















# 2017-2018 School Menu

1% LOW FAT WHITE MILK

100 % FRUIT JUICE SERVED

\*MENU SUBJECT TO CHANGE BASED ON AVAILABILITY OF PRODUCTS, CHEESE SANDWICH AVAILABLE DAILY,

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Oranges Corn Muffins Or Banana Muffin Cereal Rice Krispies 	Bananas French Toast Stick w/Lt. Syrup Cereal Cheerios 	Oranges Fresh Wheat Waffles W/ Lt. Syrup Cereal All Bram	Bananas Wheat Bagels w/Lt. Cream Cheese or Banana Loaf Cereal Kix	Oranges Turkey Bacon Hash Browns Cereal Corn Flakes
<b>Week #1 Lunch</b>	Macaroni w/ Meat Sauce, Fresh Tossed Salad w/ Wheat Roll Fresh Cantaloupes	Chicken Tenders w/ Fries Garden Salad Fresh Honeydew 	New Orleans Chicken w/Brown Rice Steam Broccoli Fresh Pineapple 	Buffalo Chicken Wings w/Mac & Cheese Fresh Tossed Salad Fresh Pear	Jamaican Patties Fresh Corn Fresh Apples
<b>Week #2 Lunch</b>	Fresh Cheese Pizza Fresh Corn Fresh Watermelon 	Turkey Sandwich Lettuce/Tomatoes Fresh Cantaloupes 	Spaghetti w/Lean Turkey Meat w/Italian Bread Fresh Salad Fresh Honeydew	Chicken Patties Cheese/Lettuce/Tomatoes w/Wheat Hamburger Bun Fresh Pineapple 	BBQ Chicken w/Rice & Beans Tossed Salad Fried Plantains Fresh Pear
<b>Week #3 Lunch</b>	Brown Rice Breaded Chicken W/ Asparagus Fresh Apples 	Chicken Tenders Yellow Rice Romaine Salad Fresh Cantaloupes	Turkey Burger Lettuce/Tomatoes Wheat Bun Fresh Pear 	Buffalo Chicken Wings w/Alfredo Pasta Garden Salad Fresh Cantaloupes	Jamaican Patties Steam Corn Fresh Pineapple
<b>Week #4 Lunch</b>	Chicken Patties Cheese/Lettuce/Tomatoes w/ wheat Hamburger Bun Fresh Pear 	Fish & Chips w/ Festival Dumplings Baby carrots Fresh Watermelon 	14 Beans Soup W/Wheat Bread Romaine Salad Fresh Cantaloupes	Lasagna w/Lean Turkey Meat Fresh Tossed Salad w/wheat Roll Fresh Honeydew	Chicken Lo Mein Fresh Salad Fresh Pineapple 
<b>Week #5 Lunch</b>	Fresh Cheese Pizza Fresh Corn Fresh Honeydew 	Chicken Fried Rice Fresh Salad Fresh Pear 	Turkey Burger Lettuce/Tomatoes Wheat Bun Fresh Plum	Stew Peas & White Rice Romaine Salad Fresh Watermelon	BBQ Chicken w/Rice & Beans Tossed Salad Fried Plantains Fresh Peach
<b>SNACKS</b>	Juice/Water Pretzels PC or Vanilla Wafers Fresh Pineapples	Juice/Water Yogurt Or Cheese on Cheese Cracker /Fresh Apples	Juice/Water Lorna Doone or Apple Sauce Fresh Pears	Juice/Water Cinnamon Biscuit or Mini Biscuit Fresh Cantaloupes	Juice/Water Chocolate Chips or Strawberry Sauce / Apples

**PARENTS NOTE:** CHILDREN WHO DO NOT EAT MEAT WILL BE SERVED A VEGETARIAN MEAL. EX. MORNIGSTAR PRODUCT- BACON OR SAUSAGE  
SOY MILK WILL BE PROVIDED TO CHILDREN WHO CANNOT CONSUME COW'S MILK DUE TO MEDICAL CONDITION. PLEASE PROVIDE A MEDICAL 100%  
FRESH FRUITS: PINEAPPLE APPLE ♥ HONEY DEW ♥ WATERMELON ♥ PEACH ♥ PEAR ♥ PLUM ♥ CANTALOPE

**Schedule is set up for 4 or 5 week months**

Applications for Free or Reduced meals are available at any one of our main office