

Pediatric Alternatives' Favorite Books

Vaccination

The Vaccine Book: Making the Right Decision for Your Child by Robert W. Sears

Vaccines 2.0: The Careful Parent's Guide to Making Safe Vaccination Choices for Your Family by Mark Blaxill and Dan Olmsted.

Thimerosal: Let the Science Speak by Robert Kennedy Jr.

Miller' Review of Critical Vaccine Studies by Neil Z. Miller

Vaccine Epidemic: How Corporate Greed, Biased Science, and Coercive Government

Threaten Our Human Rights, Our Health and Our Children by Louise Kuo Habakus MA and Mary Holland JD.

Homeopathy

Homeopathic Medicine for Children and Infants by Dana Ullman

Homeopathy for Pregnancy, Birth and Your Baby's First Year by Miranda Castro

Naturally Healthy Babies and Children by Aviva Jill Romm MD

Everybody's Guide to Homeopathic Medicines by Stephen Cummings and Dana Ullman

Impossible Cure: The Promise of Homeopathy by Amy Lansky

Homeopathy: Beyond Flat Earth Medicine by Timothy R. Dooley

Cookbooks

Nourishing Traditions by Sally Fallon

The Moosewood Cookbook by Mollie Katzen

Full Moon Feast by Jessica Prentice

Greens Glorious Greens by Johnna Albi and Catherine Walthers

Ani's Raw Food Kitchen: Easy, Delectable Living Foods Recipes by Ani Phyo

The Heal Your Gut Cookbook by Boynton and Brackett

The Gluten-free Almond Flour Cookbook by Elana Amsterdam

Wild Fermentation by Sandor Katz

Fermented Vegetables by Kirsten and Christopher Shockey

Superfood Snacks by Julie Morris

Superfood Smoothies by Julie Morris

Greens and Grains by Molly Watson

Saving the Season by Kevin West

Vegetarian Cooking for Everyone by Deborah Madison

Quick-Fix Indian: Easy Exotic Dishes in 30 Minutes or Less by Ruta Kahate

Nourishing Meals by Alissa Segersten and Tom Malterre

Against All Grain by Danielle Walker

The Big Book of Kombucha by Hannah Crum and Alex LaGory

Super Nutrition for Babies by Ehrlich and Genzlinger

Quick-fix Vegan by Robin Robertson

Fermentation and Preserving Foods

The Big Book of Kombucha by Hannah Crum and Alex LaGory
Saving the Season by Kevin West
Fermented Vegetables by Kirsten and Christopher Shockey
Wild Fermentation by Sandor Katz

Feeding Children and Babies

Picky Eating Solutions Betsy Hicks
Child of Mine by Ellyn Satter
The Raw Milk Answer Book by David Gumpert
Super Nutrition for Babies by Ehrlich and Genzlinger
Nourishing Traditions by Sally Fallon
The Nourishing Traditions Book of Baby and Child Care by Sally Fallon Morell and Thomas Cowan, MD

General

The Life Changing Magic of Tidying Up by Marie Kondo
Super Natural Home by Beth Greer

Toilet Training

Toilet Training the Brazelton Way by Berry Brazelton MD and Joshua D. Sparrow
The Diaper Free Baby by Christine Gross-Loh
Oh Crap Potty Training by Jamie Glowacki

Kids' Changing Bodies

Amazing You by Dr. Gail Saltz
Changing You by Dr. Gail Saltz
Talking to Your Kids About Sex by Dr. Laura Berman
What's Happening to My Body book for girls by Lynda Madaras
What's Happening to My Body book for boys by Lynda Madaras
The Flight of the Stork by Anne Bernstein
The Care and Keeping of You by Valorie Schaefer
The Boy's Body Book: Everything You Need to Know about Growing Up YOU by Kelli Dunham
The Girl's Body Book: Everything You Need to Know about Growing Up YOU by Kelli Dunham

Sleep

The Baby Sleep Book by Sears Family
Solve Your Child's Sleep Problems by Richard Ferber, MD
The Happiest Baby on the Block by Harvey Karp, MD
The No-Cry Sleep Solution by Elizabeth Pantley

Cultural Influences of Parenting

How Eskimos Keep Their Babies Warm by Mei-Ling Hopgood

French Kids Eat Everything by Karen Le Billon

The Danish Way of Parenting: A Guide to Raising the Happiest Children in the World by Jessica Alexander and Iben Sandahl

Bringing up Bebe by Pamela Druckerman

Parenting Without Borders by Christine Gross-Loh Ph.D

Birthing and Baby Books

Birthrites by Jackie Singer Rituals and Celebrations for the childbearing years

Sexy Mamas: Keeping Your Sex Life Alive While Raising Kids by Cathy Winks and Anne Semans

The Nourishing Traditions Book of Baby and Child Care by Sally Fallon Morell and Thomas Cowan, MD

And Baby Makes Three: The six-step plan for preserving marital intimacy and rekindling romance after baby arrives by John M. Gottman Ph.D. and Julie Schwartz Gottman Ph.D.

