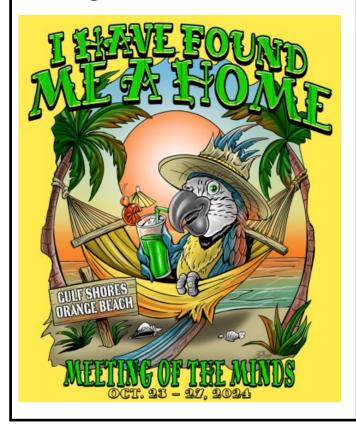


UPCOMING EVENTS

AUGUST 25TH PHLOCKING - DETAILS ON PAGE 2

MEETING OF THE MINDS 2024

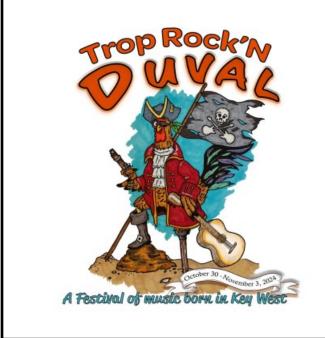
October 22 - 27
Gulf Shores, Alabama
Click on logo for information
and registration.



TROP ROCK'N DUVAL 2024

October 30 - November 3

Key West, Florida
It's official. Click on the logo for the latest entertainment schedule, lodging, savings on drinks and much more. See you there Parrot Heads!



Phins Up!
John and Amy

The LakeShark Bytes Newsletter

A Publication of the Heartland LakeSharks Parrot Head Club, P.O. Box 2302, Lake Placid, Florida 33862



Co-Editors

Amy Howard John Howard

President—John Howard *jhoward7411@gmail.com*

Vice President-Amy Howard

Treasurer - Linda Breslich

Secretary - Julie Wagnaar

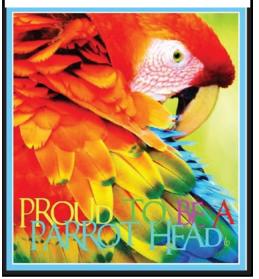
VOR - Barbara Nickels

Directors

Marilyn Cliff Milt Ellison Linda Sexsmith

HeartlandLakesharksPHC.com





AUGUST 25TH PHLOCKING

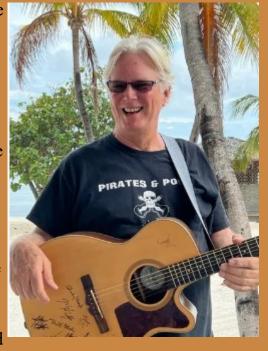
Join the Phlock on Sunday, August 25th from 3 till 6pm at The Caddy Shack Bar and Grill located at 3122 Golfview Road in Sebring. This event is open to the public, so please feel free to bring your friends.

Welcome back our good friend James "Sunny Jim" White, fresh from his "Troprockin' The Canadian Rockies" Adventure!

We will be collecting supplies for Highlands County Schools. The need is for folders, filler paper, pens, pencils, glue, crayons, Kleenex, back-packs, notebooks, any school items.

SUNNY JIM

James "Sunny Jim" White is a singer songwriter who performs original music with a tropical flair. Based in Southwest Florida, he lives in Osprey, a hamlet on Little Sarasota Bay. Before settling in the sunshine state in 2001, Sunny Jim spent twelve years in the Cayman Islands where he absorbed Caribbean influences and easily adapted a laid-back island



lifestyle. His songs are a blend of influences developed through stints in Texas, the West coast and the Caribbean. His live performances include guitar, steel pan, vocals and backup tracks, and calling up sea breezes, palm trees. sandy beaches and tropical vibes. It was in the Caribbean that James picked up his moniker, Sunny Jim.

