

GREEN TREE TIMES

VOL. 28, NO. 54 • June 2023

FREE

NOW AVAILABLE ONLINE AT WWW.GREENTREETIMESONLINE.COM

serving the metropolitan communities of

GREEN TREE • SCOTT TWP. • BROOKLINE • DORMONT • CARNEGIE • MT. WASHINGTON • CRAFTON • INGRAM • THORNBURG • ROSSLYN FARMS • WEST END • WESTWOOD

June is Filled with Outdoor Events all Month Long



There's fun for everyone at OpenStreetsPgh!

~photo courtesy of OpenStreetsPgh

The blue skies outside and the temperatures in the low 80s is a sure sign that summer is here in the 'burgh. There is something to do for everyone in this area during the warm weather months. You can enjoy the company of others at the many farmers markets, festivals, market places and events that are being held or more solitude just taking in the beauty with a walk along the river front, an overlook, at a local park or even your own back yard.

To kick off the season, Pittsburgh goes all out. The 64th Annual Dollar Bank Three Rivers Arts Festival will be held June 2 - 11 and they are

returning to Pittsburgh's Cultural District.

The festival is free and open to the public, 12-9 p.m. daily with no tickets required! Some featured events are ongoing and others have specific times.

The Artist Market at the festival features 300+ independent artists from the region and country in an open-air setting, selling handmade fine art and fine crafts.

One change this year is that the Dollar Bank Main Stage will be located at the intersection of Ft. Duquesne Blvd. and Stanwix St.



Ten days of fun at the Three Rivers Arts Festival

~photo courtesy of Pittsburgh Cultural Trust

Maps, information and more details at traf.trustarts.org.

Neighborhood Flea, an open air marketplace, will be held the second Sundays of the month through October from 10 a.m. - 3 p.m. at The Stacks (in the Strip) at 2875 Railroad Street. This event features over 100 sellers of a variety of items including vintage, handmade wares, bath and body products, pet treats and more. Info at neighborhoodflea.com.

Night Markets are back on Fridays, June 30 - Oct. 27 and Saturdays, June 24 - Oct. 28, 5-10 p.m. in Market Square. This free event features an outdoor pop-up shopping market and festival with vendors of clothing, furniture, candles, food, drinks, entertainment and more.

OpenStreetsPgh has returned for the 2023 season. The days will be June 25 and July 30, 10 a.m. - 2 p.m. This is a free community event that closes miles of city streets to traffic and opens them to people to walk, bike, run and play. Info at openstreetspgh.org.

Southside Works is having Music on the Lawn from 6-10 p.m. on June 16 featuring 40 Acre Mule with LoRen and DJ- Femi & Wade Anthony Jr., June 23 with Limousine Beach with Tony Wars, DJ-Icy Pisces, and June 30 with Tony Silver with Big Blitz, DJ-Wade Anthony Jr. Bring chairs and blankets!

Jam on Walnut in Shadyside is back for the summer starting June 17, 6-10 p.m. The theme is Dancing Queen. This free event features many artisan booths, food, fun and of course, music! Info at thinkshadyside.com.

Lastly, the Squirrel Hill Night Markets will be held June 24, August 26 and Oct. 7, 6-10 p.m. on Murray Ave. Event features 75+ "I Made It!" Market artists, live music, food trucks, activities for children and more! Info at uncoversquirrelhill.com.

The Free Outdoor Summer Event Series presented by CMOA, Inside Out, will be back on Thursday, June

15, 5-9 p.m. and Saturday, June 17, 12-5 p.m. and continue every Thurs. and Sat. throughout the summer. This series will extend the museum experience outdoors with live performances, cash bar, art activities, food, and more. This event is free and open to audiences of all ages! Reserve your times tickets at carnegieart.org.

The Carnegie Crawl is back and will occur the 2nd Friday of every month from 5-9 p.m. The first event will be June 11 and include arts, entertainment, shopping, food and fun! Info at visitcarnegie.com.

The Allegheny Summer Concert Series will return with live performances starting Saturday, June 2nd.



Music Festival fun!

Events will begin at 7:30 p.m and occur every Friday at South Park Amphitheater and every Sunday at Hartwood Acres Park Amphitheater.

The series kicks off with a performance from Pittsburgh Opera, and will conclude on September 3 with the 23rd Annual Allegheny County Music Festival. All performances will be free (with the exception of the Music Festival, which will request a \$20-per-vehicle donation) Food trucks, Bella Terra Vineyards and Hop Farm Brewing Company craft beer are at all concerts starting at 6 p.m. All concerts take place rain or shine at open-air amphitheatres with no covered seating. Info at alleghenycounty.us.

Enjoy! Happy Summer!



