Choice works

Choice works is ideal for people who are looking for a healthy way to address their feelings or to help them with routines. This means that it's particularly suited to children or Autistic individuals, who may struggle to verbalize their emotions while placing importance on routines generally. There are four sections to the app: Schedule, Waiting, Feelings, and Feelings Scale. The "Waiting" section is ideal for those who struggle in social situations because it normalizes actions such as turn-taking and not interrupting conversations.

https://apps.apple.com/us/app/choiceworks/id486210964

Voice Dream Reader

This is a fantastic app that is constantly developing to provide the best experience for individuals who may have trouble with their sight or learning differences that make visual reading difficult for them. With synchronized highlighting of words in time with the text-to-speech aspect, means that those in the latter category can follow along more easily.

https://www.voicedream.com/reader/