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Lose unwanted hair this summer with sugaring from White Lotus

By Olivia Sellers



One of the oldest forms of hair removal is now one of the newest methods available in Northwest Arkansas.

The ancient Egyptian art of sugaring uses a ball of melted sugar instead of wax to remove hair. The procedure is available at White Lotus Salon and Massage from licensed aesthetician Alicia Courtney.

Courtney said sugaring is the most gentle and effective type of hair removal available. She has been using the process for a little more than a year and said it has many advantages over other methods of hair removal.

"It's pure and natural, not hot, does not stick to the skin, and it's less traumatic to the skin," she said.

In addition to being able to extract shorter hairs than waxing, it's also more sanitary.

"It is incredibly more sanitary than waxing because I never have to get back in the pot," Courtney said. "I get one piece of sugar out and use that for the entire process."

Instead of wax, sugaring uses a syrup mixture of sugar, lemon juice and water. It's water soluble, so any portion applied to an area where hair removal is not wanted, it can be cleaned off without removing the hair. That's not possible with wax, Courtney said.

Sugaring is easier on the skin because, unlike wax, it does not remove live skin cells, which can lead to permanent hair reduction. Also, sugaring removes only the hair and dead skin cells, so it doesn't leave the skin at risk of infection. The process can be done every 4-6 weeks.

Through August, a regular bikini and underarm sugaring is \$60, a savings of \$25.

More information is available from Courtney at (479) 582-4806.

White Lotus Salon and Massage is located at 4750 E. Mission Blvd., about two miles east of Arkansas 265.