MUSINGS...ATTENTION - NOT ENERGY



Editor's Note: Sharon Eakes is a personal and executive coach, who is a regular columnist for our paper as well as for the Huffington Post. She is the author of Fresh Views on Resilient Living. She may be reached by calling 412-741-1709 or email Sharon @bopellc.com.

Sharon and Nancy Smyth, her business partner in Two Wise Women, together published, "Chocolate or Lunch, How Choices Impact Relationships." If you have tense relationships, this book is for you. Both books are available through Amazon.

When you face something unpleasant, give it your attention but not your energy.

~Charles Hobbs

Yikes

Last week my computer crashed. I came into my office 10 minutes before a first coaching session with a couple on Zoom. My computer would not boot. I turned it off and on again. Plugged and unplugged it. Still dead. The heat in my body started rising as I quickly booted up an old computer. Zoom updates had to be installed. As I attached my monitor and camera to this old computer, the wisdom of Charles Hobbs came to me and calmed me. "Sweetheart, Attention – not energy! You can do this," I said out loud. The Zoom screen lit up just as the couple arrived. Whew.

How often do we get all upset, costing ourselves lots of energy, only to discover we've made things worse instead of better?

Here's how you can put his advice to work when you face an unpleasant situation, such as

- Your computer crashes;
- You have to work with some one you don't like;
- You have so much to do you feel totally overwhelmed;

- You can't find something, or
- You made a big mistake,

Say to yourself, "Sweetheart (or some other term of endearment) I am not going to waste emotional energy on this situation. It requires my attention but not my energy. I will focus and respond one step at a time."

The Strategy

Trust me. This is worth learning. It is both simple and profound. It can save you a lot of grief and keep you from feeling drained.

There are two parts to this strategy:

1. Notice that you are in an unpleasant situation. We often move through the world without noticing. Clues might be the tightening of your neck, jaw, or belly, a feeling of rising upset, or becoming reactive to everyone and everything around you.

2. Give the situation attention without emotional energy. This gets easier with practice. Some practice ideas that can help you focus your attention without energy include paying attention to each step as you walk, concentrating on each movement as you mow the lawn or cook, and noticing exactly where you are minute-to-minute for a few miles as you drive.

COACHING QUESTIONS/TIPS:

1. Practice noticing when you are anxious or beginning to get anxious. Pay attention to the physical tightening clues or rising heat in your body.
2. When you notice you are in one of those situations where you could fall into upset, wasting a lot of energy, talk to yourself, saying some variation of "Dear One, this is one of those times that calls for attention, not energy."
3. Give the situation your full attention but keep the downward slide at bay by refusing to give it your emotional energy.

Dr. Frank C. Tinnemeyer, DMD
1077 Greentree Road
412-563-0111



Welcomes New Patients

- Family Dentistry
- Children Welcome
- Evening Hours
- Great Location w/ Parking

GREEN TREE TIMES

Available Monthly

Publisher/Editor

Shelly Davis, 412-956-9265

Writers/Contributors

Shelly Davis

Sharon Eakes

Sam Hall

Jayesh Gosai, M.D.

Matthew Hall

Marketing

Shelly Davis, 412-956-9265

Dena Rose, 412-498-2872

greentreetimesonline.com

GREEN TREE TIMES

Pittsburgh, PA 15205

412-956-9265

pittsburghjuniortimes@comcast.net

© 2023 All rights reserved. Reprints of any article in this publication are prohibited without written permission from the publisher. We reserve the right to reject or cancel any advertisement at anytime. Opinions by the writers are theirs alone and not necessarily of the GREEN TREE TIMES.

skyoxygen
Since 1973

Industrial Gases • Welding Supplies

2790 Idlewood Ave.
Carnegie, PA 15106

412-278-3001

"The Place for Propane"

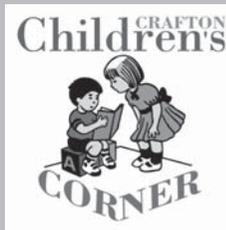
**19 lb. Propane
Grill Tank Refill**

\$5⁰⁰ OFF

Retail Price

- Must present coupon at time of purchase •
- Limited to two refills per customer
- Offer valid thru October 31, 2023 •

www.sky-oxygen.com



**WE ARE
HIRING!**

**ON-THE-SPOT
INTERVIEWS**

412-561-5502

officehrccc@gmail.com

NEW

**2644
BANKSVILLE
ROAD
PGH. PA 15216**

FIND OUT MORE ON
craftonchildrenscorner.com



Think About Keeping Your Brain Healthy



Jayesh Gosai, M.D.

June is Alzheimer's & Brain Awareness Month. Nearly six million people in the United States are living with Alzheimer's disease. It is the sixth-leading cause of death and the only leading disease without a prevention, treatment or cure. Alzheimer's kills more Americans every year than breast cancer and prostate cancer combined. Changes to your body and brain are normal as you age. However, there are some things you can do to help slow some decline in memory and lower your risk of developing Alzheimer's disease or other dementias.

