

SPPOKE Notes

Newsletter of the Cyclonauts Bicycling Club — Springfield, Massachusetts

CYCLONAUTS ANNUAL BANQUET

Our annual banquet and business meeting will be held at the Ludlow Country Club on Saturday, March 26 at 6 pm. We will be celebrating our 50th anniversary and will have a private room with plenty of space for socializing and sharing great memories with old friends. Club members are encouraged to bring photo albums and other memorabilia to share. Our long time members are encouraged to attend and to personally contact any past members that they know of and encourage them to attend as well. With sufficient notice, rides to the banquet can be arranged. Please see the enclosed banquet reservation form for additional information. You do not want to miss this very special event. Hope to see you there.
— *Betty Siwinski, President*

HIKE SCHEDULE

Breakfast is at 8:00 AM. Hikes begin at 9:00 AM. Wear clothing in layers suitable for the weather. Bring water and food. Trails may be icy — wear appropriate footwear. If at least 4 inches of snow is on the ground, hike will be replaced by cross-country skiing or snow shoeing. Rain cancels. If in doubt about conditions, contact the leader. NOTE: Schedule may change, check Website for updates.

WEDNESDAY HIKES

February 3 - Hike, snowshoe, or x-c ski Fitzgerald Conservation Area, Northampton. Breakfast at Blue Bonnet Diner, 324 King St. NoHo. Non breakfast hikers can meet at the Moose Lodge entrance, end of Cook Ave. Bring snacks, water, spikes, poles. Leader: Al Shane (413) 548 9435 Time 2-3 hours. Easy/Moderate. **Dog Friendly**

February 10 - Hike Wachuset Rail Trail, Rutland, Mass. Breakfast at 8 am. Heavy Evie's Diner, 2 Maple Ave., Rutland, Mass. Leader: Diane Delrosario (508) 612557 or delrosario@aol.com Hike x-c ski or snowshoe. Time: 2 - 3 hours, easy. Bring water, snacks, spikes, poles **Dog Friendly**

February 17 - x-c ski, snowshoe or hike. McDonald Way in Wilbraham, Mass. Breakfast 8 am at Krazy Jakes, 2537 Boston Road, Wilbraham, Mass. (at the corner of route 20 and Grove St.) Leader Kris Jackson (413) 782 0247

February 24 - Hike, x-c ski or snowshoe. Wendell State Forest, Wendell, Mass. Breakfast at Leverett Food Co-op at 8 am. 180 Rattlesnake Gutter Road, Leverett, Mass. Leader: Evi Schactl (978) 544 2121 Cell# (413) 512 0810 Time: 2 1/2 - 3 hours : Moderate/Difficult Bring snacks, water, warm clothing, poles **Dog Friendly**

March 2 - Hike, snowshoe or x-c ski. Chicopee State Park, Breakfast at 8, Country Trading Post, 769 Burnett Road, Chicopee. Leader: Ann Morin (413) 592 4123 or morinann@hotmail.com Moderate 2 - 3 hours **Dog Friendly**

March 9 - Hike or snowshoe at Swift River Trail, Bondsville, Mass. Breakfast at 8 am at Burgandy Brook Cafe, 3092 Palmer, Mass. (route 181) Leader Chuck Alsop: (413) 782 6328 or hi2sam@verizon.net Easy, 2 hours. Bring small bills. Restaurant does not accept credit cards. **Dog Friendly**

March 16 - Hike Quabbin Orchard, Belchertown, Mass. Breakfast at 8 am. Roadhouse Cafe, 174-176 Federal St. Belchertown, Mass. route 9. Leader: Amy Struzziero (413) 262 1851. Three hours, Moderate to difficult **No Dogs**

March 23 - Hike Blandford State Forest, Chester, Mass. Breakfast 8 am at Soup's On, 16 Union Ave, Westfield. Bring snacks, water, spikes, poles. Leader: Mike Cronin (413) 566 3114 or mike92341@gmail.com **Dog Friendly**

March 30 - Hike Peaked Mountain, Monson, Mass. Breakfast at 8 am at Beth's Family Dining, 107 Main Street, Monson. Leader: Don Maynard (413) 525 3464 or dmaynard07@charter.net 2 – 2 1/2 hours, Moderate. Don will bring a grill - Bring something for the post hike lunch. Bring snacks and water **Dog Friendly**

