

Be My Man

Choreography by Jonno Liberman

Beginner, 32 Counts, 4 Walls, No Tags or Restarts

Music: My Man (edit) by Crush Club, Nicki B The Vagabond (2:46) Intro: 16 Counts

[1-8] 7/8 Turning Walk Walk Triple Step Walk Walk Triple Step (12:00)

Begin facing 1:30. Walking clockwise, use the following eight counts to walk 7/8s of a circle to 12:00

1, 2 Step R forward, Step L forward

3&4 Step R forward, Step L next to R, Step R forward

5, 6 Step L forward, Step R forward

7&8 Step L forward, Step R next to L, Step L forward (12:00)

[9-16] Side, Touch Back, Side, Touch Back, Hip Bump Right x2, Hip Bump Left x2 (12:00)

1, 2 Step R to right, Touch L behind R

3, 4 Step L to left, Touch R behind L

5, 6 Step R to right as you bump hips two times to the right

7, 8 Shift weight to L as you bump hips two times to the left

[17-24] Back, Back, Back Rock, Recover, Forward, 1/4 Pivot, Hold, Sassy Shoulders (9:00)

1, 2 Step R back, Step L back

3, 4 Step R back, Recover forward onto L

5, 6 Step R forward, Keeping weight on R turn 1/4 left as you push R hip to right and drop R shoulder (9:00)

7&8 Hold, Bring R shoulder up as you drop L shoulder down, Bring L shoulder up as you drop R shoulder down

[25-32] Extended Vine Left, Hip Bump Left x3, Flick (10:30)

1, 2 Step L to left, Cross R behind L

3, 4 Step L to left, Cross R over L

5, 6, 7 Step L to left as you bump hips to left three times

8 Flick R behind L (as you flick R behind L, your hips should naturally open to face 10:30 to begin the second repetition)

Dance Your Yaaas Off
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