

# The Fast of Supernatural Success

*PRAYER & FASTING GUIDE*  
MONDAY, JANUARY 11, 2021 –  
SUNDAY, JANUARY 31, 2021

## WEEK 3

*SOLEMN ASSEMBLY*

### Theme Scripture:

*“[8] This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success” (Joshua 1:8 KJV)*

**Sfg. Bishop C. Shawn Tyson, Pastor**



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Scripture quotations, unless otherwise noted, are from the Holy Bible, King James Version  
[www.calvary4u.org](http://www.calvary4u.org) | F: Mtcyoungstown | T&IG: @cmiyoungstown

# Pastoral Greeting

Shalom and salutations of love, peace and joy to the household of faith!

As the scripture declares in Acts 26:22, "Having therefore obtained help of God, I continue unto this day".

Beyond all shadow of a doubt, it was "*THE HELP OF GOD*" that brought us through the year 2020. As the songwriter prophetically said, millions didn't make it, but you and I are one of the ones who did. For this we give God GREAT PRAISE.

Having been preserved by the grace of God through the multitudinous tests and trials of the year 2020, there must be a prolific reason why God has chosen YOU to be among his elect representatives of the kingdom of God to a world in chaos.

I believe that in this season God is going to make a notable distinction between those he calls his own and those who choose to attempt to do life without Christ.

This distinction will not absolve the kingdom citizen from the various test and trials, or even the many afflictions that are part of the pilgrim's sojourn in this strange land. But it will affirm for the world to see as the Apostle Paul said, "*If God be for us who can be against us*". Romans 8:31

The Spirit of God has declared 2021 to be the year of Supernatural Success for those who will put their faith in God, and put their faith to work.

Be advised that as we embark upon this journey called 2021, that the power of the Supernatural at work does not absolve the believer of his or her work.

The saints of God must work and worship in harmony, synergy and in partnership with the plans of God for the Supernatural to be manifest in the life of the believer.

It is this process we will now undertake over the course of the next 21 days culminating in the sacred and supernatural experience of Holy Communion.

I want to compel you to take this journey with God, *for he desires to reveal unto you great and mighty things, which thou knowest not.* **Jeremiah 33:3**

It is with great anticipation of the appearance of JESUS that I welcome you to the year and the fast of "Supernatural Success". I'll meet you in the winner's circle.

Carpe Diem!



+C. Shawn Tyson

# Before, During, and Breaking your Fast

## Planning Your Fast

*“Then Joshua said to the people, “Consecrate yourselves, for tomorrow the Lord will do wonders among you.” Joshua 3:5*

**Pray**—Spend time reading the Bible. Ask the Holy Spirit for guidance in your prayers. Write down your faith goals and specific prayer requests for your family, friends, church, and nation.

**Commit**—Ask God for grace to help you follow through with the fast.

**Act**— Plan to limit physical and social activities during the fast. You can ask someone to be your prayer partner throughout the fast.

## While Fasting

*[Jesus] answered, “It is written, ‘Man shall not live by bread alone, but by every word that comes from the mouth of God.’” Matthew 4:4*

**Focus**—Set aside time to work through the devotions and seek God to write your own personal proclamations and pronouncements. Be ready to respond to God’s Word and the leading of the Holy Spirit.

**Pray**—Join at least one time either on the prayer line or zoom. Intercede for your family, church, pastors, and nation throughout the week.

**Replenish**—During mealtime, read the Bible and pray. Drink plenty of water and rest as much as you can. Be ready for temporary bouts of physical weakness and mental annoyances like impatience and irritability.

## Breaking the Fast

*And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him. 1 John 5:14–15*

**Eat**—Reintroduce meat and sweets gradually. Your body will need time to adjust to a normal diet.

**Pray**—Don’t stop praying! Trust God’s faithfulness and timing. Carry your newfound passion for God through the end of the year. Be in faith for God to answer your prayers.

