

# JERSEY SHORE GERIATRICS

**Dear New Patient:**

**Welcome to Jersey Shore Geriatrics. Thank you for choosing this practice to assist you in your health care needs.**

**In our efforts to give you the best possible geriatric care we ask that you fill out the enclosed forms. This will assist the doctor in evaluating and treating your medical conditions. We also ask that you have your Medicare and other insurance cards available. In addition, we ask that you have all of your prescription and over-the-counter medication, including vitamins, with you. Lastly, if you have any of the following documents: Living Will and/or Advanced Directive or Power of Attorney, have them available so we can make copies to complete our files.**

**We appreciate your assistance with this process. We look forward to helping you with your most important assets, your health and well-being. Should you have any questions or concerns, please do not hesitate to contact us at 732-866-9922.**

**Sincerely,**

**The Staff at Jersey Shore Geriatrics**

**Jersey Shore Geriatrics  
15 School Road East Suite #2  
Marlboro, New Jersey 07746  
Email: [jsglabs@gmail.com](mailto:jsglabs@gmail.com)  
Phone – 732-866-9922  
Fax – 732-866-9970**

PATIENT INTAKE FORM

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
(first) (last) Age: \_\_\_\_\_ Sex: M F

Home Address: \_\_\_\_\_  
Street Address Apt # City State Zip Code

Billing Address: \_\_\_\_\_  
Street Address Apt # City State Zip Code

Telephone Number: \_\_\_\_\_ Cell Number: \_\_\_\_\_

Email Address: \_\_\_\_\_ Marital Status: M W D S Religion: \_\_\_\_\_

Medical Insurance

Primary Insurance: \_\_\_\_\_ Secondary Insurance: \_\_\_\_\_

Primary Insurance #: \_\_\_\_\_ Secondary Insurance #: \_\_\_\_\_

Please include a copy of cards.

Name of

Nearest Relative: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_  
Street Address Apt # City State Zip Code

Telephone Number: \_\_\_\_\_ Cell Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency or Alternate Contact (Can be friend or other family member)

Name: \_\_\_\_\_ Telephone # \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_  
Street Address Apt # City State Zip Code

Primary reason for your visit today and what can the Doctor help you with?

How did you hear about Jersey Shore Geriatrics? \_\_\_\_\_

Most recent hospital \_\_\_\_\_

Do you have a (Please circle all that apply) Living Will Advanced Directive Durable Power of Attorney?

What Physicians have you seen in the past 2 years? Primary: \_\_\_\_\_ Phone # \_\_\_\_\_

Other: \_\_\_\_\_ Phone # \_\_\_\_\_

Whom may we speak to on your behalf:

Name: \_\_\_\_\_ Telephone # \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Telephone # \_\_\_\_\_ Relationship: \_\_\_\_\_



**AUTHORIZATION FOR TREATMENT**

The undersigned hereby consents to and authorizes the administration and performance of medical care that may be in the judgment of the physician considered advisable and necessary, which may include the performance of certain blood tests for communicable diseases such as Hepatitis and HIV infection.

**RELEASE OF INFORMATION TO INSURANCE CARRIERS**

Jersey Shore Geriatrics is authorized to furnish information, necessary to process claims, to an insurer, compensation carrier, or welfare agency who may be providing financial assistance for hospital care.

**MEDICARE PATIENT'S CERTIFICATION, AUTHORIZATION TO RELEASE INFORMATION, AND PAYMENT REQUEST**

I certify that the information given to me in applying for payment under Title XVIII of the Social Security Act is correct. I request payment of the authorized Medicare benefits be made to Jersey Shore Geriatrics on my behalf for any services furnished me by or in the office, including physician services. I authorize any holder of medical and any other information about me to release to Medicare and its agents or intermediaries any information needed to determine these benefits or benefits for related services.

I further authorize the Medicare program to furnish medical or other information acquired on this visit acquired by its intermediary under the Title XVIII Program to the extent necessary to process any complementary coverage claim.

I hereby certify that I have read and fully understand the above authorizations.

Date \_\_\_\_\_ Signed X \_\_\_\_\_  
PATIENT  
OR  
WITNESS \_\_\_\_\_ NEAREST RELATIVE \_\_\_\_\_

**FINANCIAL RESPONSIBILITY**

In consideration of the rendering of service to the patient, the undersigned guarantees the payment of any amount due for such services rendered by Jersey Shore Geriatrics over and above the amount covered by Medicare and/or insurance.

