

**Third Year for MMH Home Care's 'Santa for a Senior'
For Immediate Release**

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2018 marks the third year for the "Santa for a Senior" program conducted by Muenster Memorial Hospital's Home Care division.

The program serves the area's elderly, who might be in need or alone for the holidays.

"We will be filling wish lists for senior members of the community, as well as providing some basic needs for others," stated Kristen Kittrell, office manager for MMH Home Care.

Since starting "Santa For a Senior", Kittrell noted that nominations for the program have been on the rise.

"Many times, our elderly are forgotten during the holidays," she said. "We want to make sure that these folks are taken care of. We started with 15 or so and it has grown from there."

Nominations for the program will be taken now through December 5. Information needed includes: name, address, phone number, pant size, shirt size, shoe size, special dietary needs, favorite foods and wish list items. Senior profiles will be posted on MMH Home Care's Senior Tree.

To "adopt" a senior, all you need to do is drop by the MMH Home Care office at 602 N. Maple Street in Muenster beginning December 7, and choose a senior "angel". Fill their wish list and return the gifts to MMH Home Care by December 14.

Suggestions of gifts for senior adults include: lotions, toiletries (body wash, new toothbrush, hairbrush, denture paste), non-skid socks, diabetic socks, adult briefs and pads, underclothes, (i.e., front-hook bras), undershirts, sweat pants, blankets, large print crossword and word search books, adult coloring books, puzzles, model cars, building kits for birdhouses, ceramics or sun catchers to paint by numbers, TV trays, touch lamps, pill boxes, draft stoppers for doors, grabbing devices, plant kits to grow indoors, books on CD, large print Bibles and Bible on CD, older movies and television series on DVD or Blue Ray (Elvis, Dean Martin, Honeymooners, Carol Burnett Show, Red Skelton, Hee Haw, Andy Griffith, Golden Girls, John Wayne, etc.)

All gifts should be wrapped for delivery. Gifts will be distributed the week of December 17.

For additional information on nominating or adopting a senior, please call Muenster Memorial Hospital Home Care at 940-759-2262. **-30-**