# Fasting Information

**Theme Scripture:** -- [8] This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.  
Joshua 1:8 KJV

**Fasting instructions:** NOTE: *If you are on prescribed medications, please continue to take them as directed by your physician.*

➤ **Week One January 11-17**

- Absolute Fast 5 AM to 5 PM.
- Drinking water, herbal teas and fresh juices & smoothies
- May eat whatever desired after 5 pm. moderation is recommended)

➤ **Week Two January 18-24**

- Absolute Fast 5 AM to 5 PM (One Meal only after 5 PM)
- Drinking water, herbal teas and fresh juices & smoothies
- May eat whatever desired after 5 PM (moderation is recommended)

➤ **Week Three January 25-31- Solemn Assembly**

- **Monday, Tues & Wed – Daniel Fast**
- **5 am Thursday – 5 am Saturday – Absolute nothing fast**
- **5 am Saturday morning - 5 PM Sunday – Daniel Fast (which will end the fast and the Solemn Assembly)**
  - **Communion Pick- up – via Regent Street parking lot**
    - ❖ **Fri. Jan. 29 9 am – 3 pm; 4-6 pm**
    - ❖ **Sat., Jan. 30 9 am – 12 pm**
    - ❖ **VIRTUAL COMMUNION - Sunday, January 31 @11 AM**

❖ Prayer and teaching will be offered before God in our homes with your family online only:

○ **Prayer Times**

- **5:00 a.m. to 5:45 a.m.** Monday – Friday Devotion & Prayer on Krista Tyson Facebook Live or Prayer Line (917) 900-1022 Access Code: 8923928.
- **6:00 a.m. to 6:20 a.m.** Monday – Friday Devotion & Prayer on the Prayer Line (720) 650.3030 Access Code: 589742

- **12 pm to 1 pm** Monday - Friday via Zoom

- Meeting ID: 98417292204
- Passcode: 2Uwxba
- Or Call: (312) 626.6799  
Meeting ID: 98417292204  
Passcode: 422990

- **Teaching Times:** Facebook Live (Mtcyoungstown) or the Calvary Ministries International YouTube channel, Christ Church Apostolic Fb and YouTube channel.

- **11 am – 12 pm** Tuesday, Wednesday, & Thursday
- **7 pm** – Tuesday & Wednesday

- We are limiting all social interaction & dialogue; meaning we are abstaining from all *unnecessary* conversations, phone calls, social media, texting, tweeting, etc. (we're concentrating on spending focused time with God) for the entire 21-day period of consecration before the Lord
- Check & return all pertinent business-related messages
- Watch the news so you may know *how to pray* – *you may watch religious programming*

We encourage you to avail yourself to God in this special time of consecration. Make a special effort to press your way into the presence of God each day thru prayer and teaching.

- ❖ Weekly Prayer focuses will be uploaded to [www.Calvary4u.org](http://www.Calvary4u.org) every Sunday

# Spiritual Consultation

You are urged to utilize this personal time of reflection as a time to cleanse your spirit from any weight and sin which does so easily beset (Hebrews 12:1). We do ask that you consider our ministerial staff by calling the listed Undershepherds and ministers directly.

<b>Name</b>	<b>Contact Number</b>
Eld Condrige Smith	330.898.3076
Elder Gary Flores	330.720.3534
Elder Delbert Brogdon	330.402.4434
Elder David Thompson	330.261.4057
Elder John Oliver	330.787.5496
Eld. Gary Brantley	330.502.0494
Eld. Eugene Barbour	330.743-4829
Evg. Sherri Brogdon	330.233.1437
Evg. Cheryl Foster	330.402.3313

# Personal Prayer Perspective

*“I am believing God for...”*

## **Personal Faith Goals**

*Spiritual Revival • Physical Healing • Prosperity and Abundance • Rich Generosity*

## **My Family**

*Restoration of Relationships • Household Salvation*

## **My Education/Career**

*Excellence • Promotion*

## **My Ministry**

*• Witness to colleagues and family • Operating in Spiritual Gifts*

# Devotions

*Solemn Assembly week*

*January 25 – January 31*

## **Day 15** - Releasing the power of the Supernatural

**Song for Meditation:** - Yahweh by All Nations Music

**Scripture for Meditation:** - Acts 3:6

### **Prayer:**

1. May we know and understand that God's power does not come from us it comes THROUGH us.
2. May we know and understand that the name of Jesus must be invoked for supernatural miracles to occur.
3. May we know and understand that the name of Jesus is the only name that gives authority to heal, deliver and to save.
4. May we daily participate with God and see the manifestations of many supernatural miracles, signs, and wonders.
5. May we be sensitive as God comes nigh to perform supernatural feats in the earth realm.