Exercise: Exercise is essential to good physical health, and regular physical activity also benefits the brain. Research studies show that physically active people are less likely to experience a decline in their mental function and have a lower risk of developing Alzheimer's disease. The benefits result from increased blood flow to the brain during exercise as it can counter some of the natural reduction in brain connections that occur during aging, reversing some of the problems. Try to exercise several times per week for 30 to 60 minutes. Consider walking, swimming or any other moderate aerobic activity that increases your heart rate.

Get plenty of rest: Sleep improves brain health. Some theories state that sleep helps clear abnormal proteins in your brain and consolidates memories, which boosts your overall memory and brain health. Aim for seven to eight consecutive hours of sleep per night, not fragmented sleep of two- or three-hour increments. Consecutive sleep gives your brain the time to consolidate and store your memories effectively.

Eat a Mediterranean diet: To increase brain function, consider following a Mediterranean diet, which includes plant-based foods, whole grains, fish and healthy fats, such as olive oil. It incorporates less red meat and salt than a typical American diet. Studies show people who closely follow a Mediterranean diet are less likely to have Alzheimer's disease than people who don't follow the diet. Further research is needed to determine which parts of the diet help brain function the most. However, we know that omega fatty acids found in extra-virgin olive oil and other healthy fats are vital for your cells to function correctly, appear to decrease your risk of coronary artery disease, increase mental focus and slow cognitive decline in older adults.

Exercise your brain: Your brain is similar to a muscle so you need to use it or lose it. There are fun things that you can do to keep your brain in shape, such as doing crossword puzzles or Sudoku, reading, playing cards or putting together a jigsaw puzzle. Consider it cross-training your brain. Incorporate different types of

activities to increase the effectiveness.

Stay socially involved: Social interaction helps ward off depression and stress, which can contribute to memory loss. Look for opportunities to connect with loved ones, friends and others, especially if you live alone. Research links solitary confinement to brain atrophy, so remaining socially active may have the opposite effect and strengthen the health of your brain.

Keep your blood vessels healthy: The health of your arteries and veins is important to your heart health but it is also critical for brain health. Get your blood pressure, blood sugar and cholesterol checked regularly and take steps to keep your numbers within a normal range. Increase your physical activity, eat a healthy diet and decrease your sodium consumption to lower blood pressure and cholesterol values. Tobacco and alcohol use impact these as well, so only drink alcohol in moderation and don't smoke. Moderate drinking is defined as up to one drink per day for women and up to two drinks per day for men.

Community News and Events

You are invited to join the **Green Tree Garden Club** on Thurs., June 15 for an evening presentation entitled, "A Close-Up Look at Our Hidden Jewel: The Municipal Park Garden" by various members of the GTGC. This will take place in the park located behind the Municipal Center (weather permitting). Guests are welcome to bring a chair and attend the presentation at 7:15pm at no cost. Induction of new members will take place with refreshments at 6:30pm. Contact President, Kevin Maurer at 412-922-8816 if interested in attending.

The Carnegie Crawl celebrates 11 years! Friday, June 9 from 5-9 p.m., enjoy all of the great businesses, great food and live performance by Sunny Daze and the Weathermen in the E. Main Parking lot. Info at visitcarnegie.com.

The **College Club of Carnegie** will meet at Houlihan's Restaurant (Galleria, Mt Lebanon) for a Social at 11:30 a.m. and lunch served at noon. The "Scholar's Luncheon" will feature the yearly scholarship award. Women with post-secondary degrees are invited to call Therese Condit, Membership Chairperson at 412-279-4458 for further information.

The Association of University People (AUP) is inviting singles, age 50 and older, who are 4-year college graduates, to join them for fun and meet new people. They have monthly dinners, meet at various social spots, gatherings, concerts, picnics, and wine tastings. Interested individuals are welcome to attend any of their activities. They have Just Coffee and Conversation Breakfasts, lunches, dinners and Happy Hours each month. If interested call 412-353-9088 or email aupsingles@gmail.com.

"FOR TODAY'S PARTICULAR PEOPLE"

RED CAP CLEANING

NOBLE MANOR, CRAFTON 412-921-8459

- Same Day Professional Dry Cleaning (til 10 a.m.)
- Professional Tailoring-Alterations-Repairs
- Draperies, Slipcovers, Tablecloths
- Executive Shirt Service
- Suede and Leather Cleaning
- Wedding Gown Cleaning
- Free Storage

"All Dry Cleaning Done On Premises"

HOURS: Mon.-Fri. 7 AM-6 PM., Sat. 8 AM-2 PM

*Coupons not good on shirts, suede, leather, repairs or press-only jobs.



