Beyond the Seat: Optimizing Postural Support for Function

Length: 1 Hour

Description:

Aspects of posture, support, pressure and function must be considered in the equipment selection process. Many of these factors are interrelated, often influencing each other. As consumers strive for independence, posture effects functional activities such as propulsion and transfers as well as respiration, digestion and bowel & bladder systems. In addition, skin integrity is impacted by pressure distribution and is also dependent upon physiologic systems to maintain or regain that integrity. It is not enough to think linearly. This course is designed for basic to intermediate level clinicians and equipment providers who want to revisit the interlocking components of seated posture and mobility. Selecting the cushion and back support is ultimately more efficient when the broad scope of intrinsic factors is kept in focus.

This course follows the guidelines published in the "RESNA Wheelchair Service Provision Guide" with a primary focus on the assessment/evaluation process. The anatomical seated postures will be reviewed.

Instructional Level: Intermediate

Credits: 1.0 CCU / 0.1 CEU TPTA approved TOTA approved

Presenter:

Steffen Tiskus, PT, ATP

Steffen Tiskus is currently the Training and Development Coordinator- Power Positioning for Motion Concepts. Steffen began his career as a Physical Therapist, working with a wide range of patient populations. Later worked as a Rehabilitation Technology Supplier in a variety of clinical settings, with both pediatric and adult populations. For fourteen years worked as an Independent Representative and consultant of Complex Rehabilitation Equipment. With over twenty years of Complex Technology experience, He has presented on numerous occasions throughout the United States on Seating and positioning and wound care management.