# **Day 16** - Receiving the benefits of the Supernatural

**Song for Meditation:** - I AM by Jason Nelson

**Scripture for meditation:** John 5:6

## **Prayer:**

1. Faith is required to receive the benefits of the supernatural. Ask God to increase your faith through the studying of the Scriptures and recalling the present-day miracles we've seen with our own eyes.
2. Help us not to limit God's help to our own ideas of how a supernatural healing will take place. God alone chooses how to grant a supernatural benefit in response to the faith of another on behalf of the person who is in need.
3. To receive the benefits of the supernatural let us rise above a "woe is me attitude" as this may result in others feeling sorry for us, but not in deliverance or healing.
4. Teach us how to embrace and to receive a Word spoken over us in faith without doubt or question.
5. Raise our expectations and cause us to daily see God's supernatural performances in our lives.

# Day 17 - Supernatural Peace

**Song for Meditation:** - My Hope by Jonathan Nelson

**Scripture for meditation:** Philippians 4:7

## Prayer:

1. May we think on those things that bring peace and God glory.  
*“Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report ... think on these things.”  
Philippians 4:8*
2. May we recognize that anxiety stems from a lack of faith and from a wrong focus on the things of this world instead of on the kingdom of God.
3. May *“the LORD bless you and keep you; the LORD make His face shine on you and be gracious to you; the LORD turn His face toward you and give you peace. – Numbers 6:24-26*
4. May we realize that supernatural peace is not a human achievement. It is a gift from above. Jesus said, *peace I leave with you; My peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. John 14:27* May we receive and possess it.
5. May we know that supernatural peace is not diminished even in turmoil. *The peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Philippians 4:7*

# Day 18 - Supernatural Joy

**Song for Meditation:** - The Blood still works by Malcolm Williams

**Scripture for meditation:** Isaiah 12:3

## Prayer:

1. Cause us to always know that Jesus is our joy. It is a supernatural joy insofar as it has a supernatural source. Though Jesus spoke of His joy being in us, it is still our joy once it is in us. He is its source and its power, but it is still our joy to possess.
2. Cause us to recall all God has done for us, our families, loved ones and others. This creates an overflow of immeasurable joy.
3. May we experience the saturation of the joy that we felt when we first received the gift of the Holy Ghost
4. Cause us to realize that the joy Jesus gives cannot be diminished by human circumstances. This joy is not based on human happiness nor is it just a short-lived feeling. Joy is a fruit of the Spirit, not a false emotion manufactured by pretending things are fine.  
*(Galatians 5:22–23)*

# Day 19 - Supernatural Healing

*Repeated actions in the right direction become good habits. Once you form the right habits, you create positive momentum. ~BCST*

**Song for Meditation:** - Say Yes by Bishop Norman Wagner

**Scripture for meditation:** James 5:16

**Prayer:**

1. May my faith produce supernatural healing in me. For the scripture declares, "For I will restore health unto thee, and I will heal thee of thy wounds,' saith the Lord!"
2. We call upon El Rapha - The Lord that healeth!
3. Lord, let the oil of your healing flow through me like a living stream. I choose to bathe in these clear waters each day. I will keep my eyes on you, and trust in you that I will fully recover. I give you all that I am, and rest in your peace.
4. Let there be multiple testimonies of the healing power of Jesus in the days to come. As we abide in Jesus and walk godly in Him, teach us to pray in the spirit believing, expecting supernatural healing. Cause us to witness many sudden healings and miracles.
5. *Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven*  
*James 5:14*

# Day 20 - Supernatural Favor

**Song for Meditation:** - Lift up Holy Hands by Bishop Norman Wagner

**Scripture for meditation:** Genesis 39:2

## Prayer:

1. The supernatural favor of God ensures supernatural success; while the favor of man is temporal, fleeting and based on ever changing human temperament.
2. The supernatural favor of God is a privilege, a special right, benefit, or advantage, will also give us access to the favor of man.
3. The supernatural favor of God on a believer can cause those around or attached to them to be blessed.
4. Walking in the favor of God does not mean that you will not have trouble or face challenges at one point or another in your life, What it means is that though facing all these things, you will clearly see God's hand in your life as you continue to believe and to put all your trust and faith in him.
5. Believe it! God wants to bless us. ... God's heart is to lavish us with His goodness. He delights in blessing us. As a loving Father whose pleasure is to shower His children with good things, God wants us to experience the fullness of His greatness. Psalm 90:17: Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands!
6. Begin to act like you have divine favor even if you don't know it at the time. Speak like It. Use positive words instead of negative words about God's favor. Speak like you walk in divine favor.
7. Proverbs 12:2: A good man obtains favor from the Lord, but a man of evil devices he condemns. God favors those who choose to **favor** Him! The one who chooses to **favor** the Lord, has also chosen to seek the Lord. This person has not only sought the Lord, but this person takes great delight in being in the Lord's presence.

