



2020 March & April



187 S. Spring St. Logan, OH 43138 740-385-6581 FAX: 740-385-3548

www.scenicillsseniorcenter.com

A non-profit serving the 50+ in Hocking County

Volume 44 #1

Celebrating a Life

We invite you for a time of remembrance.

Memorial Service

Honoring Members and Friends

Tuesday, March 10, 2020 @ 10:00 am

Held at the Scenic Hills Senior Center

Please join us for refreshments and treasured stories and memories following the service. If you would like someone honored please call 740-385-6581 by: March 5th



Tuesday, March 10 Activities will be closed until noon During Memorial Service.

**St. Pat's Pizza
Party 3/19**

**Health Talks
3/26 & 4/23**

**Book & Gift
Sale 4/9**

INFORMATION INSIDE NEWSLETTER

WHAT'S INSIDE	Page
Calendar	pg. 2
Daily Activity Calendar.....	pg. 3
Upcoming Events.....	pg. 4
Health & Wellness	pg.6,7,13

Senior Day Luncheon	pg. 9
Local Trips	Pg. 10
Birthdays/Memorials	pg.11
Tour Trips 2020	pg. 12
Events in May.....	pg. 14



Weekly Activities






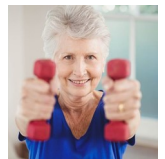
MARCH 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	10AM CHAIR YOGA 11:30 DTD CLASS 1PM LINE DANCE	9AM CHAIR VOLLEYBALL 12PM FREE BINGO 12:45PM CHAIR VOLLEYBALL 1:00 CLUB EUCHRE	10AM FELLOWSHIP GROUP 11:30AM CHORUS PRACTICE 12:45 GOOD GRIEF 1PM TAI CHI	9:30 AM CHAIR VOLLEYBALL 12P FREE BINGO 12:30 CHAIR VOLLEYBALL 3:30 -5:30 LINE	9AM STRETCH & BALANCE 2ND & 4TH WEEK 9AM PINOCHE 10AM BILLIARDS 10:00 FITNESS CIRCUIT	
1	2	3	4	5 Doors open @ 9:30 am.	6	7
8 Spring-up	9 Pool Tournament @ 9:00 a.m.	10 Memorial Service	11	12	13	14
15	16	17 Polling Place Closed to Activities 	18	19 St. Patrick's Luncheon	20	21
22	23	24	25	26 Health Talk	27	28
29	30 MOB Class	31				

APRIL 2020


Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 MOB Class	2 Door's open @ 9:30	3	4
5	6 No Chair Yoga DTD @ 11:00	7	8 MOB Class	9 Book & Gift Sale	10 Senior Expo @ St. John's Church 9-1	11
12 Easter	13 MOB Class	14	15 MOB Class	16	17	18
19	20 MOB Class	21	22 MOB Class	23 Health Talk	24	25
26	27	28	29	30		

CALENDAR OF DAILY ACTIVITIES

WEEKLY  DAILY ACTIVITIES—OFFICE HOURS: MONDAY THRU FRIDAY 8:00 AM—4:00 PM EXERCISE AND BILLIARD ROOMS ARE AVAILABLE DAILY.	
MONDAYS: *10:00 11:30 1:00	<i>Chair Yoga-Now every Monday w/ Danielle Arnette</i> Delay The Disease Class w/ Danielle Arnette Line Dancing (Beginners Welcome) <i>Note: April 6—No exercise Class AND DTD Meets @ 11a.m. w/Karen</i> 
TUESDAYS: 9:30 10:45-11:30 12:00 12:45	MARCH 17—POLLING PLACE—BUILDING CLOSED TO ACTIVITIES Chair Volleyball <i>Free Blood Pressure 3rd Tuesday</i> Free Bingo Chair Volleyball 
WEDNESDAYS: 10:00 11:30 10:15—11:30 1:00	Fellowship/Devotional Group with Karen Kornmiller Senior Chorus Practice All are Welcome <i>Free Blood Pressure Last Wednesday of Month</i> Tai Chi w/ Terri Vaccari 
THURSDAYS: 9:00—10:30 10:30—11:30 12:00 12:00 3:30-5:30	NOTE: First Thursday of the Month—Center Opens at 9:30! Chair Volleyball <i>*Free Blood Pressure (2nd, 3rd & 4th Thursdays)</i> Free Bingo Chair Volleyball Line Dancing w/ Kathy Thatcher 
FRIDAYS: 9:00 10:00 11:30 12:00	<i>Strength & Balance Class 2nd & 4th Fridays w/ Brandy Stamper</i> Fitness Circuit Class w/ Danielle Arnett Delay The Disease Class w/ Danielle Arnett Progressive Euchre 

