



Courtside  
Bistro

**LUNCH  
MENU**



**CHAMISAL**  
TENNIS AND FITNESS CLUB

# APPETIZERS



*Pan-Seared Ahi Tuna*

**CHIPS AND SALSA --- \$ 4**

**CALAMARI --- \$ 9**

Tender pieces of calamari steak fried to a golden brown. Served with our house chipotle aioli and tartar sauce.

**SAND DABS --- \$ 12**

Flaky sand dab filets lightly dredged in flour and grilled to perfection. Served with our house tartar sauce.

**CHICKEN NUGGETS --- \$ 7**

Free-range chicken tenderloins, lightly crusted in Panko breadcrumbs and fried to golden perfection. Served with ranch dressing.

**KOBE BEEF SLIDER --- \$ 4**

(Order 3 for \$10)

A handmade mini beef patty gently grilled and topped with lettuce, tomatoes, and onions.

**SAND DAB SLIDERS --- \$ 5**

(Order 3 for \$12)

Lightly grilled sand dab filet topped with lettuce, tomatoes, onions and finished with a touch of tartar sauce.

**PAN-SEARED AHI TUNA --- \$ 10**

A 4oz piece of Ahi Tuna, blackened and drizzled with sweet soy sauce reduction and wasabi aioli.

*Kobe Beef Sliders*



# FAJITAS

Freshly sauteed peppers and onions served with beans, salsa, fresh guacamole, and sour cream. Served with your choice of flour or corn tortillas.

CHICKEN..... \$ 12

STEAK..... \$ 14

# TRADITIONAL TACOS

A traditional corn tortilla, topped with your choice of meat and pico de gallo.

CHICKEN.... \$ 3.50 STEAK..... \$ 4.00 FISH..... \$ 4.00

3 TACO PLATTER ..... \$ 10

(tacos on the platter must be the same meat)

# QUESADILLAS

A flour tortilla filled to the edge with cheese, veggies and your choice of meat.

CHEESE..... \$ 8

VEGETARIAN..... \$ 11

CHICKEN..... \$ 12

STEAK..... \$ 15

# SIDE ORDERS

FRENCH FRIES..... \$5

SWEET POTATO FRIES..... \$7

ONION RINGS..... \$ 8

# SOUP DU JOUR

CUP..... \$ 4

BOWL..... \$ 6

# SWEET THINGS & MISC.

COOKIES & PASTRIES..... \$ 2.00 FRESH FRUIT..... \$ 1.00

BAG O' CHIPS..... \$ 1.50

# SALADS

Each salad comes tossed with your choice of:

Balsamic vinaigrette, Ranch, Blue Cheese or Caesar

Add chicken: \$ 4.00 Add steak: \$ 7.00 Add fish: \$ 7.00 Add shrimp: \$ 7.00

## CAPRESE SALAD --- \$ 10

Freshly sliced mozzarella, seasonal tomatoes, fresh basil, and pickled onions drizzled with balsamic reduction.

## MARIANNE'S SALAD --- \$ 12

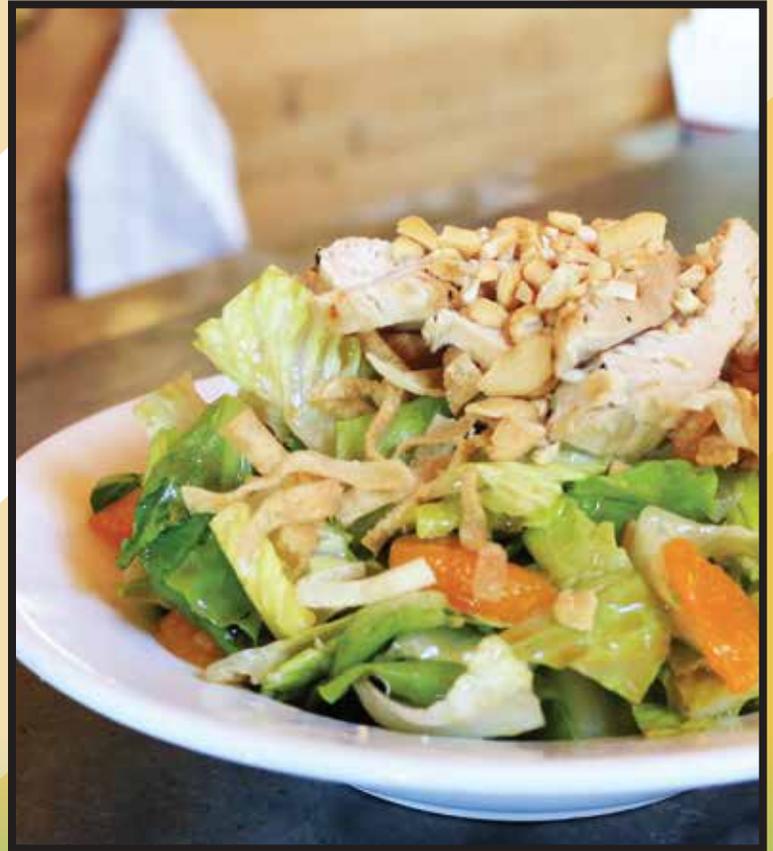
Crisp romaine lettuce, carrots, onions, and sweet peppers lightly tossed with our house balsamic vinaigrette and crowned with freshly grilled Sand Dabs.