Date \_\_\_\_\_ Signed X \_\_\_\_\_  
Witness \_\_\_\_\_ Procedure \_\_\_\_\_

Jersey Shore Geriatrics  
15 School Road East Suite #2  
Marlboro, New Jersey 07746  
jsglabs@gmail.com  
Phone - 732-866-9922  
Fax - 732-866-9970

**CONSENT FOR RELEASE OF CONFIDENTIAL PATIENT INFORMATION**

I, \_\_\_\_\_, born, \_\_\_\_\_,  
(Patient Name) (Date of Birth)

Authorize and request \_\_\_\_\_  
(Specify Institution, Unit or Program)

to furnish to: Jersey Shore Geriatrics  
15 School Road East, Suite #2  
Marlboro, NJ 07746  
Phone: 732-866-9922  
Fax: 732-866-9970  
Email: jsglabs@gmail.com

the following information: \_\_\_\_\_  
(Specify All or What Portions of Record)

The above information is released for the following purpose and that purpose only. Any other use is forbidden.

Data Requested:

_____ Complete Record	_____ Consultations
_____ Discharge Summary	_____ Operative Records
_____ History and Physical	_____ X-Ray Reports
_____ Pathology Reports	_____ X-Ray Films
_____ EKG Reports	_____ Laboratory Reports
_____ Other: _____	

Need and Purpose of Disclosure:  
\_\_\_\_\_

**THE FOLLOWING MUST BE COMPLETED PRIOR TO SIGNING THE AUTHORIZATION**

I recognize that the information disclosed may contain drug/alcohol information that is protected by federal and state law. I do  do not  specifically consent to disclosure of such information.

I recognize that the information disclosed may contain mental health information that is protected by federal and state law. I do  do not  specifically consent to disclosure of such information.

I recognize that the information disclosed may contain information regarding sexually transmitted diseases or HIV / AIDS testing information. I do  do not  specifically consent to disclosure of such information.

I do  do not  consent to transmission of my records via facsimile (FAX) machine.

I hereby release and forever discharge Jersey Shore Geriatrics; it's employees, and agents from any liability arising out of the release of my medical records as specified above and pursuant to this signed authorization.

This consent is subject to revocation at any time, except to the extent that the disclosure has already taken action in reliance on it. If not previously revoked, this consent will terminate on:

\_\_\_\_\_  
(Specify Date, Event, or Condition)  
If left blank, this consent expires in ninety (90) days.

\_\_\_\_\_  
(Signature of Patient)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Signature of Witness)

\_\_\_\_\_  
(Date)



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**HIPAA Authorization Form  
Patient Authorization for Use and Disclosure of Protected Health  
Information**

By signing, I authorize Jersey Shore Geriatrics to use and/or disclose certain protected health information (PHI) about me to \_\_\_\_\_

This authorization permits Jersey Shore Geriatrics to use and/or disclose the following individually identifiable health information about me: my medical and surgical history, my medications, laboratory values, and my radiographic imaging.

The information will be used or disclosed for the following purpose at the request of the individual.

The purpose(s) is/are provided so that I can make an informed decision whether to allow release of the information. This authorization will not expire.

The practice will not receive payment or other remuneration from a third party in exchange for using or disclosing the PHI.

I do not have to sign this authorization in order to receive treatment from Jersey Shore Geriatrics. In fact, I have the right to refuse to sign this authorization. When my information is used or disclosed pursuant to this authorization, it may be subject to redisclosure by the recipient and may no longer be protected by the federal HIPAA Privacy Rule. I have the right to revoke this authorization in writing except to the extent that the practice has acted in reliance upon this authorization. My written revocation must be submitted to the privacy officer at:

Signed by: \_\_\_\_\_  
Signature of Patient or Legal Guardian Relationship to Patient

\_\_\_\_\_ Date

\_\_\_\_\_ Print Name of Patient or Legal Guardian, if applicable

Patient/Guardian must be provided with a signed copy of this authorization form.

## ADL & IADL SCORES

<b>ADL- Activities of Daily Living</b>	<b>Independent 1 point</b>	<b>Needs Assistance 2 points</b>	<b>Dependent 3 points</b>
1. Bathing			
2. Dressing			
3. Toileting			
4. Transfer			
5. Continence			
6. Feeding			

<b>IADL- Instrumental Activities of Daily Living</b>	<b>Independent 1 point</b>	<b>Needs Assistance 2 points</b>	<b>Dependent 3 points</b>
1. Ability to telephone			
2. Shopping			
3. Food preparation			
4. Housekeeping			
5. Laundry			
6. Mode of transportation			
7. Driving			
8. Responsibility for own medication			
9. Ability to handle finances			