EXERCISE ROOM OPEN DAILY (MUST HAVE A DRS SLIP) Pick up Dr. slips in office.





Hocking County

The Gateway to Ohio's Scenic Wonderland

Gary Waugh
 County Commissioner

1 East Main St.
 Logan OH 43138
 740.385.5195

Email: commissioners@co.hocking.oh.us

UPCOMING EVENTS



**SCENIC HILLS SENIOR CENTER IS CLOSED FOR ACTIVITIES
ON TUESDAY, MARCH 17 FOR VOTING.**



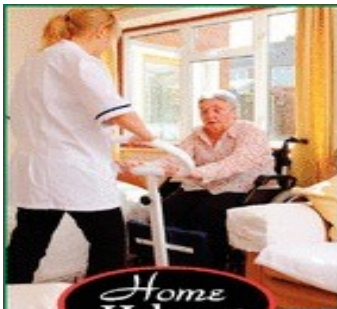
**Don't Miss
The Party!**

Thursday, March 19 @ 11:00 am

St. Patrick's Day Pizza Party Followed by Bingo!



Senior Center will providing Salad Fixins' and Dessert.
Donations for pizza can be made in office, Suggested \$2.50 per person



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MARK GRAY, ADMISSIONS DIRECTOR

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Great Book & Gift SALE



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Thursday, April 9, (9 a.m.—2 p.m.)

Invite your Friends & Neighbors!

Sponsored by the Scenic Hills Senior Center

Scenes from 2020 Girls Night In



Laura Kennedy
Community Education
Coordinator

Scenic Hills Senior Center would like to thank **Fairhope Hospice & Palliative Care** and **Laura Kennedy** for their support of the Girls Night In and their sponsorship of the food for this event!



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www.fairhopehospice.org

You make a difference in the life of others

Thank you Don Cook and Jay & Doris Wilson
for Your generous donation to the Senior Center!



HEALTH & WELLNESS

Scenic Hills Senior Center Presents

***“Assistive Devices for
Independent Living”***
Thursday March 26th
11:30 am

Presented by.....

Mary Burggraf Occupational Therapist



Hocking Valley Community Hospital

Free and Open to the Public

Scenic Hills Senior Center Presents

***“Vestibular Therapy
Dizziness & Balance***
Thursday April 23rd
11:30 am

Presented by.....

Kari McQuaid Vestibular Therapist



Hocking Valley Community Hospital

Free and Open to the Public

Scenic Hills Senior Center Presents

“Stress Management”
***Identifying Stress Systems &
Developing coping strategies for stress
management***

Tuesday April 14th
1:00 pm

Presented by.....

Kari McQuaid Vestibular Therapist

Hocking Valley Community Hospital

Free and Open to the Public

MONTHLY (FREE) BLOOD PRESSURE SCHEDULE

Time for all 10:45—11:30 am.

3rd TUESDAY Sponsored by The Laurels of Athens

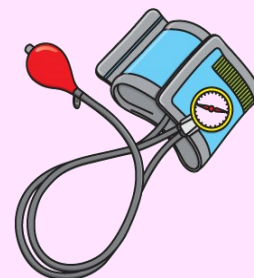
2nd THURSDAY Sponsored by Arbors of Carroll

3rd THURSDAY Sponsored by Carlin House

4th THURSDAY Sponsored by Logan Care & Rehab.

