

Enneagram Instinctual Subtypes Chart

<i>Instinct</i>	Self-Preserving <i>Myself</i>	Social <i>All of Us</i>	Sexual <i>You and Me</i>
<i>Drive</i>	The search for Survival	The search for Community	The search for Intimacy
<i>Focus</i>	Self My World	Group Our Greater World	The Beloved Our Intimate World
<i>Desire</i>	Desire for Security Well being Food • Comfort • Safety Protection • Conservation	Desire for Group Social Acceptance People • Recognition Popularity • Honor • Status	Desire for Mate Pair Bonding Affinity • Closeness • Wholeness The other half • The beloved
<i>Fear</i>	Fear of Not Surviving Suspense • Poverty Illness • Endangerment Loss • Annihilation	Fear of Not Belonging Loneliness • Low ranking Inferiority • Failure • Outcast Alienation • Isolation	Fear of Undesirability Unworthiness • Letting go Brokenness • Incompleteness Disconnection • Invalidation
<i>Issue</i>	Living Issues To be or not to be How to be	Relating Issues To relate or not to relate How to relate	Intimacy Issues To be intimate or not to be intimate How to be intimate
<i>Preoccupation</i>	Coping Anxiety • Mortality • Health • Diets Obesity • Vigilance • Safety • Ease Finances • Nourishment • Time Essentials • Sensuality • Possessions	Prestige Fellowship • Events • Cooperation Admiration • Pecking Order • Clubs High Ranking • Superiority • Glory Causes • Companionship • Fame	Connection Intrigue • Encounters • Rivalry Attractiveness • Impulse • Passion The Best Friend • Revealing Self Eye Contact • Union • Glamour
<i>Strategy</i>	Caution or Self-destruction Aggressive-Defensive Logistics • Health Fanatic Constriction • Accumulating Conservation • Hoarding • Paranoia	Sociability or unsociability Approval-Shame Philanthropy • Misanthropy Rigidity • Companionship Friendliness • Enmity • Achievement	Abstinence or promiscuity Power-Submission Responsiveness • Creativity Imagination • Searching • Curiosity Gender Roles • Possessiveness
<i>Energy</i>	Conserved energy Grounded Somber • Heavy • Serious Stable • Consistent • Solid	Split energy Cursory Personable • Superficial • Cooperative Superficial • Inconsistent • Rigid	High energy Intense Playful • Light • Penetrating One on One • Passionate • Lyrical
<i>Theme Statements</i>	How am I? I am my body Am I secure? I am invincible I sacrifice for myself I must make it on my own	Who am I? I am my group Am I popular? I am considerate I sacrifice for the group We can make it if we all cooperate	What am I? I am my relationship Am I attractive? I am powerful I sacrifice for the relationship You and Me against the world
	1 Anxiety, worry, expectation	1 Rigid, non adaptable, righteous	1 ● Zeal, jealousy, rivalry, heat
	2 ● Entitlement, me first, privilege	2 Ambition, aspirations, devotee	2 Seduction, aggression, assault
	3 ● Security, accumulating, scarcity	3 Prestige, achievement, accolades	3 Masculine or feminine role, ideal
<i>Enneagram Point</i>	4 ● Dauntless, tenacious, contained	4 Shame, honor, rejected elitist	4 Competition, hatred, idolatry
<i>Concerns</i>	5 My home, my castle, hideout	5 Totem, identity, secret societies	5 ● Confidence, trust, supreme love
	6 Warmth, affection or rejection	6 Dutiful, fellowship, social enforcer	6 ● Strength & beauty, provocative
	7 Chosen family or group security	7 ● Sacrifice for group, martyr	7 Fascination, suggestibility, charmer
	8 Satisfactory survival, territory	8 ● Comradeship, friends & foes	8 Possession, surrender, devotion
	9 Appetites, insatiable, collector	9 ● Peripheral participation, anchor	9 Union, merging, oneness, symbiosis