

EVERYDAY QUICK CATERING



Combo Tray

COMBO-CONTINENTAL BREAKFAST

CROISSANT, BAGEL, MUFFINS, SPREADS,
FRESH ASSORTED FRUITS
FULL SIZE (SERVES 10-12) \$4.50/person*
HALF SIZE (SERVES 4-6) \$4.50/person*

COMBO-DELUXE CONTINENTAL BREAKFAST

CROISSANT, BAGEL, MUFFINS, SPREADS,
FRESH ASSORTED FRUITS, YOGURT & GRANOLA
FULL SIZE (SERVES 10-12) \$5.75/person*
HALF SIZE (SERVES 4-6) \$5.75/person*

COMBO-TIME SAVER DELI LUNCH

ASSORTED DELI SANDWICHES, FARINACEOUS SALADS, SOUP
OF THE DAY
FULL SIZE (SERVES 10-12) \$10.75/person*
HALF SIZE (SERVES 4-6) \$10.75/person*

DARE TO COMPARE... perhaps you didn't realize we were so affordable!



Deli Tray

DELI SANDWICH ASSORTED DELI SANDWICHES

DELI WRAP ASSORTED DELI WRAPS
FULL SIZE (SERVES 10-12) \$49.99
HALF SIZE (SERVES 4-6) \$26.49

*Serves 1 sandwich or wrap per person
DARE TO COMPARE... 25% more food than the competition*



Specialty Tray

SPECIALTY SANDWICH

A STEP UP FROM OUR DELI PLATTER
FULL SIZE (SERVES 10-12) \$54.99
HALF SIZE (SERVES 4-6) \$28.49

Serves 1 sandwich or wrap per person



Soup Pot

SOUP OF THE DAY

ASSORTED SOUPS OF THE DAY (SERVES 10-12) \$38.99
12 oz bowls for everyone (where others only serve 8 or 10oz bowls ...for shame)



Lettuce Bowl

GARDEN SALAD FRESH TOSSED GARDEN SALAD

CAESAR SALAD FRESH TOSSED CAESAR SALAD

GREEK SALAD FRESH TOSSED GREEK SALAD
FULL SIZE (SERVES 10-12) \$32.99
HALF SIZE (SERVES 4-6) \$17.49



Salad Bowl

PASTA SALAD

POTATO SALAD

COLESLAW SALAD
FULL SIZE (SERVES 10-12) \$36.99
HALF SIZE (SERVES 4-6) \$19.49



Hot Pan

All HOT PANS served with Garlic Butter Bread Sticks!!

CHILI CON CARNE OR VEGGIE

FULL SIZE (SERVES 10-12) \$44.99
HALF SIZE (SERVES 4-6) \$22.89

BEEF OR VEGGIE LASAGNA

FULL SIZE (SERVES 10-12) \$49.99
HALF SIZE (SERVES 4-6) \$24.89

BAKED MAC & CHEESE (WITH BACON)

FULL SIZE (SERVES 10-12) \$36.99
HALF SIZE (SERVES 4-6) \$19.49

SPAGHETTI & MEAT SAUCE

FULL SIZE (SERVES 10-12) \$44.99
HALF SIZE (SERVES 4-6) \$22.89

CHICKEN FETTUCINE ALFREDO

FULL SIZE (SERVES 10-12) \$49.99
HALF SIZE (SERVES 4-6) \$28.89



16" PIZZA

OLD SCHOOL PIZZA

PEPPERONI, CHEESE, OR VEGETARIAN \$12.00

GOURMET PIZZA

GREEK, MEDITERRANEAN, BACON CHICKEN RANCH,
BBQ CHICKEN, MEAT LOVERS, SRIRACHA CHICKEN
OR DELUXE \$16.00



Bakery Tray

Better \$\$ per person.....seriously!!

MUFFINS ASSORTED FRESH BAKED MUFFINS

BAGELS ASSORTED FRESH BAKED BAGELS

COOKIES ASSORTED FRESH BAKED COOKIES

PASTRIES ASSORTED PASTRIES

FULL SIZE (SERVES 10-12) \$28.99
HALF SIZE (SERVES 4-6) \$15.49



Beverages

CANNED SODA & ICED TEA \$ 1.49

CANNED JUICE \$ 1.69

BOTTLED SODA & ICED TEA \$ 1.99

BOTTLED JUICE \$ 2.49

BOTTLED SMOOTHIE \$ 4.29

POT OF COFFEE REGULAR / DECAF (10 CUPS) \$11.49

HOT CHOCOLATE INDIVIDUAL PKGS \$ 1.29

TEA ASSORTED (10 CUPS PER ORDER) \$ 8.90

HOMEBREW 2LT OF LEMONADE/ICED TEAS \$16.00
(SERVES 8)