LAST WEDNESDAY Sponsored by Fairhope Hospice

**LITERATURE FROM OUR BINGO SPONSORS
MAY BE FOUND IN OUR LOBBY.**



HEALTH & WELLNESS

**ARE YOU 60 YEARS OLD AND OLDER? CONCERNED ABOUT FALLING?
INTERESTED IN IMPROVING BALANCE, FLEXIBILITY, AND STRENGTH?**



GAIN CONFIDENCE WITH MATTER OF BALANCE (MOB) Falls are more common than strokes
And can be just as serious.
***SEATS STILL AVAILABLE**

A MATTER OF BALANCE FALL PREVENTION CLASS will be starting up March 30 thru April 22. The class meets twice a week for 4 weeks on Mon. & Wed. (1—3 pm)

Call 740-385-6581 or drop by the office to register. Class is Free. Limited to 12 people).

IN THIS CLASS YOU WILL LEARN TO:

- ♦ *View falls as controllable *Set goals for increasing activity *Make changes to reduce fall risks at home.

WHO SHOULD ATTEND?

- ♦ Anyone: Concerned about falls, Interested in improving balance, flexibility and strength
- ♦ Anyone: Who has fallen in the past or Who has restricted activities because of fall concerns.

Falls: 
Reduce the Risks

DELAY THE DISEASE — EXERCISE PROGRAM



The Class is dedicated to helping individuals with Parkinson's Disease (PD) manage their symptoms and maintain quality of life.

"It's a fitness program to help the participants feel like they have the power over the disease rather than the disease having control over them."

The empowering results of the **Delay the Disease** exercise program can help participants:



Stock Photo

*Move about with ease and confidence in a crowd. *Get out of bed or rise from a chair independently. *Improve handwriting. *Dress independently *Diminish worry that stiffness, slow steps and other symptoms are obvious. *Re-gain a sense of moving with normality. Classes are on **Mondays & Fridays from 11:30—12:30**. Suggested donation \$2.00 per class Ongoing and participants may join at anytime. Led by

Certified Instructor: Danielle Arnett, Exercise Physiologist

"GOOD GRIEF"

GATHER, GRIEVE, SUPPORT A SUPPORT GROUP FOR WIDOWS.

Group Meets the 2nd & 4th Wednesdays Noon -12:45 pm. This group is a place for women to gather together and share their grief, sympathy, support, and stories with each other. Group meets in the Health & Wellness Room and welcomes newcomers.

SERVICES FOR SENIORS

- ♦ **EVERYDAY DIVINITY FOOT CARE CLINIC:** March 30 & April 27 9a-1:30p **Call Footcare Clinic @ 614-716-9919 for Appointment**

Treatment includes: Foot Care by State of Ohio Certified Foot Care Nurse which includes a *30 Minute Treatment *Complete Foot Assessment *Expertly Trim, *Thin and File Nails Payment method is cash or checks No insurance is accepted **New Fee: \$35.00.** 30 minute appts.

- ♦ **SOUTHEASTERN OHIO LEGAL SERVICE**



Free Legal Service to Senior Citizens. An Attorney from Southeastern Ohio Legal Services will be at Scenic Hills Senior Center on **March 24 & May 26.** **CALL 1 (800) 686-3668 @ SEOLS OFFICE FOR APPOINTMENT.**

- ♦ **NOTARY PUBLIC SERVICE:** Scenic Hills Senior Center offers a free notary public service. Please call ahead to make an appointment. 740 385-6581. You must bring a form of identification: Driver's license, Birth Certificate, Passport or ID issued by an employer.
- ♦ **TRANSPORTATION:** For Seniors 60+ years we offer out-of-county medical transportation for doctors appointments. This service is offered on a donation basis.
- ♦ **SENIOR NUTRITION CENTER:** Scenic Hills Senior Center is a Congregate Meal Site for the Meals-On-Wheels Program. They serve a well-balanced meal for seniors age 60+ Mon. thru Friday @ 11:00 am.
Please call HAPCAP at 740 385-6813 24 hours in advance to reserve your lunch at the center.