"Your Professional Dry Cleaners"

\$4.00 OFF
Any Dry Cleaning and Pressing of \$20.00 or More

\$6.00 OFF
Any Dry Cleaning and Pressing of \$40.00 or More

With Original Newspaper Coupon: Copies **Not** Accepted * Must Present Coupon with Incoming Order * One Coupon Per Visit
Not Valid With Any Other Promotion
Offer Valid Thru June 2023

"Your Professional Dry Cleaners"

\$4.00 OFF
Any Dry Cleaning and Pressing of \$20.00 or More

\$6.00 OFF
Any Dry Cleaning and Pressing of \$40.00 or More

With Original Newspaper Coupon: Copies **Not** Accepted * Must Present Coupon with Incoming Order * One Coupon Per Visit
Not Valid With Any Other Promotion
Offer Valid From July 1 - 31, 2023

The Fishin' Hole



Sam Hall

I have not always been a big fan of the Pennsylvania Fish and Boat Commission. I am the first person to complain about the price of my fishing license. I have also never been in love with all the stamps. There's a stamp for trout, a stamp for Erie and the tributaries, a combination stamp, for both. I am old and cranky, and I admit those things. It really used to bug me that people (paying the exact same amount for a fishing license that I was) on one side of the state, got to start fishing a full week before I did. The recent pandemic brought that practice to a close, and, since 2020 trout fish-

ing has started on the same day for everyone in the state of Pennsylvania.

I am still not a huge fan of "Delayed Harvest Artificial Lures Only" places on lakes and or streams. I don't get it, why would how I fish or, what I choose to use as bait, have any impact on where or when I am allowed to fish? But, there are smarter people than me who make these decisions so I have always just kind of shrugged it off to my personal lack of knowledge or some bureaucratic nonsense that held absolutely no hope of change in either case. For many years, I felt that same kind of "what for" attitude towards the state's Big Bass Program.

Just as background, in Pennsylvania you can fish for bass every single day of the year. Pretty simple right? The simplicity ends there because...

From Jan. 1 through Apr. 7, 2023 to keep a bass it must be 15 inches in length.

From Apr. 8 through June 9, 2023 you may not harvest any bass of any size.

From June 10 through Sept. 30, 2023, a bass it must be 12 inches in length.

From Oct. 1 through Dec. 31, 2023, a bass it must be 15 inches in length.

The 15 inch minimum length for harvesting applies all the time in any lake or waterway that is designated as part of the state's Big Bass Program.

So basically, if you want to harvest a bass, you better be equipped with a tape measure, a calendar, and a rule book, plus be aware of whether or not you are on a Big Bass Program Waterway.

I have never had any interest in keeping a bass, but I often wondered, if someone does, how in the world would they keep track to know if it was safe, and legal to do. I thought the whole thing was silly, until now.

Because it is really working. I recently went fishing at the lake of my youth, a lake I have fished regularly from the time I was a teenager and on and off since then for 40 years. It is one of my favorites and for 35 years I would have told you the average Largemouth Bass in this lake was somewhere between 1.5 pounds and 2.5 pounds. But, now I truly believe the average bass in this lake is between 2.5 pounds and 3.5 pounds.

So we are back to my "personal lack of knowledge," and I am just fine with it, as long as these regulations

keep producing these beautiful bass on a regular basis. In fact I'm all for it. I'd take credit for it if I thought anyone would believe me. I know they would not. Keep those lines tight and keep sending your pictures and stories to samdhall@comcast.net.

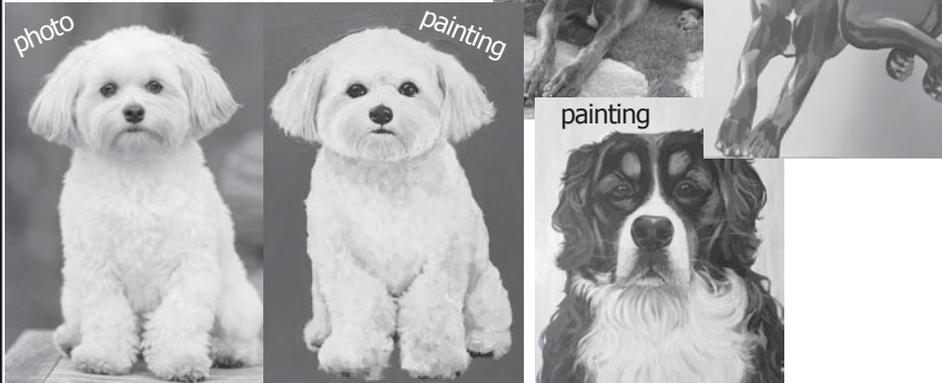


A beautiful Largemouth Bass. ~photo courtesy of Sam Hall

Commissioned Acrylic or Digital Pet Paintings

Instagram
lexi.paints

*Order now for May - June delivery.