## ROASTED BEET SALAD --- \$ 11

Chopped, roasted beets over fresh greens mixed with our house made balsamic vinaigrette dressing, topped with feta cheese.

## "THE WEDGE" --- \$ 9

A crisp wedge of iceberg lettuce, covered in diced tomatoes and house made blue cheese dressing.



*Chinese Chicken Salad*



*Cobb Salad*

## MIXED GREENS SALAD

SMALL --- \$ 8  
LARGE --- \$ 10

A refreshing assortment of baby greens, carrots, tomatoes, red onions lightly tossed with our house balsamic vinaigrette.

## CAESAR SALAD

SMALL --- \$ 8  
LARGE --- \$ 13

Crisp romaine lettuce tossed with our house Caesar dressing and generously sprinkled with croutons and asiago cheese.

## COBB SALAD

SMALL --- \$ 11  
LARGE --- \$ 15

Roasted chicken, blue cheese, bacon, tomatoes, avocado, and a hard-boiled egg all over baby greens and tossed with our house balsamic vinaigrette.

## CHINESE CHICKEN SALAD

SMALL --- \$ 11  
LARGE --- \$ 16

Juicy grilled chicken breast atop a bed of fresh romaine, cashews, fried wonton strips, and sweet mandarin oranges, all tossed with our house sesame dressing.

# BURGERS & SANDWICHES

Each selection comes with your choice of:

French Fries, Mixed Greens Salad, Caesar Salad, Fruit ( + \$1.00 )

Sweet Potato Fries ( + 1.50 ), or Onion Rings ( + \$2.00 )



*Classic BLT*

## **TURKEY BURGER --- \$ 10**

A hand crafted turkey patty grilled on an open flame and served on a toasted ciabatta roll with lettuce, tomato and onions. Add cheese + 1.00

## **VEGGIE BURGER --- \$ 10**

A delicious vegetarian patty served on a toasted ciabatta roll with lettuce, tomato and onions.

Add cheese and avocado + 2.00

## **CALAMARI STEAK --- \$ 12**

Fresh calamari steak lightly breaded and quickly fried to golden brown. Served on a soft French roll with lettuce, tomato, onions and served with our house chipotle aioli and tartar sauce on the side.

## **SAND DAB SANDWICH --- \$ 11**

Fresh pacific San Dab filets lightly dredged in flour and grilled until perfect. Served on soft French roll with lettuce, tomato, onions and our house tartar sauce on the side.

## **CLASSIC BLT --- \$ 9**

Thick cut bacon, lettuce, and tomatoes on toasted whole wheat or ciabatta. Add cheese + 1.00

## **PHILLY CHEESESTEAK --- \$ 12**

Tender rib-eye steak sliced thin and grilled with sweet peppers and onions, placed on a soft French roll and topped with provolone cheese.

## **GRILLED CHICKEN BREAST --- \$ 12**

Free range chicken breast grilled on an open flame, smothered with melted jack cheese and served on a soft French roll.

## **COURTSIDE BURGER --- \$ 10**

A fresh, hand-made burger patty cooked to your perfection. Served on a toasted ciabatta roll with lettuce, tomato and onion. Add cheese + 1.00

## **BACON CHEDDAR BURGER --- \$ 12**

Our classic Courtside Burger kicked up with thick cut bacon and melted white cheddar cheese.

## **TURKEY MELT --- \$ 12**

Sliced turkey on a toasted french roll bread, covered in melted Monterey jack cheese and sliced avocado.

*Bacon Cheddar Burger*





# LIBATIONS

## DRAFT BEER

PINT \$ 5.50 / PITCHER \$ 15.00

Carmel Valley Pale Ale	Firestone DBA	Kona Longboard Lager
Red Hook Long Hammer IPA	Heineken	Firestone 805
Stella Artois		Gordon Biersch Marzen

## BOTTLE BEER

ALL BOTTLE BEERS \$ 5.50

Bud Light	Negra Modelo	Corona
Guinness	Modelo Especial	Corona Light
Blue Moon	Lagunitas IPA	Beck's (Non-Alc)
	Sierra Nevada Pale Ale	

## SOFT DRINKS, ETC.

Fresh Cup of Coffee \$ 1.50	Coca Cola \$ 1.50	Gatorade \$ 2.75
Hot Tea \$ 1.50	Diet Coke \$ 1.50	Pellegrino .5 Ltr \$ 3.75
Iced Tea \$ 1.50	Coke Zero \$ 1.50	Pellegrino 1.5 Ltr \$ 5.50
Fresh Fruit Smoothie \$ 4.50	Diet Pepsi \$ 1.50	Apple Juice \$ 2.50
Bottle Water \$ 1.25	7-Up \$ 1.50	Orange Juice \$ 2.50
Hot Chocolate \$ 2.50	Dr. Pepper \$ 1.50	Cranberry Juice \$ 2.75
Chocolate Milk \$ 2.50		Lemonade \$ 2.00