



Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069
 Hours 9:00am to 4:00pm

COME JOIN US!!!
 Lunch Served Daily
 Monday Thru Friday
 11:30am TO 12:30Pm



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AUGUST 2019

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304</p>				<p>1 Boon Dock Band @10am-12pm Craft & Coloring @1-2:30pm</p>	<p>2 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm</p>	3
4	<p>5 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm</p>	<p>6 Cards @12:30pm Crochet & Knitting @2-4pm</p>	<p>7 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm</p>	<p>8 Boon Dock Band @10am-12pm Craft & Coloring @1-2:30pm</p>	<p>9 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm Bake Sale @11am Legal Workshop/by appt only</p>	<p>10</p>  <p>shutterstock - 244078135</p>
<p>11</p>  <p>shutterstock_143844623</p>	<p>12 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm</p>	<p>13 Cards @12:30pm Crochet & Knitting @2-4pm</p>	<p>14 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm Bingo @1-3pm</p>	<p>15 Foster Grandparents @11am Craft & Coloring @1-2:30pm</p>	<p>16 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm</p>	17
18	<p>19 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm</p>	<p>20 Cards @12:30pm Crochet & Knitting @2-4pm</p>	<p>21 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm</p>	<p>22 Boon Dock Band @10am-12pm Craft & Coloring @1-2:30pm</p>	<p>23 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm</p>	<p>24 Energy and Weatherization Program at DNSC 464-9013</p>
<p>25 Senior Information 464-3069</p>	<p>26 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm</p>	<p>27 Cards @ 12:30pm Crochet & Knitting @2-4pm RHS Senior Boxes @1-3pm</p>	<p>28 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm Caregiver Support Group @ 11am-1pm</p>	<p>29 Boon Dock Band @10am-12pm Craft & Coloring @1-2:30pm</p>	<p>30 Young & Healthy @8:30am Chair Exercises @10-11am Cards @12:30 pm</p>	<p>31 HICAP AT DNSC 464-7876</p>