

EPIC Youth at Work

Service Project for a

Congregational Member









Youth at Play

Church Picnic—June 30th





September 8th our Bible
learning classes will begin
again. For preschool to 12th
grade we will be participating
in an activity for Gods Work
Our Hands by showing our
appreciation to the fire department
across from us. We will make cards
of appreciation and deliver them
along with a goody basket. We will
gather in the Fellowship Hall for
this. See you at 9:30 am!



Students are asked to bring their backpacks to the church service on Sunday, September 8 at the 8:15 am or 10:45 am service. Pastor Bob will provide a blessing and students will receive a backpack tag.



If you have a child in a school system, whether Findlay or County, check with the school secretary as to the need for cash donations to benefit the children who may forget, or just do not have, lunch money that day. Many schools have children who fall "between the cracks" and do not qualify for special lunch tickets and teachers/staff help fund lunches from their own money. A cash donation can help that school.



August 4, 2019, from 4 to 6 pm. Come and join others at Shady Grove to enjoy a game of putt putt, foot golf and ice cream. If you wish to just come and watch, then enjoy ice cream you are welcome to do that also. This is open to all!!! Huge thanks to Thrivent Financial for the funding support for this event.

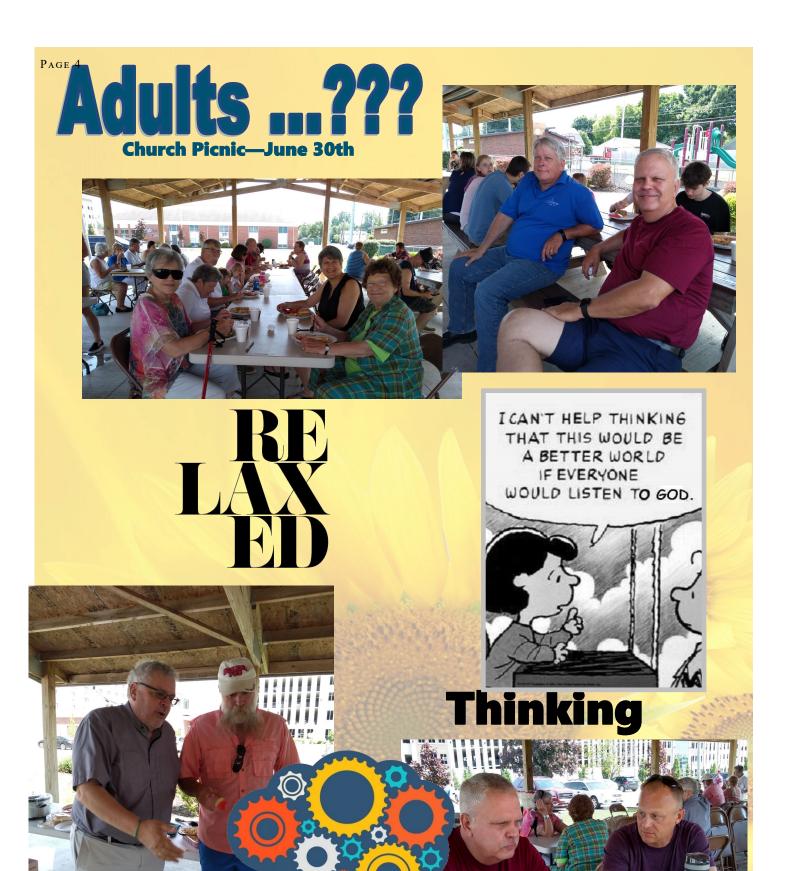
Our congregation will soon engage in service work right here in our community. We are one of over 9,100 congregations participating in "God's Work, Our Hands." Sunday, Sept. 8. Across the country, thousands of members will engage in service work to make a positive change in our communities, build and deepen relationships and share God's love. Join us as we do God's work with our hands!

We will be having a collection drive for Hope House. Watch the bulletin for details closer to the date.

We will also be wearing our God's Work Our Hands Shirts that day. If you need a shirt, contact Julie Buck. T-shirt cost TBD.



God's Work Our Hands



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Welcome to August, my friends. Today, I challenge you, from now on, to e-mail me with the titles of books YOU are reading. Let me know what you like and dislike about the book. I don't care if you read fiction or non-fiction, children or adult. Just let me know what works and doesn't work, what inspires and doesn't inspire. I plan to hear from all of you at: kathleenbrooks15@gmail.com.



I have debated for several days about what to write this month. I chose this article's ideas from Real Simple, February 2019 issue, "Five Ways to Make Someone's Day."

Say "thank you" (and mean it). An intentional act of gratitude - acknowledging and appreciating a person, whether it's someone you know or a stranger – is one of the most effective ways to boost well-being for both the giver and the receiver of this kindness.