# Day 21 - Supernatural Momentum

**Song for Meditation:** - The Best for Last by Bishop Norman Wagner

**Scripture for meditation:** Acts 2:46-47

## **Prayer:**

1. May we operate with magnitude and direction as we move forward.
2. May we stand strong in the face of opposition and swiftly respond to negative opposition with strength and the force of the Holy Ghost.
3. May we not be driven by every wind and doctrine, but be steadfast, unmovable, always abounding in the work of the Lord.
4. May we be a force to be reckoned with in the kingdom of darkness; shedding light in dark places and revealing righteousness.
5. May we allow the spirit of wisdom, knowledge, and understanding to produce in us a power and direction that will propel us to deeper depths and higher grounds.

# The Meal that Heals: The Holy Communion

By Sfg. Bishop C. Shawn Tyson, Pastor

*“The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ? <sup>17</sup> For we being many are one bread, and one body: for we are all partakers of that one bread.” (1 Corinthians 10: 16-17) “Ye cannot drink the cup of the Lord, and the cup of devils: ye cannot be partakers of the Lord's table, and of the table of devils.” (1 Corinthians 10:21)*

## I. WHAT IS THE COMMUNION?

The Bible uses several different terms to describe the Holy Communion. Each of these terms emphasizes a different aspect of the communion worship experience.

In addition to being referred to as communion, the worship experience we are preparing for is also referred to as the Lord's table and the Lord's supper.

First, we want to notice the term communion is used in the scriptures to refer to the *Intentional* act of worship specifically dedicated to the remembrance of Jesus.

The word *communion* from the Greek word *Koinonia*, meaning:

- Partnership
- Benefaction
- Participation
- Communication
- Fellowship
- Interaction
- Distribution

I think we can see from this definition of the word communication that, not only can I not have communion without Jesus, but I cannot have communion without YOU.

Communion was designed by God to always be done jointly with our brothers and sisters in Christ in the body of Christ. While the communion will bless each of us in different ways individually, this experience is a “let US exalt His name TOGETHER situation. *“And when the hour was come, he sat down, and the twelve apostles with him. <sup>15</sup> And he said unto them, with desire I have desired to eat this passover with you before I suffer:” (Luke 22: 14-15)*

## II. WHY WE PARTAKE OF THE COMMUNION

John 6:53-58- *“Then Jesus said unto them, verily, verily, I say unto you, except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you”*

- ❖ We partake of the communion to sustain vital spiritual life force
  - Vs. 54- *“Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day.”*
- ❖ We partake of the communion because it gives us eternal life; and infuses into our mortal bodies the power of the resurrection
  - Vs. 55 – *“For my flesh is meat indeed, and my blood is drink indeed.”*

- ❖ We partake of the body and the blood because it provides nourishment and refreshment for our soul.
  - Vs. 56- *“He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him”*
- ❖ We partake of the communion because it keeps us IN CHRIST, and CHRIST IN US. In fellowship. In harmony, in unity, in contact, in context, and in relationship.
  - Vs. 57- *“As the living Father hath sent me, and I live by the Father: so he that eateth me, even he shall live by me.”*
- ❖ We partake of the communion because it connects us to the source of our strength, and to the grace of God, through Jesus Christ himself.
  - Vs. 58- *“This is that bread which came down from heaven: not as your fathers did eat manna, and are dead: he that eateth of this bread shall live forever.”*
- ❖ We partake of the Lord’s supper because it guarantees us the promise of eternal life.

### III. THE PURPOSE OF THE COMMUNION

#### 1. A Memorial Service

*“And when he had given thanks, he brake it, and said, Take, eat: this is my body, which is broken for you: this do in remembrance of me” (1 Corinthians 11:24)*

Communion is a service of: Reflection

Appropriation

Appreciation

Celebration

#### 2. An Outward Showing of Christ's Death

*“For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till he come” (1 Corinthians 11:26)*

When we partake of the communion, we are showing to others what Christ’s death means to us. What does the manner that you partake of the communion show to the world, to your fellow Christians, and to Jesus who is in our midst, say about how you feel about Jesus and His death.

