

# SHAMANIC JOURNEY RETREAT

facilitated by Ayal and Hawk Hurst

Friday, October 12th - Sunday, October 14th, 2018  
at beautiful Homestead Retreat, near Asheville, NC

***“The place of Mystery is the greatest place for transformation!”***

During this special weekend we will use ancient shamanic techniques to explore the divine *mysteries* within ourselves and the exquisite *mysteries* of the Universe.

We will rely on these shamanic journey exercises to integrate personal healing, insights, wonder, and wisdom as we further our own evolution and the evolution of the planet.

## **Together we will:**

- \* Enact the sacred Medicine Wheel ceremony
- \* Connect to the magic and spirit of the land.
- \* Relax and play in mountain forests and waterfalls.
- \* Discover our Spirit Guides, Helpers, & Teachers
- \* Discover edible and medicinal plants
- \* Delight in an evening of storytelling and music.
- \* Enjoy delicious, healthy, organic meals.



Space is limited to 14 adults. Cost for the weekend, is \$180.00, and includes lodging. Participants will provide food to share for the potluck meals. 50%, non refundable deposit is due by Sep't. 25th.

Personal healing sessions will be available with Ayal, if desired. To learn more, check out her healing website at: [www.trans4mind.com/healing](http://www.trans4mind.com/healing)



To register, please go to: [www.HomesteadRetreatatHorseFork.com](http://www.HomesteadRetreatatHorseFork.com)