Spiritual Midwifery by Ina May Gaskin

Secrets of a Baby Nurse by Marsha Podd RN

Secrets of the Baby Whisperer by Tracy Hogg

Your Baby is Speaking to You: A Visual Guide to the Amazing Behaviors of Your Newborn and Growing Baby by Kevin Nugent

Breast Feeding

The Nursing Mother's Companion by Kathleen Huggins R.N. MS

The Ultimate Breastfeeding Book of Answers by Jack Newman M.D. and Teresa Pitman

Nursing Mother, Working Mother by Gale Pryor and Kathleen Huggins, RN, MS

Parenting Books

The Wonder Weeks by Hetty van de Rijt

Touch Points by Brazelton and Sparrow

The New Six-Point Plan for Raising Happy, Healthy Children by John Rosemond

Discipline the Brazelton Way by T. Berry Brazelton MD and Joshua D. Sparrow LMD

Calmer, Easier, Happier Parenting by Noel Janis Norton

How to Raise an Adult: Break free of the over parenting trap and prepare your kid for success by Julie Lythcott-Haims

Your One Year Old by Louise Bates Ames Ph.D.

Your Two Year Old by Louise Bates Ames Ph.D.

Your Three Year Old by Louise Bates Ames Ph.D.

Your Four Year Old by Louise Bates Ames Ph.D.

Your Five Year Old by Louise Bates Ames Ph.D.

Your Six Year Old by Louise Bates Ames Ph.D.
Your Seven Year Old by Louise Bates Ames Ph.D.
Your Eight Year Old by Louise Bates Ames Ph.D.
Your Nine Year Old by Louise Bates Ames Ph.D.
Your Ten to Fourteen Year Old by Louise Bates Ames Ph.D.
The Whole Brain Child by Daniel J. Siegen MD and Tina Payne Bryson PhD
Raising a Sensory Smart Child by Lindsey Biel, MA and Nancy Peske
The Out-of-Sync Child by Carol Kranowitz and Lucy Jane Miller
The Out-of Sync Child has Fun: Activities for Kids with Sensory Processing Disorder by Carol Kranowitz.
How to Talk so Kids will Listen and Listen so Kids will talk by Adele Faber and Elaine Mazlish
Siblings Without Rivalry: How to Help Your Children Live Together so You can Live too. by Adele Faber and Elaine Mazlish
Simplicity Parenting: Using the Extraordinary Power of Less to Raise Calmer, Happier and More Secure Kids by Kim John Payne and Lisa M. Ross
Raising Your Spirited Child: A Guide for Parents Whose Child is more Intense, Sensitive, perceptive, persistent and Energetic by Mary Sheedy Krucinka
The Highly Sensitive Child: Helping Our Children Thrive When the World Overwhelms Them by Elaine N. Aron Phd.
Equally Shared Parenting: Rewriting the Rules for a New Generation of Parents by Marc and Amy Vachon
Teach Your Child Well: Parenting for Authentic Success by Madeline Levine, PhD
Mindful Discipline by Shauna Shapiro PhD and Chris White MD
Quiet Kids: Help Your Introverted Child Succeed in an Extroverted World by Christine Fonseca
The Everyday Parenting Toolkit by Alan E. Kazdin
1-2-3 Magic: Effective Discipline for Children 2-12 by Thomas W. Phelan, PhD

Parenting Books for Teens

Get Out of My Life, but First Could You Drive Me & Cheryl to the Mall: A Parent's Guide to the New Teenager by Anthony E. Wolf

Back Pain

Pain Free: A Revolutionary Method for Stopping Chronic Pain by Pete Egoscue and Roger Gittines
8 Steps to a Pain Free Back by Esther Gokhale

Home Schooling

Free Range Learning: How Homeschooling Changes Everything by Laura Grace Weldon

How to Work and Homeschool: Practical Advice, Tips, and Strategies from Parents by Pamela Price

Making the Choice: When Typical School Doesn't Fit Your Atypical Child by Corin Barsily Goodwin and Mika Gustavson

The Decoding Solution: Rime Magic and Fast SUccess for Struggling Readers by Sharon Zinke

Books for Children

Arthur's Baby by Marc Brown,

Cornelius P Mud, Are You Ready For Baby? by Barney Saltzberg

Lola Reads to Leo by Anna McQuinn

The Sniffles for Bear by Becker and Denton

Stewie BOOM! Starts School by Christine Bronstein

Stewie Boom Boss of the Big Boy Bed by Christine Bronstein