travel out-of-state for a national competition each summer. Dancers must attend weekly rehearsals and meetings and enroll in a weekly ballet class. Competition classes are available in Jazz, Lyrical, Modern, Tap, Hip Hop, Pom and Ballroom. Solo, duo and trios are also available in discipline of choice.

But competition isn’t the main focus of the studio. A variety of recreational classes are offered without a competitive edge.

“Some studios focus only on competition dancing, where we know some kids are just here to take a class or two for fun,” Wyler said.

Technique classes are available

for adults in Hip Hop, Tap, Ballet (beginning-advanced), Pointe, Yoga, Ballroom and Pilates.

Friday night adult ballroom classes are a popular choice for adults. Group classes teach the style of the waltz, foxtrot, cha cha, rumba, tango, swing and salsa.

“Dancers don’t need a partner to come to class — it’s structured so you can just come in and learn the steps!” Wyler said.

For students interested in learning a syllabus-based method of ballet, Cecchetti Method Ballet is the way to go. Precise exercises are practiced in a set order each class, each building on the next. When ready, students are put up for examination and must pass before moving on to the next level of study. Students are eligible to begin Cecchetti Grade 1 at age 7 and work through Grade 7. Each level takes approximately 18-24 months of study to complete.

Private dance lessons are available for all ages, and skill levels and are scheduled around each customers’ availability. Wedding choreography and social dancing lessons are popular among adults.



“Our wedding choreography classes are popular for couples interested in having traditional and non-traditional first dances choreographed and having their bridal party in for a group class,” Wyler said.

Visit www.MetroDancePlymouth.com to register for fall classes online or for more information on all programs.

Four things every parent should know before choosing a dance studio

1. What type of dance floor is used?

Dance is a very physical activity that requires a lot of jumping that can put a lot of stress on bones and joints, and most dance footwear does not provide any cushioning or support. Metro Dance Company uses a “floating” hardwood sprung floor in each of its three dance rooms that absorbs the shock of jumping, helping to prevent injuries.

2. What is the size of the class?

If the dance class has fewer students, each child will receive more personalized attention, learn more and have more fun. Metro Dance Company classes have smaller sizes to make sure no fundamental concepts are missed and to allow teachers to ensure students are not developing bad habits or improper technique.

3. Can I get immediate assistance and customer service?

In many studios, the teacher or studio owner conducts classes and does the administration. Metro Dance Company has an office staff on hand during all regular class times, so dancers get immediate assistance.

4. What is the studio environment?

Metro Dance Company is committed to providing safe and quality instruction to children and adults of all ages and skill levels. The studio has a relaxed, friendly atmosphere and offers students a choice of technique, recital and/or competitive dance classes. Students are taught about teamwork, a positive attitude, eating healthy and setting goals.



Metro Dance Company

541 S. Mill (Lilley)
Plymouth, MI 48170
Call 734-207-8970
to start dancing today!

Connect with us online:
www.MetroDancePlymouth.com
Email: info@metrodancecompany.com
Blog: www.plymouthdanceblog.com
Twitter: www.twitter.com/metrodance
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Testimonials from local parents:

“My daughter’s experience with Metro Dance is a great pleasure. She has grown not only as a dancer but also as a team member. It is nice to see her involved in something she enjoys so much and make plenty of close friends along the way.”

— Maribel Schaefer

“My daughter has basically grown up at Metro Dance. She has been dancing for over 12 years, and dance has shaped her into a disciplined, honest, fun and healthy person. She still lives to dance and loves every minute! Metro Dance is her second family!”

— Janice Johnson

REGISTER NOW FOR DANCE CLASSES

Dance Classes for All Ages

Ages 2 1/2—Adult • Recreational, Technique and Competitive Classes Available

- Ballet
- Cecchetti
- Beginning Adult
- Tap
- Jazz
- Hip Hop
- Lyrical
- Modern
- Pointe
- Pom
- Ballroom
- Preschool Combo
- Pilates
- Yoga

Brand new to dance lessons?
Visit our website at:
www.MetroDancePlymouth.com
to view class and curriculum details!

Reasons to Choose Our Studio

- “Floating” professional dance floors absorb shock to help prevent injuries and reduce fatigue.
- Highly qualified, friendly, professional teachers with training in a broad range of disciplines.
- Combo classes for dancers ages 2½ - 5 combine ballet, tap, jazz and acro.



METRO
DANCE

541 S. Mill, Plymouth, MI 48170
Corner of Ann Arbor Trail/Mill (Lilley)
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