Take something off their plate. (Good grief, I am not talking about stealing food!) Surprise someone by taking over his or her task. It doesn't have to be a huge task, but when he or she realizes it's done, he or she will be so relieved to have one less thing to worry about.

Let them into your lane. Traffic is often very frustrating. When on the road, think about the other drivers. Let others into your lane if they need to get there. It's easy to do and it's so irritating when people won't let you in. Then, when someone lets you by, it's very important to give the courtesy wave to be sure they know you appreciated the gesture.

Bite your tongue. More people than we like to think move through this world without enough basic emotional support. They want to connect and listening to them helps that connection happen. But listeners often respond with a parable about their life. Very quickly, a conversation can go from helping a friend in need to talking about how something similar happened to you and you know how it feels. Instead, take a deep breath, relax and focus on the person in front of you. Listen.

Share a song. Brightening the day of someone going through something very tough doesn't have to be complicated. Try simply posting a song on his or her Facebook page. Post a funny movie trailer or a video of you saying "hello". It is a gift you can give with joy and in a matter of seconds.

"Practice self-compassion first. When you soften to yourself, you naturally soften to others."



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On a completely unrelated topic here today: when you can, <u>exercise</u>. Getting your heart rate up is an almost guaranteed way to shake you out of the "slog". Exercise pushes fatigue to the side and says to your heart "Your dear't have time to be timed." From if you don't have the side and says to your

body, "You don't have time to be tired just the act of getting started can set that some squats in your cubicle, pop into a quick pick-me-up exercises. Let go of count. Do as much as you can when

right now." Even if you don't feel like it, reaction in motion. Go for a walk, do quick plank pose. Check online for other the idea that it needs to be 30 minutes to you can.

Exercise can help you sleep better end of the day leaves them the perfect some people feel too revved up by it and option before bedtime, lying on your minutes is great for calming down. Comb too. Some people find that exercise at the amount of exhausted by bedtime, whereas do better with an a.m. session. Another back with your legs up the wall for a few

minutes is great for calming down. Combine it with deep breathing to activate your para-sympathetic nervous system and help your body prepare for sleep. Sweet dreams.

Just some thoughts until we meet again.
God bless and keep reading.
Kathy Brooks



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2019 Stewardship Emphasis Stewards of Grace

Worship Assistants

We are a word and Sacraments ministry! There are numerous opportunities to serve in, with and during worship here at First Lutheran!

DEACONS [Communion Assistants] Deacons set-up the communion elements for Sunday worship, assist the pastors with serving communion on Sunday, reset the elements for second service, then clean-up and put away the plates and trays after second service. The set-up person signs-out a key to the church from Nina or Wayne, and customarily sets things up on Saturday. The set up person buys the grapes, and let's me know if the wine inventory is getting low (4 bottles or less) and if the cup inventory is getting low (the last box is opened. I schedule deacons for two periods during year, June - Sept,



and Oct through May. A sign-up sheet is typically posted in April and September for deacons to identify their availability. Can you help? Contact Tad Schell - best bet is text to 419-348-6172, with the sender identifying himself clearly (with all the spam and robocalls, it is getting harder to identify legitimate traffic).

USHERS greet parishioners and distribute programs, assist during special services, collect offering, coordinate communion; releasing people to receive communion and positioning ourselves upfront in case anybody requires assistance, and count attendance. We are often times the first point of contact for new visitors to our church. Training is actually quite simple. Once a month, we will have the younger youth perform most of the duties of an usher. If the youth can do it, most anybody in our congregation can. It's kind of like riding a bicycle; once you've done it, it's easy to keep doing it. While it is difficult to commit to a block of Sunday's, considering all of our busy schedules,.... if you are willing to help out, please sign up.....even if it may only be for a couple of Sundays for any particular month. Contact Steve Leopold (10:45) or Nick Thomas (8:15). Call Steve at 419–348–1698.



LECTORS/GREETERS Greeters need to be standing at the door to the nave about 15 minutes before the service starts. Nina makes name tags for them and places them in a small file on the stand near the door. The greeters simply shake hands and say "Good morning" to people as they enter. A friendly smile is all that is needed. Readers receive the reading for the Sunday they are scheduled typically the Monday or Tuesday before they read. Then they can either use the book up front at the lector or take their own. Training is available. If you would be willing to lector or greet contact Carol Bridinger at 419-425-9104 or carolbridinger@gmail.com (8:15) or Dawn Franks at dfranks90@hotmail.com (10:45)



Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received.—1 Peter 4:10

Serve One Another

2019 Stewardship

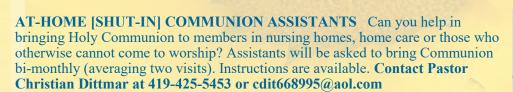
BREAD MAKERS There is a bread bakers schedule put out each year and bakers volunteer to bake bread for Communion and each will have to do bread about twice or at the most three times in the year. We have a recipe and we will do a training session if we have new bakers. We always can use new bakers! The bread is cut in a special way and brought to the church on Friday or Saturday and placed in the Tupperware box in the Sacristy. If you can help, contact Cindy Fitzpatrick (419) 348-0410 or cbrenfitz@aol.com



