

Castle Pines Class Schedule Effective May 1, 2021

Monday	Tuesday	wednesday	Thursday	Friday	Saturday
Little Dragons All Belts 4:30 – 5:00	Little Dragons All Belts 4:30 – 5:00	Little Dragons All Belts 4:30 – 5:00	Little Dragons All Belts 4:30 – 5:00	Little Dragons All Belts 4:30 – 5:00	Specíal Events: • Birthday Parties • Candidate classes • Private lessons
Children White to Purple 5:05 – 5:45	Children White to Purple 5:05 – 5:45	Children White to Purple 5:05 – 5:45	Children White to Purple 5:05 – 5:45	Children All Belts 5:05 – 5:45	
Children Blue to High Red 5:50 – 6:30	Children Blue to High Red 5:50 – 6:30	<mark>Sparring</mark> Children Green & up 5:50 – 6:30	Children Blue to High Red 5:50 – 6:30	Adults All Belts 5:50 – 6:30	
Children Brown - Black 6:35 – 7:20	Family/Make Up All Ages & Ranks 6:35 – 7:20	Children Brown - Black 6:35 – 7:20	Family/Make Up All Ages & Ranks 6:35 – 7:20		By announcement or reservation only.
Adults All Belts 7:25 - 8:25	Adults All Belts 7:25 - 8:25	Sparring Adults Orange & Up 7:25-8:25	Adults All Belts 7:25 - 8:25		

*Family classes are intended for families (parents and children or siblings) to attend classes together. All other students should come to their designated classes. Students who are unable to attend their designated classes may use the family classes for make ups.

Rules of the Dojang

- 1. Arrive at least 5 minutes prior to class.
- 2. Attend classes regularly.
- 3. Students should bow to the masters, instructors, and flags whenever entering or leaving the Dojang.
- 4. Show respect to all students and instructors.
- 5. Pull attendance card prior to class.
- 6. Keep uniform neat and clean.
- 7. Help keep the Dojang clean and organized.

Legend

Little Dragons	Ages 4 – 6
Children	Ages 7 – 12
Adults	Ages 13 & up

To participate in sparring, all students must have the appropriate sparring gear.

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