



More Than Sports League: COVID-19 Guidelines

Adult recreational sports may operate in Texas. Spectators should maintain at least 6 feet social distancing from individuals not within the spectator's group. The following are the minimum recommended health protocols for all adult recreational sports in Texas.

- Screen the participant before attending the adult recreation event or practice for any of the following new or worsening signs or symptoms of possible COVID-19: Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit
- Consistent with the actions taken by many employers across the state, consider having all members wear cloth face coverings (over the nose and mouth).
- Members should please practice Social Distancing at all times if possible.
- Isolate participants exhibiting new or worsening signs or symptoms of possible COVID-19 and contact the local health department.
- Health protocols for spectators: Individuals should avoid being in a group larger than 10 individuals. Within these groups, individuals should, to the extent possible, minimize in-person contact with others not in the individual's household. Minimizing in-person contact includes maintaining 6 feet of separation from individuals. When maintaining 6 feet of separation is not feasible, other methods should be utilized to slow the spread of COVID-19, such as wearing a face covering or mask, washing or sanitizing hand frequently, and avoiding sharing common objects.
- Consistent with the actions taken by many individuals across the state, all spectators should consider wearing cloth face coverings (over the nose and mouth). If available, spectators should consider wearing non-medical grade face masks.
- Health protocols for grounds and facilities: Implement increased sanitization protocols for common surfaces, recreational equipment, and facilities.
- We will have hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available for our members. We encourage all Team Captain's to also provide and have hand sanitizer available for their own team.

Note: As a precaution, we will check the temperature of all members who enter the field with a Non-Contact Infrared thermometer. Any member who measures a temperature of 100.0 degrees Fahrenheit or higher will be asked to stay away from field and members, in addition to being asked to get tested for the Coronavirus before returning to play.

Your safety and health is very important to us! Thank you for your patience and understanding...