


November

Menu – 2021

Noviembre -Spanish

17 lunch days, 14 Pre-K lunch days

Monday- <i>lunes</i>	Tuesday- <i>martes</i>	Wednesday- <i>miércoles</i>	Thursday- <i>jueves</i>	Friday- <i>viernes</i>
<p>1 Ribs Cole Slaw Corn</p> <p>Snack: Cheese & Crackers</p>	<p>2 Taco Tuesday! Spanish Rice Fresh Fruit</p> <p>Snack: Choc. Chip Muffins</p>	<p>3 American Chop Suey Fresh Veggies Fresh Fruit</p> <p>Snack: Banana Bread</p>	<p>4 Chicken Chilli Salad cornbread</p> <p>Snack: Bagels</p>	<p>5 Pizza Cheese, Pepperoni, Bacon, Veggie Salad</p> <p>Snack: Smoothie</p>
<p>8 Hot Dogs Chips, Pickles Seasonal Fruit</p> <p>Snack: Veggie Sticks</p>	<p>9 Chicken Tenders Curly fries Carrots Fresh Fruit</p> <p>Snack: Granola Bars</p>	<p>10 Pork Sandwich Carrot Sticks Grapes</p> <p>Snack: Cucumber/Dip</p>	<p>11 No School VETERANS DAY</p>	<p>12 NO SCHOOL</p>
<p>15 Chicken Legs Mashed Potatoes Peas</p> <p>Snack: Smoothie</p>	<p>16 Pancakes Bacon Fresh Fruit</p> <p>Snack: Cucumbers and dip</p>	<p>17 Spaghetti and Meatballs Salad Fresh Fruit</p> <p>Snack: Turkey Fruit & dip</p>	<p>18 Chicken Noodle Soup PB and J Cucumber sticks</p> <p>Snack: Apples & PB</p>	<p>19 Pizza Cheese, Pepperoni, Bacon, Veggie Salad</p> <p>Snack: Smoothie</p>
<p>22 Burgers French fries Carrot sticks</p> <p>Snack: Yum- yums</p>	<p>23 Thanksgiving Feast</p> <p>Snack: Turkey looking Eggs</p>	<p>24 No School</p>	<p>25 Thanksgiving Day</p>	<p>26 VACATION</p>
<p>29 Chicken Steak Subs Carrot Sticks</p> <p>Snack: Smoothie</p>	<p>30 Chicken Fried Rice Dumplings Fruit</p> <p>Snack: Cucumber trees</p>	<p>Fun Fact: In 1957 the Soviet Union (Russia) sent a dog named Lakita into space.</p>	<p>Fun Fact: The 11th is National Origami day!!! Try folding some origami at home.</p>	

Substitutions that are always available are PB&J, Chicken Salad Sandwich, Greek Yogurt & Granola, Cheese Wraps and Salads. The price for lunch will be \$3.25 for children and \$5.00 for Adults, this is keeping in line with Yarmouth.