

East Bay Network: Connect, Support and Inspire by Jeri Lawson

Healing Touch support groups are a huge resource for healers.

The Healing Touch Network of the East Bay and San Francisco (HTNEB/SF) is where our local Healing Touch community comes together to connect, support and inspire each other.

We meet four times a year in Lafayette, California, on the first Tuesday of February, May, August, and November. We have a healthy potluck salad and usually a speaker presenting a healing related topic. Sometimes we just pick a subject and share what is happening in our personal healing practices.

At one gathering we discussed distance healing; how we each did it, when we did it, and the effect it had on our healees. It was fascinating. At another meeting, we talked about our experiences doing Healing Touch in the Hospitals - that meeting could have gone on for hours.

We have so many Healing Touch Practitioners in our community with years of healing experience and a wide range of knowledge. It's really quite remarkable. There are hospital administrators who know institutional protocol inside and out, HT nurses who can answer questions about medical conditions and diseases, HT Practitioners working in Hospice, and many healers in private practice. We also have healers working with veterans, animals, and the mentally challenged.

At our meetings, if you have a question, there is always someone who knows the answer, or a person you can call, or suggestions of where to start looking for what you need. There is also a HTNEB/SF Facebook Page to ask follow-up questions, and find out about meetings, events, and interesting healing links.

If you are interested in coming to our meetings in the East Bay, you can email me at jerilawson@mac.com, and I will send you the details. If you are interested in finding a support group in your area of California or want to add your Healing Touch group to the Healing Touch California Website, click here: <http://www.healingtouchcalifornia.com/support-groups.html>

Joining a Healing Touch support group is a wonderful way to network, deepen your development as a practitioner, and find healing support on all levels. Really, though, what I like about our Healing Touch Support meetings is that they are really fun. We have a blast.