



The Goodland Star-News

# GLO RUN

## 5K Run/Walk

**September 26 at 9 p.m. MT at Chambers Park  
Goodland, KS 67735 (Registration at 8 p.m.)**

Early registration \$15.00 no shirt; \$25 with shirt (choose size below)  
Register at event: \$30, additional \$15 to order shirt, which will be picked up later (must prepay)

NAME: \_\_\_\_\_  
EMAIL ADDRESS \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_  
ZIP CODE \_\_\_\_\_ STATE \_\_\_\_\_ PHONE NUMBER \_\_\_\_\_

CHECK ONE: 5K RUN \_\_\_\_\_ 5K WALK \_\_\_\_\_

**Registrations made before September 9 will receive a t-shirt.**

Please select size:

T-SHIRT SIZE: (YOUTH) SMALL \_\_\_\_\_ MEDIUM \_\_\_\_\_ LARGE \_\_\_\_\_  
(ADULT) SMALL \_\_\_\_\_ MEDIUM \_\_\_\_\_ LARGE \_\_\_\_\_

### TO REGISTER:

Cash or check only. Please make check out to Goodland Activities Center.

**Drop off or mail registration to:**

**Goodland Activities Center, 808 Main, Goodland, KS 67735  
The Goodland Star-News, 1205 Main, Goodland, KS 67735**

Please note that no stop watches or other timing devices will be allowed to help you keep your pace. You may find the race course map on the GAC website ([www.goodlandgac.com](http://www.goodlandgac.com)) or on our Facebook page.

**DISCLAIMER AND RELEASE:** I hereby, for myself and my minor child/children named above, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I or they may have against the Goodland Activities Center and the City of Goodland and any named sponsors, and their respective agents, representatives, successors and assign for any and all injuries which may be suffered by me in connection with any participation in this program, and agree that I and my minor child/children are assuming the inherent risks of participating in this activity. Race may be cancelled due to low participation numbers or weather.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_  
GAC ONLY PAYMENT: CHECK # \_\_\_\_\_ CASH \_\_\_\_\_ AMOUNT \_\_\_\_\_ STAFF \_\_\_\_\_ DATE \_\_\_\_\_