**SCORES:**                      **ADL:** \_\_\_\_\_/18

**IADL:** \_\_\_\_\_/27

**Patient Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

# JERSEY SHORE GERIATRICS

**Patient Name:** \_\_\_\_\_

**Today's Date:** \_\_\_\_\_

**Medical History**

**Have you (the patient) been affected by any of the following medical conditions; if so, when was it first found? Answer to the best of your knowledge. Check Yes or No.**

Yes	No	When?	Condition
			High Blood Pressure
			Heart Disease, Angina
			Thyroid trouble
			High cholesterol
			Stroke
			Neuropathy
			Poor circulation
			Diabetes
			Hepatitis
			Serious Head Injury
			Parkinson's Disease
			Drinking Problem
			Depression
			Syphilis or other venereal disease
			Seizures
			Street drug use
			Cancer
			Brain hemorrhage or hematoma
			Meningitis or encephalitis
			Severe vision or hearing loss
			Vitamin deficiency

**Current Medical History**

**Please List the medical conditions currently affecting the person or that they are currently receiving treatments.**

**When did it begin?**

**Condition**

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**Surgical History**

**Please list all operations that you have had, with appropriate dates.**

**Date:**

**Operation**

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**Review of Symptoms**

**Have you (the patient) been having any of these problems? Click Yes or No. Please describe**

<b>Yes</b>	<b>No</b>	<b>Problem</b>	<b>Description</b>
		<b>Change in personality</b>	
		<b>Change in speech</b>	
		<b>Any weakness</b>	
		<b>Change in Judgment</b>	
		<b>Confusion</b>	
		<b>Change in alertness</b>	
		<b>Delusions or hallucinations</b>	
		<b>Emotional difficulties</b>	
		<b>Sensation problems</b>	
		<b>Dryness of the mouth</b>	
		<b>Any recent falls or injuries</b>	
		<b>Difficulty with balance</b>	
		<b>Snoring</b>	
		<b>Shortness of breath</b>	
		<b>Coughing</b>	
		<b>Change in bowel habits</b>	
		<b>Blood in the stools</b>	
		<b>Increased or decreased sex interes</b>	
		<b>Trouble with urination or incontinence</b>	
		<b>Pain in joints or bones</b>	
		<b>Limited movement of arms or legs</b>	
		<b>Bleeding or enlarged spots on the skin</b>	
		<b>Unusual skin dryness or sweating</b>	
		<b>Unusual thirst</b>	
		<b>Extreme fatigue</b>	
		<b>Changes in sleep habits</b>	
		<b>Weight loss or gain</b>	
		<b>Inability to prepare or eat food</b>	

## ***Psychiatric History***

**Please List all mental health of Psychiatric conditions or treatments the person has had, with the appropriate date of onset of each.**

<b>Date</b>	<b>Condition or Treatment</b>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

## ***Family History***

**Please indicate which family members have had any of the following medical conditions. Give the relationship to the patient (ex: Mother, Father, Sister, Brother). If known, please document the age of the family member when the diagnosis was made.**

<b>Condition</b>	<b>Family Member(s)</b>	<b>Age at Diagnosis</b>
<b>Dementia</b>	_____	_____
<b>Parkinson's Disease</b>	_____	_____
<b>Depression</b>	_____	_____
<b>Stroke</b>	_____	_____
<b>Heart Disease</b>	_____	_____
<b>Down Syndrome</b>	_____	_____
<b>Diabetes</b>	_____	_____
<b>Autism</b>	_____	_____
<b>Obsessive-Compulsive Disorder</b>	_____	_____
<b>Attention Deficit / Hyperactivity Disorder</b>	_____	_____
<b>Cancer</b>	_____	_____

## **Family Report: Patient Behavior and Memory Problems**

The information provided in this questionnaire helps the doctor decide if an important memory problem is present. It is best if this is filled out by someone with close, frequent contact with the patient. Many people have had minor and subtle problems with higher mental functions for years before they come to a doctor with questions about changes in memory. Please take a moment and go back in your mind a few months at a time and think about possible signs of memory problems. You may not be having any of these problems, and in that case please just record that information. We thank you for taking the time to complete this information.

