

CP-28

**Advanced Skills in Addictions Counseling II**

**\$295**

**RET & Addiction**

**16 hours**

**Objective:** Examines the application of RET to alcohol & drug abuses. Reviews the theories and techniques of RET and major issues in alcohol and drug abuse.

**Text:** Rational-Emotive Therapy With Alcoholics and Substance Abusers by Albert Ellis, et al. ISBN: 0205144349

**Relapse Prevention III**

**16 hours**

**Objective:** This course examines the various techniques and strategies which can be utilized by the client to learn from past relapses and prevent future ones.

**Text:** Therapist's Guide To Evidence-Based Relapse Prevention by Katie A. Witkiewitz ISBN: 0123694299

**Mastering Resistance**

**14 hours**

**Objective:** Examines specific approaches and techniques the therapist can utilize to effectively deal with resistant clients.

**Text:** Mastering Resistance: A Practical Guide To Family Therapy by Carol M. Anderson & Susan Stewart ISBN: 0898620449

**Improving Treatment Compliance**

**12 hours**

**Objective:** Examines what may be the most important aspects of treating the dually diagnosed client including: getting clients to attend treatment sessions and motivating clients to deal with problems causing them pain and leading to continued dysfunction.

**Text:** Improving Treatment Compliance: Counseling & Systems Strategies for Substance Abuse & Dual Disorders by Dennis C. Daley & Allan Zuckoff ISBN: 1568382812

**Brief Group Therapy W/ Substance Abusers**

**12 hours**

**Objective:** Examines how to provide quality, outcome based and problem-solving group therapy with alcohol and drug abusing clients.

**Text:** Brief Strategic Problem-Solving Group Therapy: Making Group Therapy Work in the Managed Care Environment by Terence T. Gorski ISBN-10: 0830907165

**Systems Approach w/ Addiction**

**18 hours**

**Objective:** Examines how to utilize the addict's health and social systems to help bring about change in the client's life.

**Text:** Changing Substance Abuse Through Health & Social Systems by William R. Miller ISBN: 0306472562

**Solution-Focused Therapy w/ Alcoholism**

**14 hours**

**Objective:** Examines how the Solution-Focused model can be effectively used in providing treatment with the alcoholic/drug abusing client.

**Text:** Working W/ the Problem Drinker: A Solution-Focused Approach by Insoo Kim Berg & Scott D. Miller ISBN: 0393701344

**Recovering From Addiction**

**12 hours**

**Objective:** Examines how alcoholism develops and how recovery occurs over time from Valliant's research on the topic.

**Text:** The Natural History of Alcoholism by George Vaillant ISBN: 0674603788