SATURDAY HIKES

February 6th – Hike Wells State Park, Sturbridge MA. Breakfast at 8:00 Girly’s Grill, 1315 Park St., Palmer. 9:00 Hike with carpool to follow the hike leader to the back entrance of the state park as the front entrance is usually closed in the winter. **Dog friendly.** Hike or snowshoes only. Bring micro spikes depending on the weather. Snacks and water recommended. Hike leader: Don Maynard 413-525-3464

February 13th – Hike Soapstone Mountain, Somers CT. Breakfast at Kathy’s Playhouse Plaza, 48 South Rd, Somers, CT. 9:00 Hike will leave restaurant to follow hike leader to the trailhead. **Dog friendly.** Water recommended. Bring appropriate footwear to the conditions. Hike leader: James Desellier Jed7516@charter.net 413-297-3880

February 20th – Hike unused railroad bed from Enfield to East Longmeadow. NO Breakfast. 9:00 Hike will carpool from Panera Bread located at 450 North Main St. East Longmeadow, MA to the start of the hike – RT 190 Enfield, CT. This is a 6 mile hike, bring appropriate footwear for the conditions. Water recommended. Optional lunch at the end of the hike at Panera Bread. **Dog friendly.** Hike leader: Kerry Goguen Dyna309@charter.net 413-525-4029

February 27th – Hike MT Holyoke Range from the Notch Visitor Center. Breakfast at 8:00 at Atkins Farm Country Market, 1150 West St., Amherst. 9:00 hike from Notch Visitor Center at 1500 West St, Amherst. **Dog friendly.** Bring appropriate footwear for the conditions. Hike leader: James Desellier Jed7516@charter.net 413-297-3880

March 5th – Hike Conant Brook Dam, Monson MA. Breakfast at 8:00 Beth’s Restaurant, 107 Main St, Monson. 9:00 Hike will leave restaurant to follow hike leader to the Conant Brook Dam trailhead. **Dog friendly.** Bring snowshoes, XC skis or micro spikes depending on the weather. Hike leader: Chuck Allsop hi2sam@comcast.net 413-782-6328

March 12th – Hike Goat Rock, Hampden MA. Breakfast at 8:00 Country Corners Restaurant at the Hampden Mini Mall Allen St. Hampden. 9:00 hike will leave restaurant to follow hike leader to Goat Rock trailhead. Moderate hike. **Dog friendly.** Bring appropriate footwear for conditions. Hike leader: Mike Cronin mike92341@gmail.com 413-566-3114

March 19th – Hike Nobleview, Russell MA. Breakfast 8:00 at Good Table Family Restaurant 12 School St, Westfield, MA. 9:00 hike will leave restaurant to follow hike leader to the trailhead. This is an AMC facility. An entrance fee of \$4 to \$5 per person. Wear appropriate footwear and clothing for the weather conditions. Snacks and water recommended. **Dog friendly.** Hike leader: Mary Ann Sion ottertales2@comcast.net 413-568-3304

March 26th – Hike Chicopee State Park with picnic to follow hike. No breakfast. Meet 9:00 at parking lot inside the Park. If park is closed, meet behind Dr. Deegan’s Restaurant on Burnett Rd, Chicopee. Moderate hike. Picnic at the Pavilion in the park. Bring something to grill and eat after the hike. A grill will be provided. Wear appropriate footwear and clothing for the weather conditions. **Dog friendly.** Hike Leader: Paul Griffin morinann@hotmail.com 413-592-4123

OFFICER NOMINATIONS

As part of the annual Cyclonauts banquet, we will have a business meeting in which we will vote for nominated club officers. The candidates listed below are currently nominated. If you would like to nominate any additional candidates, please contact a member of the Nomination Committee – Sue Strange (860-763-3046) or Don Sullivan (413-566-8661).

President	Betty Siwinski	At Large Members: Mady Schorsch Sue Strange Don Sullivan Mary Ann Siron
Treasurer	Les Prentice	
Secretary	Ann Morin	
Hike Chairpersons	Mary Ann Siron & Suzanne McAuley	
Trips Chairperson	Betty Siwinski	
Spokenotes Editor	Peter Munk	

MEMBERSHIP RENEWAL

If your mailing label has a “15” in the lower left corner your 2016 dues should be paid now. Use the enclosed renewal form. If your 2016 dues have been paid and our records are in error, contact Les Prentice at 413-783-6775 or lprentice@verizon.net. **A member more than two months in arrears will be dropped from the membership list.**

MARK YOUR CALENDAR



The deadline for the Spring Spoke Notes is Monday, March 21. All ride schedules & notices must be submitted by March 21 to Peter Munk: petermunk7@gmail.com