

# **MOXIE Volleyball**

## **Player/Parent Information Packet 2016-2016**

### **Revised Nov. 30, 2015**

Welcome to MOXIE Volleyball, a member of the OVR. If at any time you need more information or have questions, please contact a club director by email at [MOXIEvolleyball@gmail.com](mailto:MOXIEvolleyball@gmail.com). You can also find club information at: <http://www.MOXIEvolleyball.com>

#### **Registration**

Players and Parents must complete the following registration procedures before being allowed to participate in any MOXIE Volleyball event:

- Update OVR membership card with MOXIE Volleyball selected as club
- Sign and return a 2016-2016 MOXIE Volleyball Player Contract
- Sign and return a USA Volleyball Medical History and Release Form

#### **Practices**

The 2015-2016 season runs from November 2015 to May 2016. Practices will begin in December and tournaments will begin in January. Players are expected to be committed to attending practices and tournaments scheduled by MOXIE Volleyball. Schedules will be handed out to each participant and also available online at <http://www.MOXIEvolleyball.com/>. Each team will have different tournament schedules. Practice schedules will be posted on the website.

You are required to be on time to practices. Please arrive at practice 15 minutes early to ensure that you have adequate time to prepare and be ready to step on to the court at the scheduled practice time. MOXIE Volleyball requires you to call your coach if you will be late to or will miss practice. If you do not call your coach to explain the reason you are late or absent prior to the incident, you will be considered unexcused. Unexcused absences may result in loss of playing time in an upcoming tournament.

Lack of practice attendance may affect playing time at tournaments and missed training time may affect the well-being of the team and the individual's own skills advancement.

The coach has the right, at any time, to discuss with the player/parent/director any problems that continually occur with attendance times and missed practices. Coaches may enforce other team rules for practice and tournaments that players are expected to follow.

In the case of inclement weather, coaches will contact players at their preferred contact number to notify them of practice changes and/or cancellations.

#### **Tournaments**

Each team will play between 6-8 tournaments days.

Time played at tournaments is earned and not always given out equally. Practice is where the athletes learn and grow in skill development. Participation at practice helps determine tournament play time.

Tournaments are on Saturdays or Sundays and last the entire day. All players are expected to be in the gym, ready to warm up, at the arrival time determined by the coach. MOXIE Volleyball standard is one hour prior to the first game regardless of if you play or referee. Please plan travel time accordingly. Specific information on each tournament is not typically available until the week of the tournament.

For liability and insurance reasons, MOXIE Volleyball coaches, directors and administrators cannot be responsible for any transportation to or from any tournaments or practices.

Officiating and scorekeeping are integral parts of participating in volleyball tournaments. All players and coaches must take the online course for officiating. Officiating at tournaments is a shared responsibility for the entire team. If your team is officiating, other players may not leave the tournament site unless excused by the coach.

### **Travel**

Travel expenses are the responsibility of each family. If traveling long distance is required, all team members will be responsible for their own transportation and hotel rooms. It is also the responsibility of each family to call and book their own hotel rooms.

### **Player Code of Conduct**

Players are expected to adhere to all City, County, State and Federal Laws as well as all USAV rules and regulations. Violations of these laws or rules/regulations may result in expulsion from the club.

Additionally players are expected to:

- ✓ Be a team player; the team comes first, always and no matter what.
- ✓ Have a positive attitude at all times; encourage and support your teammates to the best of your ability whether you are on the court or on the sidelines.
- ✓ Demonstrate strong club/team spirit and pride.
- ✓ Be a leader on and off the court.
- ✓ Stay focused, mindful, and display a strong work ethic at every practice and tournament.
- ✓ Always show respect to all teammates, parents, coaches and officials.
- ✓ Do not provide, use, or condone the use of tobacco products, alcoholic beverages, or recreational drugs. Do not remain in a location where this kind of activity is taking place. The use of any illegal substance will not be tolerated.
- ✓ Clean up after yourself (gyms, cars, hotels, restaurants, schools, etc.).
- ✓ Be the kind of teammate you would like to have beside you. Find ways to make your teammates better at every opportunity and celebrate team successes.

MOXIE Volleyball Directors reserve the right to place player on probation or suspension for violation of any rules or regulations. Probation results in the ability of the player to practice with the team, but not participate in tournaments. A suspension may result in the player not participating in practice or tournaments for an agreed upon amount of time.