JACKSON GAINES

Professional Tax Management

Over 30 Years of Service

Pittsburgh, Johnstown,
Altoona & Greensburg



"Enjoy freedom of movement
with no tax worries!"

JacksonGaines.com
Ph: 412.224.4022 (Enrolled Agent)

LIBRARY INFORMATION



Summer Reading

Summer Reading Programs will be starting at the libraries in June. Be sure to call or visit the website and sign up!

Most libraries throughout the area are offering daily activities for all ages. Most activities are in person. Check with the library near you for the details.

GREEN TREE PUBLIC LIBRARY

10 Manilla Ave., Pittsburgh, 15220
greentreepubliclibrary.org, 412-921-9292

SCOTT TOWNSHIP PUBLIC LIBRARY

301 Lindsay Rd., Scott Twp., 15106
scottlibrary.org, 412-429-5380

CARNEGIE LIBRARY OF PITTSBURGH MAIN - OAKLAND

4400 Forbes Ave., Pittsburgh, 15213
carnegielibrary.org, 412-622-3114

CARNEGIE LIBRARY OF PITTSBURGH MT. WASHINGTON

315 Grandview Ave., Pittsburgh, 15211
carnegielibrary.org, 412-381-3380

CRAFTON PUBLIC LIBRARY

140 Bradford Ave., Pittsburgh, 15205
craftonpubliclibrary.com, 412-922-6877

CARNEGIE LIBRARY OF PITTSBURGH WEST END

47 Wabash St., Pittsburgh, 15220
carnegielibrary.org, 412-921-1717

THE ANDREW CARNEGIE FREE LIBRARY AND MUSIC HALL

300 Beechwood Ave., Carnegie,
carnegiecarnegie.org, 412-276-3456

CARNEGIE LIBRARY OF PITTSBURGH SHERADEN

720 Sherwood Ave., Pittsburgh, 15204
carnegielibrary.org, 412-331-1135



Fun and Games for Kids

(Answers on back page)



It's Finally Here!

Hey Kids,

The new colorful magazine designed just for you has been delivered to a lot of your schools and will be available at the library! It's filled with activities, games, puzzles and fun! If you haven't received your copy, email me at pittsburghjuniortimes@comcast.net or call 412-956-9265 to get yours today!

Let us know how you like it!

Have a great summer!

(Below are the covers of the magazine)



Find the 10 differences between the pictures below.



WANTED: Junior Writers

If you are in 2nd - 5th grade and like to write and have fun doing it, **we need you!**

Call 412-956-9265
or email: pittsburghjuniortimes@comcast.net

More fun at pittsburghjuniortimes.com

Church Directory

Saint Stephen Lutheran Church

55 Forsythe Road, Pittsburgh 15220
Off Greentree Road in Scott Twp.
ststephenpittsburgh.org
412-279-5868
Pastor Maurice C. Frontz III, STS
[Facebook.com/ststephenpittsburgh](https://www.facebook.com/ststephenpittsburgh)

First Christian Church at Carnegie

Teaching From God's Word
Anthony and Lydia Streets
Carnegie, PA 15106
Minister Robert W. Hale,
412-279-5030
carnegiechristianchurch@gmail.com

Saint Philip Parish
St. Philip Church, 50 W. Crafton Ave.
Pittsburgh, PA 15205
Ascension Church, 114 Berry St.
Pittsburgh, PA 15205
412-922-6300
Rev. James R. Torquato, Pastor
Call church for any service updates.

United Presbyterian Church in Ingram

30 West Prospect Avenue
412-921-2323
Website: ingramupchurch.org
Rev. Wayne D. Meyer

1st United Presbyterian Church of Crafton Heights

50 Stratmore Avenue
412-921-6153
Sunday School: 9:30 a.m.
Live and in person Worship
on Sundays at 10 a.m. and on
[Facebook.com/Dave.Carver](https://www.facebook.com/Dave.Carver)
All are welcome!
Pastor: Dave Carver

Church of the Nativity (Episcopal)

33 Alice Street, Crafton
412-921-4103
www.nativitychurch.org
The Rev. Shawn Malarkey

**Mount Washington
Baptist Church**
112 W. Sycamore, Mt. Washington
412-431-8396
mtwashingtonbaptistchurch.org
Independent-Fundamental-
Premillennial-Soulwinning
Rev. Ray G. Cunningham, Pastor

The Parish of St. Raphael the Archangel

412-857-5356
straphaelcgs.org
Live Streaming Mass and In person
St. Margaret of Scotland
Ss. Simon and Jude
St. Elizabeth Ann Seton
Pastor: Fr. Robert Grecco
Parochial Vicar: Fr. Aleksandr Schrenk
Deacons: Kevin Lander, Paul Lim,
and Jim Mackin

All Saints Polish National Catholic Church

500 Fifth Street, Carnegie
412-276-2462 Fax: 412-276-9677
www.allsaintspncpa.org
all.saints.pnc.church@verizon.net
The Rev. John Dinello
Independent - Catholic - Sacramental
Contact regarding services.

