

Heartache Medication

Count: 32

Wall: 2

Level: Improver + Style : CCS

Choreographer: Agnes Gauthier (August 2019)

Music: Heartache Medication by Jon Pardi



Intro : 16 counts

SECTION 1: RF SIDE, TOGETHER, RF SCISSOR CROSS, LF SIDE, TOGETHER, LF SCISSOR CROSS

1-2 RF step side, LF step together
3&4 RF side rock, LF recover, RF cross over left
5-6 LF step, RF step together
7&8 LF side rock, RF recover, LF cross over right

SECTION 2: RF ROCK STEP FWD, RF SHUFFLE ½ TURN, LF STEP ¼ TURN, LF CROSS SHUFFLE

1-2 RF rock forward, recover LF
3&4 Turn ¼ right and step right forward, turn ¼ right and step left to side, step right together
5-6 Step LF forward, ¼ pivot turn right taking weight RF,
7&8 Cross LF over RF, step RF to side, cross LF over RF

SECTION 3: RF HEEL FWD, RF HEEL SIDE, BEHIND SIDE CROSS, LF HEEL FWD, LF HEEL SIDE, LF SAILOR ¼ TURN

1, 2 RF touch heel forward, RF touch heel to RF side
3 & 4 Cross RF behind LF, LF step to LF, RF step cross
5, 6 LF touch heel forward, LF touch heel to L side
7 & 8 Cross LF behind RF turning ¼ to L (6:00), RF step beside LF, LF step in place

Restart wall 4 after 24 counts

SECTION 4: RF WALK, LF WALK, RF MAMBO FWD, LF STEP BACK, RF STEP BACK, LF ROCK STEP BACK WITH JUMP, LF STOMP

1-2 RF walk, LF walk
3&4 Rock forward on RF, recover weight to LF, step RF next to LF

Restart wall 3 after 28 counts. Rock forward RF , recover, touch RF

5-6 RF set back, LF step back
7&8 LF rock step back with a jump and LF stomp