All our meals are cooked to order with fresh ingredients.

Please understand that we are not a fast food restaurant. It takes a little more time to prepare our meals in the authentic and cultural ways of France. Merci.

# BREAKFAST

Served Daily 8am-11am & Sunday 8am-noon

### LITTLE TEMPTATIONS TO START HOME MADE, BEST IN THE VALLEY

ANY CROISSANT regular | chocolate | almond | cinnamon or raisin snails & more \$3.95-\$8.95 FITNESS BREAKFAST SERVED WITH A SIDE OF TOMATO SLICES & FRESH FRUIT

EGG WHITE OMELETTE #1 EGG WHITE OMELETTE #2

EGG WHITE OMELETTE #3

DIETERS BREAKFAST

\$14.95 YOGURT

GRANOLA FRESH FRUIT PLATE w/berries & mixed fruit w/yogurt & berries

OATMEAL w/fresh fruit or toasted bread

PANCAKES OR FRENCH TOAST OR CRÈPES \$13.95 W/SIDE OF FRESH FRUIT \$18.95



### FULL BREAKFAST W/SIDE POTATOES PROVENÇALES OR FRESH FRUIT

croissan i sandwich (no side) \$13.95	(WITH SIDE)	\$18.95
<b>VEGGIE CROISSANT</b> with creamy spinach & cheese OR mushroom & cheese		\$18.95
BISCUIT & GRAVY (NO SIDE) with sausage or bacon		
CREPE FLORENTINE with creamed spinach		\$16.95
CORN BEEF HASH (HOME MADE) with eggs your way		\$17.95
CREPE MAISON with ham, swiss cheese and a fried egg		
<b>OMELETTE BASQUAISE</b> with bell pepper, ham, onion, garlic, tomato, swiss cheese		
QUICHE (HOME MADE) spinach or ham - with salad or potato		<b>\$</b> 16.95
RATATOUILLE OMELETTE (CHEF MIREYA'S RECOMMENDATION) mixed vegetables with goat		
<b>SEAFOOD OMELETTE</b> scallop & shrimp mixed in a light creamy sauce		
STEAK & EGGS 2 eggs your way with Black Angus striploin		\$25.95
MONTE CRISTO SIGNATURE SANDWICH sweet and sour French toast		4
with ham & turkey, touch of mornay sauce and melted swiss cheese		\$20.95

### EGGS BENEDICT YOUR WAY W/SIDE POTATOES PROVENCALES OR FRESH FRUIT \$18.95

ON A CREPE OR ENGLISH MUFFIN 2 eggs poached (or your way) with Hollandaise Sauce + Canadian Bacon OR Spinach OR ADD \$3 WITH SALMON

**OMELETTES YOUR WAY** W/SIDE POTATOES PROVENÇALES OR FRESH FRUIT \$18.95

OR EGGS YOUR WAY

w/side potatoes provençales or fresh fruit \$17.95

BEVERAGES

\$3.95-\$12.95 COFFEE | FRENCH TEA | ESPRESSO LATTE | CAPPUCCINO | MOCHA HOMEMADE HOT COCOA "THE FRENCH WAY" ANY SODA | PERRIER | FRUIT JUICE APPLE CIDER | CHAMPAGNE

MIMOSA | BEERS



**ESH 1/2 BAGUETTE** 

with genuine Café au Lait, original French butter & homemade jam

HOMEMADE HOT CHOCOLATE "THE FRENCH WAY" genuine chocolate \$6.95 child \$4.95 hot or cold

## SIDE ORDERS

MINI FRENCH BAGUETTE	.\$3.00
TOASTED BREAD	.\$2.50
wheat or white or sour wheat	
2 EGGS YOUR WAY	.\$5.00
BACON-SAUSAGE-HAM	.\$5.00
POTATO	.\$5.00
FRUIT	.\$5.00
FRENCH JELLY OR BUTTER	
WHIPPED CREAM OR HONEY	
NUTELLA OR CARAMEL	
SPINACH OR MUSHROOM	
SALMON	\$6.00
AVOCADO	1
AVOORDO	ψυ.υι

**PLEASE NOTE:** WE USE ONLY HORMONE & ANTIBIOTIC FREE BEEF & CHICKEN

do SPLIT ORDER ADD \$5 SIDE OF FRENCH FRIES OR SWEET POTATO FRIES

\$5-\$6 ANY ADD LITEM \$3-\$5

**WE ALSO SERVE FINE FRENCH WINES** 

BY THE GLASS HOUSE \$6.95 | OTHERS \$8.95 OR BY THE BOTTLE **ASK YOUR SERVER** ROSE | WHITE | RED

PARTY OF 6 OR MORE

ADD 20% GRATUITY

# LUNCH MENU

Served Daily 11am - 4:30pm & Sunday 11:30am - 4:30pm

LES APPETIZERS SELECT ONE

LES SOUPES

FRENCH MINI BAGUETTE W/BRIE & HAM OR PATÉ
 HOUSE SALAD

GRILLED TOMATO & GOAT CHEESE W/WALNUTS
 RATATOUILLE VEGETABLES

CROQUE MADEMOISELLE (HAM-SWISS CHEESE)
 SEARED SALMON GARLIC SAUCE

SOUPE GRATINÉE A L'ONION | SOUPE DU JOUR ASK YOUR SERVER

OMELETTES WITH FRENCH OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES ....... \$19.95