Mt. Pisgah Presbyterian Church

2350 Noblestown Rd.
Noblestown Shopping Center
Pgh, PA 15205
412-921-8444
Sunday Live Stream
Worship at 9:45 am
Go to: mtpisgahgreentree.com
Rev. Tom Ribar, Pastor

**Carnegie Primitive
Methodist Church**
640 Dow Ave., Carnegie, 15106
(Corner of Fountain St. & Dow Ave.)
Worship Sundays 11 a.m.
carnegiepmc.com
412-207-2233
Todd Pastorius, Pastor

Church of the Atonement (Episcopal)

618 Washington Avenue, Carnegie,
PA 15106
412-279-1944
The Rev. Ben Wright
www.atonementcarnegie.org
www.facebook.com/atonementcarnegie

Crafton United Presbyterian Church

80 Bradford Avenue
412-921-2293 Fax: 412-921-0348
Sunday Worship - 11 a.m.
www.CraftonUP.com
Office: 9-1 p.m., T, Th, Fri

Unity Presbyterian Church

"Serving God, Loving All."
Greentree Road at Potomac Ave.
Phone: 412-561-2431 Fax: 412-561-0696
www.unitypresbyterianchurch.org
[facebook.com/unitypresbyterianchurch](https://www.facebook.com/unitypresbyterianchurch)
Sundays 10:30a.m. -Live and Streaming
Rev. Dr. Karen Claassen

St. Matthew's Evangelical Lutheran Church

Steuben St. & Lincoln Ave.
412-921-1125
Pastoral Office Hrs. by Appointment
Rev. Douglas Kinsey, Pastor
Rev. Shawn Markarkey, Pastor

Hawthorne Avenue Presbyterian Church

90 Hawthorne Ave.,
Crafton, PA 15205
412-921-2504
Handicapped Accessible
Sunday Worship - 10:30 a.m.
Bible Study - 9:30 a.m.
Sunday School - 10:30 a.m.
Pastor Paul Nigra
www.hawthornechurch.org

Carnegie Presbyterian Church

219 Ewing Road, Carnegie
412-279-3223
Virtual Worship Service: 10:30 a.m.
Rev. Dr. Colleen F. Molinaro
www.carnegiepresby.org
Go to website for virtual worship.

Bible Baptist Church

412 Old Washington Pike
Carnegie, PA 15106
412-276-7717
bbcpittsburgh.com
Sunday Services:
Live stream at 11 a.m. on
[Facebook.com/bbcpittsburgh](https://www.facebook.com/bbcpittsburgh)
Rev. Phil Golden Jr., Pastor

Ambassador Baptist Church

"Representing Jesus"
1926 Babcock Blvd., Pittsburgh
412-477-3210 **www.HisService.com**
ambassador.montgomery@gmail.com
Western PA Theological Institute
Independent, Fundamental
"Preaching and Practicing the
Word of God"

ATTENTION!

Many of the churches will go to summer hours and eliminate Sunday School and make Worship Service an hour earlier. Please check with your church for details.

Dog Day Care

in my private home
Day Care,
Overnight &
Vacation Stays available

Conveniently located
in Green Tree

Find out more:
412-921-7725



Wrubby's Grooming

presents

Dog-of-the-Month



"Enzo"

of
Crafton Heights

Crafton-Ingram
Shopping Center

412-928-0188

Business Directory

SIMON ELECTRIC
Registered • Insured
Quality, Affordable, Breaker Boxes
Outlets, Lights, All Wiring
Senior Discounts
#PA024230
412-922-3768 / 412-370-0042

DOYLE'S EXTREME CLEANING
Don't stress, we'll handle the mess!
Residential and commercial cleaning.
Guaranteed satisfaction.
If you're not happy,
we're not happy.
Call Chrissy today for a
free estimate.
412-628-9178
Fully Insured

LANDSCAPING BY ERIC
Lawn mowing/mulch/clean
ups/planting and more!
Call Now!
412-921-7524

KNECHTEL PLUMBING
Registered Licensed Plumbers
412-563-3155
• Bathroom Remodeling
• Water Heaters
• Electric Sewer Cleaning
• Backflow Valve Installation
and Testing
• All Types of Plumbing Repairs
• Quality Work
• Insured

GENERAL CONTRACTOR
Complete Home Remodeling
Fully Insured • PA015602
30 Years' Experience
Maxwell Contracting
412-341-2616
Cell: **412-400-9358**

Home Maintenance/Handyman Services
ALL PHASES
• 30 Yrs. Experience • Insured
• Reasonable Rates
• Free Estimates • Senior Discount
412-600-9022

FREE PICKUP
Recycling & Metals: any scrap. Clean
metals only & pop cans. Household & flea
market stuff. No TVs. Donations welcome.
Can help senior citizens age 62 and
older. Help a person with a disability.
412-276-4141
PM5040@juno.com

J. D. PECK CONCRETE
• Sidewalks • Driveways
• Curbs • Sidewalks • Porches
• Steps • Walls • Bobcat Service
Free Estimates • Fully Insured
PA 019223
412-341-3000
web: jdpeckconcrete.com
Now Hiring!

