

Christian Service Coordinators Association Winter Topic



Wednesday, February 21, 2018

Sacred Heart Major Seminary

2701 Chicago Blvd., Detroit, MI 48206

Anxiety and depression: What to know, how to help

EXPLORATION OF:

- How the brain influences mood and behavior
- Signs and symptoms of anxiety and depression
- What friends and family members can do to help
- When to seek professional services
- An overview of what treatment may look like

TIME:

9:30 am – Check-in (light refreshment provided)

10:00 am – Program

12:15 pm – Adjourn

RSUP by February 16



PRESENTER:

Kirsti Reeve, LPC

Clinical Supervisor

Catholic Charities of Southeast Michigan

ADDITIONAL INFORMATION: 586-416-2300 ext. 4032 or hyttinenj@ccsem.org

Register online at <https://christianservice2018.eventbrite.com>

or cut along dashed line and mail this

REGISTRATION FORM

to:

Theresa Mifsud
Archdiocese of Detroit
Parish Life and Services
12 State Street
Detroit, MI 48226-1823

Make check payable to:
Archdiocese of Detroit



COST:

- ☐ No charge for Christian Service Coordinators Association Members
- ☐ Non-Members: \$5.00 per person
- ☐ Yes, I want a lunch ticket, \$7.00 per person

PLEASE PRINT:

Name: _____

Phone: _____

Email: _____

Parish/City: _____