#### 3. An Inward Examination

*“But let a man examine himself, and so let him eat of that bread, and drink of that cup. <sup>29</sup> For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord's body.” (1 Corinthians 11:28-29)*

Each of us are to examine ourselves before we partake. We are to compare our lives to the standard of holiness revealed in the scriptures, see how we have done, repent and rededicate ourselves, then to partake of the communion. If partaken of with faith, repentance and gratitude, the congregation after the communion is made up of sinless, rededicated Christians.



**Summary:**

1. The scriptural terms for this aspect of worship is The Communion, The Lord's Table, and the Lord's Supper.
2. We partake of the Communion thoughtfully because to do so brings spiritual life.
3. We partake of the Lord's Supper in the way that the Lord instructed us because that is the command of God and because we do not want to improperly discern the Lord's body.
4. The unleavened bread is to Christians the common sharing of the body of Christ.
5. The Cup is to Christians the new Testament, that contract that we have with God.
6. The Fruit of the Vine is to us as Christians the blood of Christ.
7. When we partake properly, our sins are taken away and we are rededicated to God.
8. When we partake properly, we are reminded of what Jesus did for us.
9. When we partake properly, we are made members one of another and we are made one congregation.
10. When we partake properly, we are promised by God that we will grow stronger and not fall away.

# How to take Communion at home

## 1. Can you take communion at home? Answer: YES!

You can remember Jesus in this special way that He prescribed, in your own home. Taking communion (also called the Lord's Supper or the Eucharist) together with the church family is a great worship experience: Jesus was encouraging us to remember Him often, and He prescribed the Lord's Supper as one of the ways to do that.

## 2. How to receive the sacraments for Communion?

- a. Sacraments- Consecrated elements representing the body and blood of Jesus.
- b. On the days and times designated, please pull to the rear parking lot via Regent Street, and a Deacon will bring the Sacrament to you and a Minister will pray over the saints of God who are inside of the vehicle (they will pray over all occupants at one time).
- c. Please keep the sacraments secure until we take it together as a church family with Pastor Tyson's instructions during the Virtual Communion,

## 3. How do you take communion at home?

First and foremost, you have to examine your heart. Taking communion at home or anywhere else can result in grave consequences if your heart isn't right.

*1 Corinthians 11:26-31 KJV - [26] For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till he come. [27] Wherefore whosoever shall eat this bread, and drink this cup of the Lord, unworthily, shall be guilty of the body and blood of the Lord. [28] But let a man examine himself, and so let him eat of that bread, and drink of that cup. [29] For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord's body. [30] For this cause many are weak and sickly among you, and many sleep. [31] For if we would judge ourselves, we should not be judged.*

To prepare the saints to receive the Lords Supper, the Apostle Paul gives the saints these directives:

- To examine themselves before ever putting the bread and cup to their lips;
- To act soberly and with decorum, not coming together like a herd of hungry sheep, each vying to get to the bread first; and
- To be sure they had already eaten before they took the sacred elements, so they weren't doing so to satiate their hunger.

#### 4. How do you examine yourself before taking communion?

I recommend these general considerations:

- Stop and pray first.
- Ask the Lord to reveal there is any unrepented-of sin; any unconfessed sin.
  - If so, then repent of it and confess it right away.
- Ask the Lord to cover you with His blood and fill you anew and afresh with His Spirit.
- Focus your mind on Jesus.
- Remember the blood He poured out for us.
- Thank Him for dying for us.
- Thank Him for forgiving our sins.
- Recommit your life to Him all over again.
- Then, thanking Him for His sacrifice that saved us from death and gave us eternal life with Him,

**Sunday, January 31 @ 11:00 AM** - (Mt. Calvary Facebook page) Together we will:

- Focus on Jesus.
- Thank Him for His body, broken for you, and for His blood, shed for you.
- Make sure there is no unconfessed sin or un-repent-ed-of sin in your heart.

May the presence of God meet you in your partaking of the Lords supper.

Maranatha! Our Lord cometh!

Pastor C. Shawn Tyson