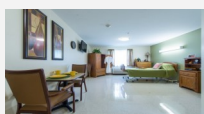
Senior Maintenance Service

Scenic Hills Senior Center offers a Maintenance Service for senior citizens. Many older adults who wish to remain in their homes oftentimes find it difficult to maintain their home due to cost or other factors. Some of the items we help with are minor repairs to a leaking faucet or toilet, change light bulbs, install handrails in the home, removal of tree limbs or obstructions that cause you from moving your vehicle, to name a few. You will be required to pay for the cost of any related materials needed to do the job and donations for the service are welcomed. *To qualify you must be 60 years or older and live in Hocking County. Call us at 740-385-6581 to see about scheduling an appointment.*



(R U OK) TELEPHONE REASSURANCE PROGRAM

“ARE YOU OK?” WHAT: A telephone reassurance system or call check-in service for friends and family of a senior citizen. Loved ones who find it difficult to maintain consistent contact or who are concerned about elderly loves ones safety can use this system for added security. **WHY: To keep seniors who prefer to live independently safe and to provide them with the added security of being monitored for safety by a loved one. To provide emergency response to elderly when needed. INFORMATION ON THE RUOK PROGRAM AVAILABLE IN OFFICE**



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Appalachian Art and Craft Market

This Art and Craft Market is a step above the average. Entering the door you are set aback by the angled aisles and awesome grand staircase that leads to a large selection of primitive, country, and American crafts provided by over 120 independent vendors. Also the largest selection of Jim Shore in Southeastern Ohio.



Sandra Ogle, Proprietor

26784 US 33
Rockbridge, OH 43149
(740) 380-9020

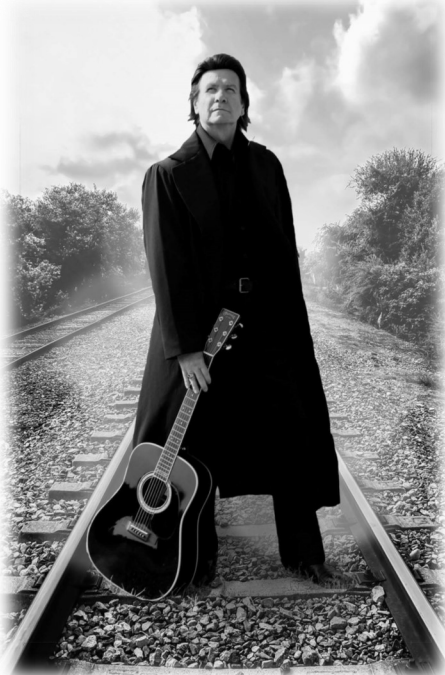


Join Us On
Thursday, May 21 @ 11:30 am.

Senior Day Luncheon

Featuring The “World’s Premier”
Johnny Cash Tribute

Terry Lee Goffee



Luncheon held at
Scenic Hills Educational & Wellness
Center

Catered by Old Dutch Restaurant
Doors open @ 10:30 am
Served at 11:30 am.

- ♦ Presentation
- ♦ Special Recognitions

Terry Lee was 6 years old when he first heard Johnny Cash and a bit older when he picked up the guitar. He has been performing for over 17 years and has received accolades from Cash’s Brother & Sister for his performances.

Sign Ups Begin April 1st. To Reserve your lunch please sign up and pay \$15.00. Last day to sign up May 13.

**SHSC Would Like to Give A Big Thank You to
Ralph & Sandy Ogle For Generously Sponsoring Today’s Entertainment**

Spring Time Local Trips:

No Holds on day trips. You are required to pay when you sign up.

