



# Love the water and learn to swim with an ASA Swim School

Trusted and effective  
children's swimming lessons



## Join in with our love of swimming

Learning to swim is not only a great way for your child to meet new friends and take part in fun activities; it's also the only sport that can save their life.

We provide trusted and effective swimming lessons delivered by fully ASA qualified, friendly and professional teachers in a happy and relaxed atmosphere.

Everyone at our swim school is passionate about swimming and we would love to pass our enthusiasm and knowledge on to you and your family.

## Trust the experts in swimming instruction

We are in partnership with the ASA, the national governing body for swimming, as an ASA Swim School Member. This means that all of our teachers are ASA qualified and have passed the necessary child protection checks.

Your child will receive the best possible instruction from our accredited teachers, based on the swimming expertise of the ASA. Our lessons follow the ASA Learn to Swim Framework, which is part of the British Gas ASA Learn to Swim Pathway. It is one of the most successful sports programmes of its kind and is used to teach children to swim in thousands of swimming pools across the country.

This all contributes to your peace of mind as a parent, knowing your child is getting the very highest quality teaching, in a fun and safe learning environment.

## Lesson Structure

The ASA Learn to Swim Framework takes your child on a journey from their first splash through to developing confidence and competence in the water.

### ASA Foundation

This is the starting point for babies, toddlers and young non swimmers. These pre-school lessons are all about having fun in the water, building water confidence, playing games and making friends.

### ASA Learn to Swim

Seven stages that provide swimmers of school age with the basic aquatic skills, building confidence and competence in the water whilst having loads of fun along the way!

Of course the fun doesn't stop once your child has learnt to swim – by progressing through all the stages they will have developed a quality stroke technique and will have developed the core range of skills required to be confident, competent and safe in the water.

## Rewards for success

Every child loves to be rewarded. Kids that are learning to swim at our school will always be recognised for their achievements as they progress. After successfully completing each milestone, your child will receive an attractive badge and certificate from the Kellogg's ASA Awards scheme.

This is the most successful award scheme in British sport, so make sure your child displays their badges and certificates with pride!

**Contact us** for details of our lesson times, venues and booking procedure.

We look forward to welcoming you and your family to our friendly, professional swim school in the very near future.

