Dangerous Effects of Digital Technology on Kids

There is a pastor named Brad Huddleston (www.bradhuddleston.com) who travels to schools and churches to show parents the latest research on the damaging effects on children from watching any digital screens such as computers and t.v. From his website, order his DVD and book titled "Digital Cocaine". Some of the research that he has gathered and shares in his DVD and book shows:

Television and computers and tablets and smart phones have an addictive effect on children's brains, similar to cocaine.

Your children need you to enforce strict rules concerning t.v., smart phones, computer games, internet, movies…. **Using digital screens such as these cause depression and anxiety and physical and mental health problems in kids, and it causes behavior problems!**

Digital technology such as these has been shown to cause brain damage in kids. Do not let children under the age of 12 use digital screens, or at least very severely limit their time on them every week. And never let them play video games.

If you let your kids occasionally watch a screen, make sure the screen is NOT close to their face, and also make sure their head is not tilted down while they watch it.

These devices are rewiring kid's brains in a terrible way. Help your children by taking them away. Be sure to replace them with something fun, like board games, legos, reading with you, more playtime…… Your kids need to have a good replacement right away, and they need you to enforce this.

The younger they are, the worse it is because children's brains are not fully developed. Their brain gets quickly addicted and changed.

Watching t.v. and computer screens causes anger, temper tantrums, and attention and memory problems in kids. All symptoms are outward manifestations of horrible things going on in their brains caused by watching these digital screens. Share this information with other parents!

Watch Brad's DVD and read his book to find out a lot more information.