KELTON HOUSE MUSEUM & GARDEN, Tuesday, April 14: Columbus. \$20.00 per person transportation, \$5.00 admission. Depart 8 am. Return by 4 pm. Stop for Coffee and Doughnut in Lancaster on way to Topiary Gardens in Columbus Oh. Where you'll explore the gardens on your own. Next on to Kelton House Museum & Garden which was a stop of the Underground Railroad where we receive a tour of the home and gardens. Next on to Hofbräuhaus for a late lunch of German Cuisine before returning home. **This trip will involve walking!**



AMISH COUNTRY Tuesday, May 5th: \$30.00 per person, Depart 7:00 am. Return 8:00 pm. Lots of shopping, Cheese Factories, Food and Fun.

THE WILDS Tuesday, June 2: Transportation \$25 & Admission ticket at gate \$30.00 per person. Board an Open-Air Safari for The Wilds' most popular experience. Knowledgeable guides will take you through open-range animal areas, where you'll see rhinos, giraffes and many other rare and endangered animals roaming in large, natural settings. Explore, learn, and relax while you observe the wildlife around you. Discover the Wilds from an open-air vehicle and the amazing animals you'll encounter. This tour includes stops at Lake Trail and the Carnivore Center. Open-Air Safari tours are approximately 2+ hours long. Before or after your safari tour, enjoy a visit to the Wilds' Gift Market and Overlook Cafe, or a stroll through the Wilds' Butterfly Habitat. Lunch on the way home, Drivers Choice. Depart 8:30 am. Return 5 pm.



Scenes from Valentine Dance



HAPPY BIRTHDAY TO OUR FRIENDS

March

Spring Begins March 19



Sally	Ball	3/2
Jenny	Kemper	3/2
Karen	Cottrill	3/3
Sharon	VanMeter	3/3
Wanda	Martin	3/3
Raymond	Snyers	3/3
Larry	Byrd	3/5
Linda	Graham	3/7
Melinda	Sayre	3/7
Becky	Franco	3/8
Jack	Jones	3/8
Marie	Auflick	3/8
Joyce	Kline	3/9
Sandy	Graves	3/12
Linda	Kemper	3/12
Selma	Phillips	3/12
Anna	Marshall	3/13
Connie	Rager	3/13
Don	Johnson	3/13
Michael	Rosser	3/13
Jack	McVey	3/14
Carolyn	Kienzle	3/14
Donna	Coakley	3/15
Pam	Belcher	3/15
Chuck	Decker	3/16
Karen	Garrett	3/16
Diane	Gallagher	3/16
Patty	Dupler	3/17
Diana	Eads	3/17
Patty	Tolliver	3/17

Marjorie	Moore	3/18
Marlene	Riddle	3/18
Rita	Brooker	3/19
Robert	Baughman	3/19
Charles	Mays	3/20
Sue	Wise	3/23
Mary	Imel	3/24
Sharyn	Bateman	3/25
Vicky	Manley	3/25
Carol	Shelton	3/26
Linda	Holbrook	3/26
Sandy	Byrd	3/27
Rick	Hoffer	3/27
Robert	Imel	3/27
Shirley	Paskins	3/28
Sandy	Schneider	3/29
Glenna	Miller	3/29
Melinda	Jensen	3/29
Florence	Ellis	3/30
Pat	Kline	3/30

Dan	Robberts	4/7
Marilyn	Johnson	4/7
Nikki	Camechis	4/8
Denzil	Jarvas	4/9
Sue	Huffines	4/9
Donna	Gordon	4/9
Samuel	Kline	4/10
Linda	Judson	4/11
Richard	Devore	4/11
Bobbie	Bishop	4/12
Cathy	Vistintainer	4/12
Diane	Campbell	4/13
Lou Ann	Keirns	4/13
Norma	Geiger	4/14
Sue	Hart	4/14
Kendra	Heidlebaugh	4/15
Janice	Aurand	4/16
Sheila	McAfee	4/16
Charles	Eaton	4/17
Cindy	Foster	4/17
Patty	Sammons	4/17
Roger	Hiles	4/17
Vicki	Hedges	4/17
Susan	Hoffmann	4/17
Pat	Vogt	4/18
Patty	King	4/19
Terry	Hunter	4/19
Carma	Stimmel	4/20
Marjorie	Saving	4/22
Arlene	Linscott	4/22
Susan	Trentel	4/23
Tom	Pritchard	4/23
Sarah	Hoover	4/24
Bonnie	Bainter	4/25
Joyce	Archer	4/25
Rose	Miller	4/25
Carl	Geil	4/26
Janet	Bell	4/28
Marjorie	Derr	4/28
Ralph	Michel	4/30