LAWN CARE
Grass cutting, hedge trimming,
seasonal & storm clean-ups, snow
removal, and more. Dependable
service, free estimates, and senior
discounts by lifelong Green Tree
resident. Also, firewood for sale.
Todd Schrader
TLS Custom Lawn Care
412-921-5540
tlslawn64@gmail.com

RICHARD'S PAINTING & RENOVATIONS
• Over 35 years experience
• All work guaranteed
• Fully Insured • EPA/RRP certified
• PA045101
windows, doors, drywall, flooring, etc.
"We treat every home as our own."
For all of your renovation solutions,
call **412-628-9625**

Driver
Driver for errands, airport runs,
designated driver.
Also, cooking meals. Call Sue.
Has Clearances
412-320-5145.

WINDOW CLEANING/GUTTERS
Residential and Commercial
Fully Insured
Free Estimates: **412-461-6268**
Cell: **412-606-1697**

OPTICAL FASHION CENTERS
1079 Greentree Rd., Suite 2
Pittsburgh, PA 15220
(Above Ace Fix-it Hardware)
Wholesale Prices
and Designer Frames
Richard Marchetti, Owner/Optician
412-344-4479

**DEEP CLEANING
ORGANIZING &
BASIC JUNK REMOVAL**
412-498-1097

RETIRED CONTRACTOR
• Interior
• Fully Insured and Licensed
Call **412-431-5430**

BRUNI PLUMBING, INC.
Plumbing Contractor since 1956
412-921-1433 PA 107323
• Certified gas & water line installations
• Bathroom fixture and Water Heater replacements
• Electric eel sewer cleaning
• Back-flow valve installation & testing
• All types of plumbing repairs

QUALITY PIANO LESSONS
Learn a Life Long Skill!
All Ages and Skill Levels Welcome.
Experienced Instructor, Raymond Ryan
Call Now
412-331-8368
rayryanriverside@yahoo.com

CALL PETE
Retaining Walls
• Versa-Lok • Stone Work • Brick
• Block Concrete, such as:
• Patios • Porches
• Sidewalks • Steps
For Quality and Price, call
412-381-5189
Free Estimates • Insured
In Business since 1985 • PA#037680

KDH CONTRACTING
412-969-9359
• Bathroom & Kitchen remodeling
• All phases of tile work
• Interior demolition and clean outs
• General home repairs & remodeling
• Drywall • Painting • No job too small.
FREE ESTIMATES
Fully insured • Over 20 years experience
• BBB Accredited
PA License #098699 www.Porch.com

RICHARD T. JOHNSON PAINTING
Residential & Commercial
Interior Painting
412-687-3702
rikjay53@outlook.com PA097118

**PITTSBURGH CLOCK AND
LOCK COMPANY**
• All types of clock repairs. In home
service on Grandfather Clocks.
• Residential and Commercial
Locksmith Service
• Scissor, Knife & Pinking Shears
Sharpening
412-431-2027

**HAULING • DEMOLITION
TRASH/JUNK REMOVAL**
Fast, Reliable, Friendly Service
Residential & Commercial
• Construction Debris • Metal
• Estates • Attics • Basements
• Garages • Yards and more!
Walter Puwalowski
412-687-6928/412-773-0599 (cell)
wehaultrash@yahoo.com

D.R. SPEELMAN REMODELING
Home Repairs • Handyman Services
Kitchens • Bathrooms • Tile Work
No Job Too Small • INSURED
Windows • Attic Insulation
Over 30 Years Experience
Phone & Fax: 412-921-1072

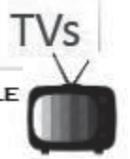
JAMES ADAMSKI
Ceramic Tile & Marble Installation
Commercial • Residential
ADA Construction & Rehabilitation
Fully Insured/Workmanship Guaranteed
412-561-0291

JIM BRANDY CONCRETE
All types of cement work including
• driveways • sidewalks • patio,
• stamped concrete • walls.
Owner of a quality business
for 35 years. Insured.
Cell # 412-334-0569

Homes For Sale

SOLD
Overbrook \$159,900
Great Investment opportunity; long
time tenants; great location; Roof is less
than 1 year old; water tank is 6 months; 2
Boilers, one is 2 years old and the other
one is 4/5 years old; newer carpet in 3 out
of 4 apartments! Great chance to start
investing in Real Estate!