• The •

FOOD SYSTEM

CONSISTENT QUALITY

Fresh, Healthy & Homemade Custom Tailored Experience

— 111 —



Cold Tray

CHARCUTERIE GOURMET CHEESE, MEATS & PICKLES

FULL SIZE (SERVES 10-12) \$69.98
HALF SIZE (SERVES 4-6) \$39.50
more bites per person than the competition



CHEESE WITH ASSORTED CRACKERS

FULL SIZE (SERVES 10-12) \$36.99
HALF SIZE (SERVES 4-6) \$18.89

IMPORTED CHEESE WITH ASSORTED CRACKERS

FULL SIZE (SERVES 10-12) \$49.99
HALF SIZE (SERVES 4-6) \$26.49

VEGGIES WITH RANCH DIP

FULL SIZE (SERVES 10-12) \$32.99
HALF SIZE (SERVES 4-6) \$17.49



FRESH FRUIT WITH YOGURT DIP

FULL SIZE (SERVES 10-12) \$32.99
HALF SIZE (SERVES 4-6) \$17.49



PICKLE & RELISH

FULL SIZE (SERVES 10-12) \$32.99
HALF SIZE (SERVES 4-6) \$17.49

MEAT & ROLL ASSORTMENT OF HAM, TURKEY ROAST BEEF, WITH DINNER ROLL & SPREADS

FULL SIZE (SERVES 10-12) \$52.49
HALF SIZE (SERVES 4-6) \$26.89

MEATS ASSORTMENT OF HAM, TURKEY & ROAST BEEF

FULL SIZE (SERVES 10-12) \$34.99
HALF SIZE (SERVES 4-6) \$17.49
our price can't be beat!!

FRUIT & CHEESE

FULL SIZE (SERVES 10-12) \$36.99
HALF SIZE (SERVES 4-6) \$18.89

VEGGIE & CHEESE

FULL SIZE (SERVES 10-12) \$32.99
HALF SIZE (SERVES 4-6) \$17.49

PARTY PLATTER ASSORTMENT OF CHEESE, COCKTAIL CRACKERS, WITH GARLIC SAUSAGE & PEPPERONI STICKS

FULL SIZE (SERVES 10-12) \$36.99
HALF SIZE (SERVES 4-6) \$18.89



SWEETS ASSORTED SQUARES

FULL SIZE (SERVES 10-12) \$32.99
HALF SIZE (SERVES 4-6) \$17.49
Another DARE TO COMPARE moment!! - we offer value



Bento Sushi

CALIFORNIA PACK \$14.99
CALIFORNIA, SPICY CALIFORNIA, & VEGETABLE SALAD ROLL
24 PIECES

SUPREME PACK \$15.49
SPICY CALIFORNIA, VEGETABLE SALAD & CUCUMBER ROLLS
W/ SMOKED SALMON & CRAB STICK NIGIRI (25 PIECES)

ASSORTED MAKI PACK \$21.29
VEGETABLE SALAD, CALIFORNIA, SPICY CALIFORNIA,
CUCUMBER & AVOCADO ROLLS. +SEAWEED SALAD (40 PIECES)

MAKI & NIGIRI PACK \$31.99
SPICY CALIFORNIA, ORANGE CALIFORNIA, RED CALIFORNIA
ROLLS, SHRIMP, CRAB STICK, & SMOKED SALMON NIGIRI
+SEAWEED SALAD (30 PIECES)
Bento orders may require some lead time please ask!!

QUICK ORDER SHEET

****Orders MUST be placed by 10:00 am the day before****

Date Requested: _____

Requested by: _____

Address: _____

Department: _____

Phone #: _____

Date Required: _____ # of Guests _____

Time Requested: _____ Delivery _____ Pick-up _____

MENU ITEMS

QTY

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Additional Instructions:

- Platters? Yes, Half Size & Full Size!
- Buffets? Yes, Gourmet, to Everyday Favourites!
- Sit Down? Yes, Family Style or Plated and everything in-between!
- Hot Meals? Yes, Breakfast, Lunch, Dinner or Dessert!
- Bars? Yes, Taco Bar, Dessert Bar, Chippers Bar, and the list goes on...
- Size? We frequently look after parties of 2 to Over 1500 people!
- Delivery? Yes, or pick-up, limited service and full service available.
- Rentals? Yes, whatever you may need... we can help coordinate!

(204) 989-8333
info@foodsystem.ca
foodsystem.ca
quickcatering.ca



Please Note:

- Catering orders may require 2 business days advance notice.
- Custom trays can be designed upon request.
- Client is responsible to disclose any special requests or allergies upon ordering.
- Prices shown are subject to change without notice.
- Prices shown do not include GST or PST.
- Delivery charges may be applicable.
- *Min orders of 4 apply to per-person dishes.