



Regatta #3 – June 17, 2017 Lake Natoma (Nimbus Flats State Park)

Hosted by: *Capital Outrigger*

PLEASE ARRIVE BY 6:00 AM TO RIG AND SET UP

Parking \$10.00

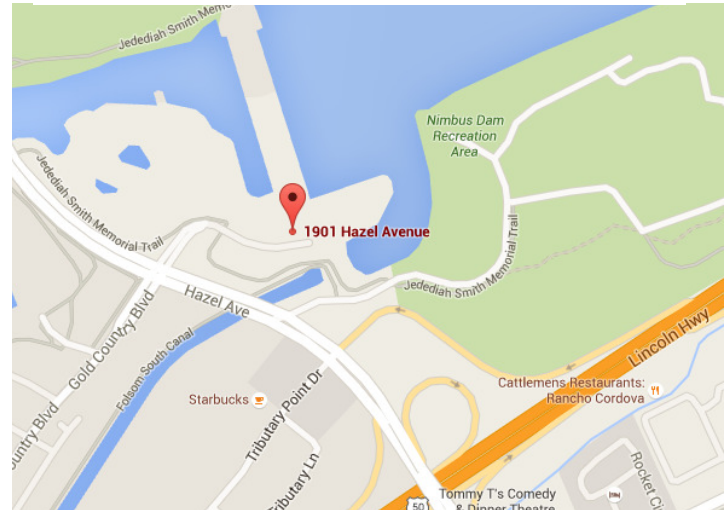
Petaluma, CA

- > Get on I-80 E in Vallejo from Lakeville St and CA-37 E
36 min (28.7 mi)
- > Follow I-80 E and US-50 E to Hazel Ave in Rancho Cordova. Take exit 21 from US-50 E
1 h 2 min (69.5 mi)
- > Continue on Hazel Ave to your destination
2 min (0.6 mi)

1901 Hazel Avenue

Rancho Cordova, CA 95670

1901 Hazel Ave, Rancho Cordova, CA



Sacramento is **VERY HOT**!!! Please bring EXTRA water with you and your family.
Drink LOTS of water before race day to stay hydrated.

Food is \$10 per racer (Includes Breakfast AND Lunch):

Breakfast: Breakfast burrito bowls: potatoes, eggs, sausage, ham, cheese, salsa, sour cream. Spam & rice, fruit and coffee.

Lunch: Taco salad bar: Ground beef, lettuce, tomatoes, beans, olives, salsa, sour cream and chips.

If you would like, please bring a dessert to share in addition to your food fee.

Remember to bring your chairs, **WATER (We recommend AT LEAST 1 gallon per person)**, sunscreen, towels, change of clothes, and most importantly, **YOUR LOKAHI SPIRIT!!!**
Cow bells, pom poms, and loud cheering voices are encouraged!

There will be a shave ice truck there so bring cash!

Weather forecast for June 17, 2016:  Sunny 102°F

Any questions? Please contact anyone below:

Uncle Sam (707) 766-4141, **Bradley** (415) 271-8822, **Natalie** (707) 775-8526