

## Traumatic Antecedents Questionnaire

*This questionnaire asks you to describe experiences you may have had. For each item, circle how often you had this experience at each different age period.*

DATE:

NAME:

CHILD'S NAME:

Experience or Event	Age When Occurred	How Often Did It Happen? 0 = Never 1 = Rarely (once or twice) 2 = Sometimes -few times/month 3 = Often to Everyday DK = Don't Know				
1. I generally felt/feel safe and cared for	Age 0-6	0	1	2	3	DK
	Age 7-12	0	1	2	3	DK
	Age 13-18	0	1	2	3	DK
	Adult	0	1	2	3	DK
2. Someone made sure I got up in the morning and went to school.	Age 0-6	0	1	2	3	DK
	Age 7-12	0	1	2	3	DK
	Age 13-18	0	1	2	3	DK
	Adult	0	1	2	3	DK
3. I was really good at something (like sports, a hobby, school, work, or some creative activity).	Age 0-6	0	1	2	3	DK
	Age 7-12	0	1	2	3	DK
	Age 13-18	0	1	2	3	DK
	Adult	0	1	2	3	DK
4. I had/have good friends	Age 0-6	0	1	2	3	DK
	Age 7-12	0	1	2	3	DK
	Age 13-18	0	1	2	3	DK
	Adult	0	1	2	3	DK
5. I felt close to at least one of my brothers or sisters.	Age 0-6	0	1	2	3	DK
	Age 7-12	0	1	2	3	DK
	Age 13-18	0	1	2	3	DK
	Adult	0	1	2	3	DK

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6. Somebody in my family had so many problems that there was little left for me	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
7. I felt that nobody cared whether I lived or died	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
8. I had someone to talk with outside my family when something was bugging me at home	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
9. My parents confided things in me that made me feel uncomfortable.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
10. My parents were divorced or separated.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK

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11. I lived with different people at different times (like different relatives or foster families).	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
12. Somebody close to me died.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
13. I had a serious illness and/or had to be hospitalized for a medical problem.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
14. Someone I was close to was very sick, or in an accident for which they needed to be hospitalized.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
15. I received news that someone close to me had been seriously injured or violently killed during an accident, fight, or a crime.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK

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16. In my parent's eyes, nothing I did was ever good enough	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
17. People in my family called me insulting names.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
18. The rules in my family were unclear and inconsistent.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
19. The punishments I received were unfair.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
20. My parents hurt each other physically when they argued and fought.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK

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21. I spent time out of the house and no one knew where I was.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
22. People in my family were out of control.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
23. I witnessed physically violence in my family.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
24. Someone in my family got medical attention because of violence.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
25. Someone in my family had a problem with alcohol and/or drugs.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK

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26. I abused alcohol and/or drugs.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
27. My caregivers were so into alcohol or drugs that they couldn't take care of me	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
28. I was beaten, kicked or punched by someone close to me.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
29. I was in a situation in which I was convinced I would be physically injured or lose my life.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
30. Someone outside my family attacked me.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK

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31. I saw dead bodies.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
32. I was involved in a serious accident.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
33. I was in a natural disaster.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
34. I saw sexual things that scared me.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK
35. Someone (older) touched me sexually against my wishes or tried to make me touch them.	Age 0-6 Age 7-12 Age 13-18 Adult	0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK 0 1 2 3 DK

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36. Someone forced me to have sex against my will.	Age 0-6	0 1 2 3 DK
	Age 7-12	0 1 2 3 DK
	Age 13-18	0 1 2 3 DK
	Adult	0 1 2 3 DK
37. Someone threatened me with physical harm unless I did something sexual.	Age 0-6	0 1 2 3 DK
	Age 7-12	0 1 2 3 DK
	Age 13-18	0 1 2 3 DK
	Adult	0 1 2 3 DK
38. I believed that one of my brothers or sisters was sexually molested.	Age 0-6	0 1 2 3 DK
	Age 7-12	0 1 2 3 DK
	Age 13-18	0 1 2 3 DK
	Adult	0 1 2 3 DK
39. I have had another very frightening or traumatic experience where I felt intense fear, helpless, or horrified.	Age 0-6	0 1 2 3 DK
	Age 7-12	0 1 2 3 DK
	Age 13-18	0 1 2 3 DK
	Adult	0 1 2 3 DK
40. Something terrible happened to me that still remains a mystery to me.	Age 0-6	0 1 2 3 DK
	Age 7-12	0 1 2 3 DK
	Age 13-18	0 1 2 3 DK
	Adult	0 1 2 3 DK

Not at all
0
1
2
3
4
5
6
7
8
9
10
Extremely

**How upsetting was it for you to take this questionnaire?**