ALTAR GUILD I always need help. It is an interesting way to serve your church. I like to have two people or two couples scheduled for each month so that you can share the weeks. Your responsibilities are to come to the church on Friday or Saturday and change the paraments (the schedule of colors is in the Sacristy) if necessary, place the flowers on the altar (water them if they are dry), put bulletins for the acolytes and the pastors on their benches, dust the altar, and check the candles for oil the first week of the month. We usually fill the candles once a month on the first week and they are good for the month. Sometimes during Lent, we need to check as we have 3 services a week. There is a list of duties posted in the Sacristy. New volunteers will be trained and paired with someone who has been on Altar Guild. Contact Cindy Fitzpatrick (419) 348-0410 or cbrenfitz@aol.com



ALTAR FLOWERS Flowers can be ordered from any florist. The florist needs to be told that 2 arrangements for the altar are needed, and that they need to be delivered to the church on Friday before noon. The colors and type of flowers ordered are up to the person ordering. Arrangements are usually priced at \$30 per arrangement (\$60 for 2) or more, depending on the type of arrangements ordered. On the bulletin board by the flower chart there are pink sheets that are Altar Flowers Bulletin Information. This sheet needs to be filled out and returned to the church office by Wednesday of the Sunday the flowers are ordered for so . Altar Flowers that the information can be put in the Sunday Bulletin. The flowers can of course be taken home by the donor or they can be requested to taken to persons of their choice, or delivered to hospitalized or shut-ins. First has a wonderful group of people that deliver the flowers. They make sure that those that can't make it to church enjoy the flowers, that were part of the service, and that they are part of our church family and are remembered, even though they can't be with us



addressed to Marilynn Dunn at dunnm@findlay.edu

physically. The flowers are delivered with a gift card and with the bulletin. Questions may be





HOW YOU CAN HELP...



Social Ministry continues to collect Box Tops for Education. These Box Tops can be

placed in the box in the drawer under the microwave in the kitchenette and then taken to Lincoln School for their use.



As a church and as individuals Lutheran we donate to Lutheran Disaster Relief, updates on how LDR is helping in Bringing Help and Hope the areas can be

found on the bulletin board. Please take a moment to read how your money has helped others around the US and the World.

August Noisy Offerings

Will benefit



Food Cart Requests

Toilet Paper, Dish Soap, Canned Meat/Fish

All donations benefit LSS The cart is in the coat room.



Mark your calendars for the next Red Cross Blood Mobile here at First Lutheran October Save a life 17th 12-6pm. Be a donor or offer to help Give Blood in the kitchen that day.

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September 1st 8:15 & 10:45

Sunday **School begins** September 8th At 9:30





Food Items Can Be Shared.

Please call before taking the items

Hope House 419-425-4673

419-422-4766 Open Arms

The Sharing Kitchen, Fostoria Phyllis Halderman 419-435-6976 (home) 419-436-1667 (Kitchen) Open M.W. F 9:30-11:00 am.

The Findlay City Mission will take any unopened cans, baked goods, and fresh fruit and vegetables. Please deliver to the back door of the Mission off of Front Street. Please ring the doorbell.



August 8—WELCA Board Meeting 10:00 **Verify Program Books**



Wisdom, Songs, and Prophets Oh My!

We are MORE than halfway through the Bible. You've probably read all the stories Pastor Bob talked about in his sermon a few weeks ago, and as August begins, you'll hear the wonderful music of Isaiah, the first of the major prophets who foretold so much of what Jesus would fulfill. Jesus ?! Yes, he's coming! Be patient and diligent! Carve out that 10-15 minutes a day to hear what God has to say to you/us TODAY! It's not just a one-way conversation. The new Daily Reading sheets are on the lower lefthand corner of the bulletin board outside the Pastor's office. Don't miss out... join us, and begin the journey TODAY!



11:30 @ Café Maries

August

Volunteers

SOUND ROOM

Aug. 4

8:30-

10:00-

Aug. 11

8:30-

10:00-

Aug. 18

Aug. 25

8:30-

10:00-

Riverside Park

GREETERS

8:30- Mike & Sharon Thompson 10:00-

Aug. 11

8:30- Dave & Shirley Gerber

Aug. 18

10:30- Riverside Park Worship

Aug. 25

8:30- David & Janet Wobser

ALTAR FLOWERS

Aug. 4- Tad & Maria Schell

Aug. 11- Bev Yammine

Aug. 18-Riverside Park Worship

Aug. 25-Pastor Chris & Julie Dittmar

It is important you use the

forms for your bulletin

Announcement; they available on the bulletin board and at 1stLutheranChurch.org.