SANDBAR DAY ON LAKE JUNE

As is our custom, July was a non-Phlocking month. As mentioned at our June Phlocking, we were able to put together a sandbar day. So much fun that we will definitely be doing this again. Fourteen LakeSharks and friends on three boats gathered on July 12th for sun, food, drink and a whole lot of fun. As promised, "Pinky" the Flamingo made her return appearance in spite of the fact that the air pump took an unplanned dive in the lake. To the rescue, Emme (the Cliff's granddaughter) and Brayden the (Howard's grandson) used good old fashioned lung power for inflation. Great job Keets!









GREAT PICTURES - THANKS LINDA S.

WEBSITE OF THE MONTH

Our friend Dave Signs introduced us to this web site during the June 23rd Phlocking. Take a listen. Some Trop Rock, some Rock & Roll and some

Country. And where you will find many of our Phlocking musical artists.

Click on the logo!



BIRD BUSINESS

Would you like to know what's happening in "your club?" Have suggestions to share? Then come and join us at our next business meeting on August 13 at the Sebring Regional Airport conference room, 11 AM.

We always welcome any new ideas to help with our future Parrot Head Club planning.

Please email <u>jhoward7411@gmail.com</u> with any questions or for more information.

2024 PARTY WITH A PURPOSE FIRST HALF DONATIONS

	January											
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HEARTLAND HORSES

Need: \$\$ donations to sponsor a therapy horse. Their mission: To significantly improve the lives of individuals who are physically, emotionally, or developmentally challenged.

Collected \$805 in cash donations for Heartland Horses

VETERANS FOOD DRIVE

Need: Non perishable food items.

Collected 1,175 pounds of non-perishable food items for the Veterans Food Bank Project.

EASTER GOODIE BAGS FOR CHILDREN AT RCMA

Need: Chocolate bunnies or eggs, candy, Peeps, plastic grass, bubbles, small toys, puzzles, coloring books, colors, tooth brushes.

Collected Easter items for 80 kids at RCMA, Easter baskets plus fresh fruit for the 30 Ridge Area Arc residents, and an Easter basket filled with goodies for Heartland Horses.

RCMA

Need: Diapers size 4,5,6,7, Unscented wipes, Pull-up training pants for boys and girls size 4 & 5, Construction paper in assorted colors, balls, Puzzles, dot-a-dot markers, Underwear, socks, shoes for boys and girls size 3,4,5,7

Collected 380 pounds of items for RCMA.

TOILETRIES FOR VET'S DITTY BAGS

Need: Tooth paste, tooth brushes, dental floss, body soap, liquid hand soap, nail clippers, shampoo & conditioner, disposable razors, shaving cream, combs, hand sanitizer, lotion, mouthwash, body/baby powder.

Collected 232 pounds of items for Vet's Ditty Bags.

PEACE RIVER WOMEN'S SHELTER

Need: Toiletries such as hair products, oral hygiene products, deodorant etc. Clothing, shoes, socks and underwear, diapers, games, books. Special need for laundry detergent& pet food.

Collected 640 pounds of items for the Women's Shelter.

2024 PARTY WITH A PURPOSE SECOND HALF DONATIONS

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	NO PHLOCKING IN JULY
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SCHOOL SUPPLIES - HIGHLANDS COUNTY SCHOOLS	
Need: Folders, filler paper, pens, pencils, glue, crayons, Kleenex, back-packs, notebooks, any school items.	

	September											
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ITEMS FOR PAWSITIVE EFFECTS IN LP Need: Quality dog & cat food (Made in the USA), cat litter, leashes, collars, pet shampoo, flea/tick prevention, beds, blankets, toys, treats, pet crates.

	October										
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HEARTLAND FO	OOD BANK
	shable food items. (Peanut butter & jelly i. Heartland Food Bank supplies "42" food

November						
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NO PHLOCKING IN NOVEMBER

December						
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Need: Wrapped toys for child you sponsor. \$\$ to purchase
toys for RCMA children and ARC home gift boxes. Any
unwrapped toys for children older than 4 will go to older
RCMA siblings.

TOY DRIVE