April

April	Chaffin	4/1
Roger	Miller	4/1
Donna	Adams	4/1
George	Ralph	4/2
Sandy	Grove	4/3
Charles	Moore	4/5



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TRAVEL WITH SCENIC HILLS SENIOR CENTER 2020 BROCHURES AVAILABLE FOR EACH TRIP!

DIAMOND TOURS BUS TOUR TRIPS



See Atlantic City, Cape May & Philadelphia by Bus!

SEPT. 19—25, 2020 , 7 Days — 6 Nights \$779 per Person Double Occupancy

Experience an eclectic mix of exciting Atlantic City, picturesque Cape May, and historic Philadelphia in one bus tour! Our Atlantic City, Cape May, and Philadelphia bus tour starts off with the buzz of Atlantic City as you arrive at a Casino Hotel. Then, your group will also experience the rich history of Philadelphia with a guided tour and then free time to see Independence Hall and the Liberty Bell. Next, your group will enjoy beautiful Cape May as you take a tour of Victorian Homes and the oceanside region of Cape May Point, including the famous Cape May Lighthouse. Finally, your group will get a free day in Atlantic City to do what you wish! Our bus trip to Philadelphia, Atlantic City, and Cape May gives your group a taste of the best these three locations have to offer!

SCENIC HILLS SENIOR CENTER PRESENTS

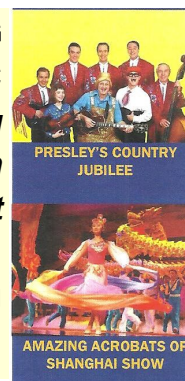
Branson Show Extravaganza



SEPT. 7-12, 2020 6 Days & 5 Nights \$599 per person* Double Occupancy

BRANSON, MISSOURI SHOW EXTRAVAGANZA

PACKAGE INCLUDES: 5 NIGHTS LODGING, 8 MEALS, MORNING & EVENING SHOWS, HISTORIC SITES, WONDERFUL MUSIC & TALENT & HISTORIC SHOPPING AREAS! 7 Fabulous Shows including: *New Jersey Nights*, *Amazing Acrobats of Shanghai*, *Doug Gabriel*, *Presley's Country Jubilee*, *The Dublin Tenors* & *The Hughes Show*. Also includes special Dinner Show on the *Showboat Branson Belle*. Visit Historic Downtown Branson with free time to browse and shop, Visit Lake Taneycomo's BRANSON LANDING and waterfront shopping, dining and beautiful attractons.



HEALTH & WELLNESS

EFFECTIVE 1-1-2020

- ★ A Suggested Donation of \$2.00 for ALL Exercise & Line Dancing Classes
- ★ Free Bingo continues to grow and members have expressed a wish for additional prizes. Monetary donations and/or NEW, (no used) bingo items are being accepted to fulfill this need.
- ★ If you are interested in playing a game or two of Corn Hole. Please let us

Staying Fit Having Fun!



Chair Volleyball Tuesdays & Thursdays



Hocking County

The Gateway to Ohio's Scenic Wonderland

Jeff Dickerson

County Commissioner

1 East Main St.
Logan OH 43138
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A free in-home visit offers details on long-term care options like PASSPORT, Home modifications, Medicare Savings and more!



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REMINDER!

REMINDER THE CENTER OPENS @ 9:30 THE FIRST THURSDAY OF THE MONTH.