Flowers need to be delivered to the church by noon on Friday.

DEACONS

8:30-Nick Thomas, Tim Cochran **Paul Brooks** 10:00- Jerry Bryant, Daryl Rotman, **Dean Bowser**

8:30 USHERS

WORSHIP ASSISTANTS

Aug. 4-Daryl Rotman/Rob Leipheimer

Aug. 11-Tim Cochran

Aug. 18- Riverside Park

Aug. 25-Daryl Rotman/Rob Leipheimer

Aug. 4- Jerry Bryant

Aug. 11- Mike Zawisza

Aug. 18- Aaron Ried

Aug. 25- Pam Cochran

ACOLYTES

Aug. 4

8:30- Margaret Meyer 10:00- C. Leipheimer, Erin Meier

Aug. 11 8:30-Margaret Meyer

10:00- Seth Franks, Christian Nielsen

Aug. 18

Riverside Park Worship & Picnic

Aug. 25

8:30-Zach McRill

ALTAR GUILD

Dave & Shirley Gerber

COUNTERS

Bob & Arlene Schriner

LSS DELIVERY

Jennifer Kamm

FLOWER DELIVERY

Jean & Ken Wynkoop

COMMUNION BREAD

Aug. 4- Susan Waltermever

Aug. 11- Karen Rose

Aug. 18- Riverside Park

Aug. 25- Jennie Treece

FOOD FOR THOUGHT

Aug. 4/11- Tom & Pam Basinger Aug. 18/25- Kurt & Jane Ebersole

COOKIE SUNDAY

Aug. 4—Community Dinnr

Aug. 11- Property

Aug. 18- Riverside Park

Aug. 25- Rachel Circle

celebrations

Matthew Price	8/1
Bart Welte	8/3
Randy Buck	8/4
Robin Bowman	8/6
Kimberly Groh	8/7
Carol Roessing	8/7
Rick Dudics	8/8
Gary Kapostasy	8/8
Steven Rice	8/8
SilverLyn Roth	8/8
Riley Biggs	8/9
William Chubb	8/9
Ryan Maas	8/9
Kathy Brooks	8/10
Carson Dale	8/10
Phillip Tuttle	8/10
Judy Routson	8/13
Barbara Larick	8/14

Jim Price

Robert Beutler

Jason Bower Elyse Clark

Emily Clark

Alec Bonnoront Nancy Meek

Birthdays

Jonathan Ruehle	8/18
Adrienne Masterlasco	8/19
Jane Eakin	8/20
Philip Maurer	8/20
Clyde Mitchell	8/20
Kristina Rodman	8/20
Corey Spoon	8/20
Robert Cochran	8/21
Gregory Rossman	8/22
Fred Makrancy	8/25
Laurel Beutler	8/27
Jeff Howard	8/27
L. Eileen Mains	8/28
Tanner Timbrook	8/29
Jayna Routson	8/30
Kenneth Wynkoop	8/30
Jim Fultz	8/31

Anniversaries

8/15

8/15

8/15 8/16

8/18

8/18

Jack & Patricia Taylor	8/1/1976	43
Diana & Jeff Salisbury	8/4/1973	46
Paul & Kathy Brooks	Brooks 8/8/1992	
Harry & Ann Fifolt	8/13/1966	53
Nick & Tonya Thorbahn	8/16/2008	11
Brent & Peggy Fruchey	8/17/1985	34
Timothy & Nora Cochran	8/19/1978	41
Milton & Carol Peters	8/27/1960	59
Christian & Julie Dittmar	8/28/1971	48
Jerold & Bonnie Bosse	8/30/1959	60



Thomas Basinger W

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Thomas Dasinger	0/1	
Cam Taylor	8/1	
Jessica Betts	8/3	
Michelle Frampton	8/3	
Elle Price	8/3	
Kay Flick	8/4	
Judith Mains	8/4	
Dawn Wagner	8/7	
Kenneth Otte	8/9	
Diana Salisbury	8/12	
Sidney Hoover	8/14	
Greg Johnson	8/14	
Kathy Brooks	8/15	
Erika Cunningham	8/16	s
Bart Welte	8/18	
Lawson Gerde-	8/19	
Morgon Kirk	8/19	
Morgan Kirk	The said	
Kristan Napier	8/19	
Patricia Stacy	8/20	
Randy Waller	8/20	
Zachary Short	8/23	
Mary Kondik	8/27	
Grant Welte	8/27	
Richard Ruehle	8/28	3
Adam August	8/31	5



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ORGANIZATION
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Current Resident or:



Worship With Us

Sunday Mornings
Through August
8:30 and 10:00



Visit Our Website www.1stLutheranChurch.org

Sunday, September 1st we return to 8:15 & 10:45 Worship times