YOUR WAY with any 3 items add \$3 for any add'l item - \$4 for chicken breast, smoked salmon, or shrimp

CRÈPE MAISON Crepe filled with Ham & Swiss Cheese topped with Fried Egg......\$17.95

SPINACH & MUSHROOM Creamed Spinach & Mushroom with Mornay Sauce .....\$18.95 CHICKEN & MUSHROOM in Creamed Sauce with Mornay Sauce .....\$18.95 

STRAWBERRY OR BANANA + NUTELLA Whip Cream OR Yogurt - No Side ...... \$16.95

STRAWBERRY + BANANA + NUTELLA Whip Cream OR Yogurt - No Side ......\$19.95

MIXED FRUIT CRÈPE ......\$18.95

LES QUICHES WITH FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES. . . \$17.95

LES CREPES WITH FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES

### **IFS SALADES**

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BLT Bacon, Lettuce, Tomato, Mayo on Toasted Buttermilk or Wheat Bread \$16.95 w/Avocado . \$18.95

CORDON BLEU Chicken Breast, Ham, Tomato, Mornay Sauce, melted Cheese . . . . . . . . \$19.95

CROQUE MADAME - 1 FRIED EGG ON TOP Grilled Ham & Melted Swiss Cheese, Mornay Sauce \$19.95 CROQUE CROISSANT Grilled Ham, Swiss Cheese, Mornay Sauce Melted on a Croissant. . \$19.95

CROISSANT SANDWICH Ham. Turkey, Tuna, Roast Beef or Bacon, Lettuce, Tomato, Swiss, Mayo \$19.95

ROASTED DUCK MAGRET Cranberry - Apple Relish Sauce, Goat Cheese, Tomato, Lettuce \$22.95

Tomato, Tuna Albacore, Anchovy, Hard Boiled Egg, Lettuce, w/Olive Oil Dressing . . .

PHILLY SANDWICH Homemade Roasted Beef, Swiss Cheese, Pepper, Onion . . . . . . . . . . \$19.95

STEAK SANDWICH (HORMONE-FREE) Grilled Tomato, Onion, Lettuce & Balsamic Reduction . . . \$23.95

\$18.95

\$19.95

\$17.95

\$18.95

\$17.95

\$22.95

CROQUE MONSIEUR Grilled Ham & Melted Swiss Cheese, Mornay Sauce . . . . . . . . .

FRENCH CLUB Turkey, Ham, Bacon, Swiss Cheese, Lettuce, Tomato, Mayo . . . . . . . .

FRENCH DIP SANDWICH Beef Slices Roasted, Melted Swiss Cheese, Baquette au Jus . . .

HAM, TUNA, TURKEY OR ROAST BEEF Lettuce, Tomato, Swiss Cheese & Mayo . . .

HONEY DIJON CHICKEN Dijon Sauce, Lettuce, Tomato, & Swiss Cheese . . . . . . .

NICOISE ON A BAGUETTE OR SOFT BREAD NO SIDE

SMOKED SALMON CROISSANT SANDWICH

LUNCH SPECIALITES \$29.95

FILET OF SOLE Lemon & Wine Sauce, French Fries OR Salad CHICKEN OR SOLE PICCATA w/Garlic, Lemon, White Wine, Capers Sauce, French Fries OR Salad

FRENCH PATE & CHEESE PLATTER with Toasted French Baguette Slices MOULES MARINIERE • MUSSELS

Cream, Shallot & White Wine Sauce, French Fries

STEAK POMMES FRITES Grilled Black Angus Striploin, French Fries OR Salad

## LORRAINE HAM I AUX EPINARDS SPINACH

CUP \$7.95 BOWL \$10.95

### LUNCH SPECIAL \$21.95 CUP OF SOUP + SALAD OR FRIES + 1/2 SANDWICH TUNA I ROAST BEEF I HAM I TURKEY

## LES HAMBURGERS WITH FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES

FRENCH CORNER Beef Patty, Swiss Cheese, Onion, Tomato, Lettuce & Mayo	\$18.95
SEARED AHI TUNA Grilled Eggplant, Lettuce, Tomato, Sesame Seeds, Aioli Garlic Sauce	\$18.95
BRIE BACON Beef Patty, Brie Cheese, Bacon, Onion, Tomato, Lettuce & Mayo	\$21.95
TURKEY	
TURKEY & BRIE Sun-dried Tomato, Lettuce, Onion, & Cranberry-Apple Relish Sauce	
REGULAR VEGGIE Premium Veggie Burger	
Sun-dried Tomato, Onion, Lettuce, Avocado, & Cranberry-Apple Relish Sauce	•
VEGGIE NATIVE SPECIAL Premium Veggie Burger	\$21.95
Sun-dried Tomato, Onion, Goat Cheese, Mushroom, Spinach, & Cranberry-Apple Relish	•



BABY BURGER w/Cheese, Lettuce, Tomato, French Fries

■ MENUS BY ABC DESIGNS 760-413-3440 • SPRING2023

# LES DESSERTS

Try our delightful individual Pastry Collection 100% natural, homemade with low sugar content from \$3.00 French Macarons, \$3.50 Petits Fours to \$9.50 for Éclair, Berries Tart, Creme Brulée, Lemon Meringue, Chocolate, Caramel, Hazelnut, & Chocolate Mousses, etc...