Laurelville Senior Center
3rd Wednesday per month @ 11am
BINGO, LUNCH & GUEST SPEAKER
SPONSOR: FAIRHOPE HOSPICE



Murray City Seniors
Mon & Wed @ 11:30—Lunch

SPECIAL EVENTS IN MAY

Spring Flower Sale

Friday, May 8th (9 am—5 pm)

In Front of Senior Center



***Hanging Baskets *Bedding Plants
*Flats & Pots *Assorted Flowers
& Vegetables**

Flowers by Webb Perennials

*****Large Selection Great Prices** Located On Front Lawn***

*** * BBQ COOKOUT 10:30 am—2:00 pm Grilled Hot Dogs & Hamburgers For Purchase**

19th ANNUAL CRUISE IN @ WALMART OF LOGAN

\$10.00 Registration from 9:00 am. —11:00 am.

**20+ Trophies; Judging starts at 11:30 am.
Cash Awards for 1st, 2nd & 3rd Place.**

Music by DJ-John Judson, Raffle Prizes, 50/50,

****Walmart Food Booth***

****Benefits Children's Miracle Network***

Sponsors: Walmart & Interim Healthcare of Logan

SATURDAY, MAY 16

Cruise-In





Effective Immediately!

There are 3 spots reserved in our parking lot, on Tuesdays & Thursdays, for our members who are over 90 years of age, and drive themselves.

5th Annual Pie Auction & Spaghetti Dinner

Menu

- Spaghetti
- Green Beans
- Salad
- Roll
- Beverage
- Ice Cream

May 1st 2020

4:00 pm to 6:30 pm

At Scenic Hills Senior Center

Pie Auction starts at 6:30

Proceeds Benefit
Downtown Revitalization



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CHAIR VOLLEYBALL! SENIORS VS. STAFF

Thursday, March 12 & April 16 @ 9 am. Chair Volleyball is a great exercise. It can has the ability to work on multiple skills, such as standing balance, sitting balance, and upper extremity strength with over head reaching.



(COAD) CORPORATION FOR OHIO APPALACHIAN DEVELOPMENT

COAD's SENIOR PROGRAMS provide volunteer opportunities for individuals age 55 and older. Programs are designed to help older Ohioans find meaningful community service opportunities as mentors and tutors to disadvantaged children and youth, and to other senior citizens who need supportive service to remain in their own homes.

RSVP (RETIRED SENIOR VOLUNTEER PROGRAM) provides a wide range of possible volunteering options. RSVP offers maximum flexibility and choice to its volunteers.

THE FOSTER GRANDPARENT PROGRAM: Volunteers are placed in a settings such as schools, Head Start programs, daycare centers, MRDD programs, juvenile justice facilities, hospitals and libraries.

SENIOR COMPANION VOLUNTEERS are healthy older adults who help other adults live independently. They assist with grocery shopping, providing support to family caregivers and with other tasks of daily living necessary to help their client maintain independence.

For Information or to apply: Call Teresa Cline-Scurlock, Regional Manager @ 740-594-8499



Executive Director: Marjorie Moore
 Phone 740 385-6581 Fax: 740 385-3548
 187 S. Spring St., Logan OH 43138
www.scenichillsseniorcenter.com

Program Supervisor: Loretta Kemper
 Fiscal Officer: Patty Sammons
 Marketing/Educational: Brandy Stamper
 Marketing/Educational: Janet Blair
 Event & Activity Coordinator/ Tech Support
 Tina Koska Carla Smyers
 Maintenance: Nate Nelson & Larry DeBerry

OFFICE HOURS:

Monday-Friday 8 am—4 pm.
 (Thursdays open until 6:00 pm for
 activities only)

*First Thursday of the Month Building
 opens at 9:30 am.*

Scenic Hills Senior Center recognizes and appreciates all our sponsors: From Bingo Prizes, Gifts, and Newsletter Sponsors! *You are all APPRECIATED!*

DISCLAIMER: The 2" x 3.5" ads displayed in the newsletter are **PAID ADVERTISEMENTS**. Cost for the sponsorship is \$600.00 per year (based on 6 newsletters). The Monthly Sponsors are those agencies who support our Bingo, Blood Pressures and Special Event Programs.

Thank you to our Sponsors!



HOCKING VALLEY
Community Hospital



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