The name of the person assisting you in completing this form: \_\_\_\_\_

Their telephone number: \_\_\_\_\_

1. Do you (the patient) sometimes have trouble writing checks, paying bills, or balancing a checkbook? (circle your answer)

Unable                      Need help                      Have trouble, but able                      Normal

2. Do you (the patient) sometimes have trouble assembling tax records, business affairs, or papers?

Unable                      Need help                      Have trouble, but able                      Normal

3. Do you (the patient) sometimes have trouble shopping alone for clothes, household necessities, or groceries?

Unable                      Need help                      Have trouble, but able                      Normal

4. Do you (the patient) sometimes have trouble playing a game of skill or working on a hobby?

Unable                      Need help                      Have trouble, but able                      Normal

5. Do you (the patient) sometimes have trouble heating water, making a cup of coffee, or turning off the stove?

Unable                      Need help                      Have trouble, but able                      Normal

6. Do you (the patient) sometimes have trouble preparing a complete meal?

Unable                      Need help                      Have trouble, but able                      Normal

7. Do you (the patient) sometimes have trouble keeping track of current events?

Unable                      Need help                      Have trouble, but able                      Normal

8. Do you (the patient) sometimes have trouble paying attention to, understanding, or discussing a TV show or book?

Unable                      Need help                      Have trouble, but able                      Normal

9. Do you (the patient) sometimes have trouble remembering appointments, family occasions, holidays, medications?

Unable                      Need help                      Have trouble, but able                      Normal

10. Do you (the patient) sometimes have trouble traveling out of the neighborhood, driving, or arranging to take buses?

Unable                      Need help                      Have trouble, but able                      Normal

11. What was the **very first** sign that something had changed in the person's memory and thinking? When was the change noticed?

12. Please describe all other signs of problems with memory and thinking, along with the approximate time that they developed. Include here the **story of the memory problem from start to now**.

**Education and Employment**

What is the highest level of formal education that you (the patient) completed?

\_\_\_\_\_

What was the primary type of work that you (the patient) performed?

\_\_\_\_\_

What other jobs have you (the patient) had?

\_\_\_\_\_

Have you (the patient) ever worked with chemicals, solvents, or heavy metals (for example, lead)?

No \_\_\_\_\_ Yes \_\_\_\_\_ If Yes, which ones? \_\_\_\_\_

Do you (the patient) have a history of exposure to radiation or radiation therapy?

No \_\_\_\_\_ Yes \_\_\_\_\_

Have you (the patient) ever had electroconvulsive (ECT) or "shock" therapy?

No \_\_\_\_\_ Yes \_\_\_\_\_

Have you (the patient) ever been a boxer?

No \_\_\_\_\_ Yes \_\_\_\_\_

**Prior Evaluation**

Have you had a brain imaging study (CT brain or MRI)?

NO \_\_\_\_\_ Yes \_\_\_\_\_ Location \_\_\_\_\_

Have you had blood tests for memory loss?

No \_\_\_\_\_ Yes \_\_\_\_\_ If yes, where and when \_\_\_\_\_

Have you had an evaluation for memory loss before?

No \_\_\_\_\_ Yes \_\_\_\_\_ If yes, where and when \_\_\_\_\_

**Health Habits**

Did you ever smoke, if so, how many packs per day and for how many years?

\_\_\_\_\_

Do you drink alcoholic beverages on most days?

No \_\_\_\_\_ Yes \_\_\_\_\_ If yes, how many drinks per day? \_\_\_\_\_

## **Yesavage Geriatric Depression Scale**

Choose the best answer for how you have felt over the past week:

1. Are you basically satisfied with your life?..... YES / NO
2. Have you dropped many of your activities and interests? .....YES / NO
3. Do you feel that your life is empty?.....YES / NO
4. Do you often get bored? .....YES / NO
5. Are you in good spirits most of the time? .....YES / NO
6. Are you afraid that something bad is going to happen to you? .....YES / NO
7. Do you feel happy most of the time? .....YES / NO
8. Do you often feel helpless? .....YES / NO
9. Do you prefer to stay at home, rather than going out and doing new?  
things? .....YES / NO
10. Do you feel you have more problems with memory than most?....YES / NO
11. Do you think it is wonderful to be alive now?.....YES / NO
12. Do you feel pretty worthless the way you are now?.....YES / NO
13. Do you feel full of energy?.....YES / NO
14. Do you feel that your situation is hopeless?.....YES / NO
15. Do you think that most people are better off than you are?.....YES / NO

***Answers indicating depression are highlighted. Each answer counts one point;  
Scores greater than 5 indicate possible clinical depression and warrant follow up.***

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**MEDICATION LIST**

<b>Start Date</b>	<b>Medication</b>	<b>Route</b>	<b>Dosage</b>	<b>Frequency</b>	<b>Increase/Decrease Stop Date</b>	<b>Renewals</b>		

**NAME:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Allergies:** \_\_\_\_\_

**Pharmacy:** \_\_\_\_\_ **TEL:** \_\_\_\_\_ **Fax:** \_\_\_\_\_