Robinson \$109,900
NEW LISTING; Great building lot in
Robinson, Prime location. Last lot avail-
able, upscale homes near Chartiers Country
Club with easy access to 79. Dimensions are
175 front x 253 x 61 rear x 260 EST. Slightly
sloping toward the rear of the lot. Bring
your own Builder!
Michael Wheeler
412-833-5405, ext. 207
412-491-1957
**COLDWELL
BANKER**
REAL ESTATE SERVICES

metro
LAUNDROMAT
Open 6am to 10pm Daily 412-880-7096
Kennedy Center (near Giant Eagle)
1827 McKees Rocks Road
• STATE-OF-THE-ART TECHNOLOGY
• FRONT-LOADING WASHERS & DRYERS
• VENDED SOAP & DRYER SHEETS AVAILABLE
CLEAN. SAFE. FAST.



NOW AVAILABLE ONLINE AT WWW.GREENTREETIMESONLINE.COM

The newspaper is now available online!
www.greentreetimesonline.com

For a **FUN** Educational Program



GREEN TREE
412-922-2273

THORNBURG
412-921-2273

BANKSVILLE
412-563-2273

Play + FUN = Learning

- Pre-K (3-4 yrs.) • Toddler Play Group • Child Care

Infant/Toddler Grant Program
875 Greentree Road, 6 Parkway Center
Call for income eligibility and more details.
Tuition free preschool through PA Pre-K Counts program. Call us to see if you qualify. Slots available.

www.craftonchildrenscorner.com Business Office: 412-561-5502

GREENTREE MEDICAL CENTER
Primary Care/Internal Medicine

COVID 19 TESTING and MONOCLONAL ANTIBODIES
By Appointment Only
Schedule at www.highfieldcare.com



Accepting New Patients with most insurance plans including: Community Blue, Highmark, UPMC

- ~ Same Day Appointments Available
- ~ On-site Diagnostic Testing and Imaging Services
- ~ Urgent Care - Immunizations and Physicals

"Visit Us in the High Field Building, 995 Greentree Road, Next to the BP Fueling Station."

412-920-1700 / www.greentreemc.com

GREEN TREE FARMERS MARKET
SPONSORED BY ACE FIX-IT HARDWARE

MAY 18 - OCT 26
THURSDAYS • 4:00-7:00pm
GREEN TREE PARK • 905 GREENTREE ROAD
LOWER PARKING LOT



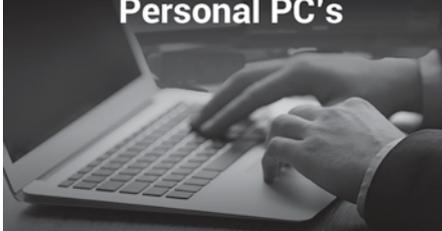
June Food Trucks:

6/1: Totopo/Vaya	6/22: Benvenuti's
6/8: Mr. Bulgogi	6/29: Hibachi Lou
6/15: Emporio Meatball	

Schedule subject to change. Please visit greentreeboro.com for an updated list of vendors and weekly food trucks.

Support for Your Unique Business

Care for Your Personal PC's



ANSWERGROU.NET
412.429.3230
700 Idlewood Ave, Carnegie PA 15106

Answers for Kids' puzzles

h
e
a
r
t
b
o
w
o
n
k
i
t
e
b
e
a
c
h
b
a
l
l
b
o
y'
s
s
w
i
m
s
h
o
r
t
s
d
o
t
o
n
r
a
f
t
m
i
s
s
i
n
g
c
l
o
u
d
b
o
y'
s
s
u
n
g
l
a
s
s
e
s
w
a
t
e
r
b
u
b
b
l
e
t
o
p
o
f
u
m
b
r
e
l
l
a
T
-
s
h
i
r
t
s
t
r
i
p
e
s

Ten Differences:

Hello Summer Loan Special



Rates as low as **7.25%** APR*

Apply Online Now!

www.swcfcu.org

Exceptional Limousine

Go on an exceptional Limousine Wine Tour

The 6 hour tour includes visiting 4 local wineries with free wine tasting. Great for birthdays, bachelorette/bachelor parties or just friends hanging out. Accommodates 2-18 people.

(412) 956-2697 www.exceptionallimo.com



See why your neighbors in PA visit Sandbridge Beach...the Outer Banks of Virginia!



Sandbridge REALTY
BEACH EXPERTS

Book now...
White Sandy Beaches
Family Friendly
Private Homes
Condominiums

800.933.4800
www.sandbridge.com