



**San Diego Waves Parent Track Meeting- March 5th**

- I. **Welcome to the 2019 Track & Field Season!**  
**Introductions- Coaches**
  
- II. **Our Wave Team Philosophy- To promote a positive learning team culture for all of our athletes from beginner to pro! To build this team culture, we ask that parents commit their time to our Wave community. Our coaches will volunteer their time and have pledged their commitment. Please think about what you are able to commit to? We ask that each athlete participate in at least 6 meets and consistently attend practice.**
  
- III. **Practice Preparation & Sites- The CSUSM Track**  
**Monday- 6:00-7:30 pm**  
**Wednesday- 6:30-8:00 pm**  
**Thursday- Coming soon...**
  
- IV. **Meet Preparation & Schedule- Clear your Saturday schedule.**
  1. **Prepare for a fun day in the sun!**
  2. **Parent Volunteers Needed**
  
- V. **Membership & Fees- Registration Application**  
**New Member-\$370**
  - 1)Team Uniform- Racing singlet, short, & socks
  - 2)Team Performance-shirt
  - 3)Team Sports Bag
  - 4)USATF Sanctioned Meet Fees
  - 5)USATF/SDW Organizational Fees
  - 6)Track Facilities Fees**Returning Member- \$310 Includes 2) thru 6)**  
**Sibling Discount 20% off**

- VI. Donations & Fundraisers- Uncle Sam needs you!**  
**We need parent volunteers to assist in team nights, etc, ...**  
**Why? Scholarships, Region 15 (Las Vegas),**  
**and Nat'l Junior Olympics (Sactown)**
  
- VII. Uniform Sizing- End of Wednesday Night's Practice 3/6**
  
- VIII. Questions??**
  
- IX. Got a check- Register and See Patty**

**Thanks for your support! Go Waves!**