### **Parent Code of Conduct for Tournaments and Practices**

Parent participation is essential for the success of the teams and individual athletes. Active and responsible parents also contribute to the positive image of MOXIE Volleyball within the community.

Please adhere to the following guidelines for tournament etiquette:

- ✓ *Respect:* Please be respectful to all players, coaches, officials, linesman, scorekeepers, other teams, parents, etc. In the case of repeated negative behavior, MOXIE Volleyball reserves the right to restrict the attendance of spectators at tournaments. If parents do not cooperate, the club may have no other choice but to dismiss the player from the team.
- ✓ *Cheer:* Cheer for your team and its players! Do not be negative about the players, the coach, or the other team at any time.
- ✓ *Don't Coach from the sidelines:* There is a big difference between cheering for the team and attempting to coach from the bleachers. Leave the coaching to the coach.
- ✓ *Don't approach the officials:* Please do not ever approach, or yell at any of the officials, lines persons, or scorekeepers at a tournament. If a discrepancy occurs, let the coach deal with the problem.

- ✓ *Communicate with the coach at appropriate times:* You should always feel free to talk to the coach. But, please remember that there is an appropriate time and place to discuss an issue with the coach. Tournaments are not the time to do this.

### **Social Media – ZERO Percent Tolerance Policy**

Here at MOXIE we have a ZERO Percent Tolerance Policy in regards to social media. Determination of what is offensive to the club or other club members lies solely with MOXIE Volleyball. Any of the following issues found on social media from a player or any of the player's family members will result in immediate consequences by the club as defined below:

- Illegal activity (including underage drinking)
- Nudity
- Racism
- Hurtful, hateful, violent or aggressive comments said with the intention to hurt others including team members, club members, and coaches, either physically or emotionally.

If someone chooses to violate any of the guidelines above the following actions will be taken:

*Immediate removal from the team/club with no refund of club fees.*

### **Grievance Procedures**

Competitive team athletics, by its very nature, creates an environment where athletes, parents and/or coaches may not be in agreement with all decisions made. Knowing when and how to communicate with the coach or Club Director is a concern for almost every parent at some time during the season. Most often the concern is how to inquire about issues surrounding playing time.

Athletes are encouraged to communicate with their coaches. Athletes are expected to discuss any issues concerning playing time or any other volleyball related subject with their coaches first before escalation is needed.

Parents are encouraged to communicate with the Club Director only after exhausting all the recourses to resolve the problem.

Coaches are instructed not to engage in controversial discussions during tournaments. If a coach is approached during a tournament, he/she has been instructed to: politely decline to discuss any controversial matter or to refer the parent to a Club Director.

Parents and athletes are to adhere to the following grievance process:

1. The athlete meets with the coach to discuss the matter. If the matter is not resolved or the athlete has a reasonable concern about speaking to the coach, please proceed to step two.
2. The parent meets with the coach to discuss the matter. If the matter is not resolved or the parent has reasonable concern about speaking to the coach, please proceed to step three.
3. The parent meets with the Club Director. In certain situations, the Club Director may ask either the coach or athlete (or both) to attend the meeting.
4. All decisions and recommendations by MOXIE Volleyball and the Club Director are final and not subject to appeal.

The recommended time for a parent and/or athlete to meet with a coach is immediately after a scheduled practice.

It is inappropriate for an athlete or a parent to approach other MOXIE Volleyball members about a problem the athlete or a parent is having with a coach, about objections to coaching, or administrative decisions. For the health of the teams and the Club as a whole, grievances must be handled via the grievance process outline above.

MOXIE Volleyball strongly promotes fairness and believes in open communication. All issues and concerns are immediately addressed with the athlete's well-being in mind.

MOXIE Volleyball is dedicated to keeping an open line of communication between all involved. We want the players/parents to feel comfortable with our staff. We are here to make this season enjoyable as well as a great learning and growing experience for your athlete.

### **Insurance Coverage**

It is the responsibility of parents to ensure that their athlete is covered by medical insurance. Volleyball is like any other sport - the risk of accidental injuries is inherent in the nature of these activities. These risks include, but are not limited to, the potential for injury, accidents or illness while traveling to and from competition sites, while participating in the various program activities, and while playing volleyball.

We attempt to minimize the existing risks through use of proper sports equipment, proper facilities, and sound safety practices.

### **Contracts and Club Agreement**

By signing your player contract and paying your club fees, you have agreed to all of the information in this packet.

**LET'S PLAY SOME VOLLEYBALL!**