

Jammin' Dance & Fitness Schedule

2018: Spring ~ Summer

Jammindance.com • dance@jammindance.com

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM	9:00 - 10:00 Zumba at Town Hall by Kay <i>Class not held at studio. Email for more info</i>	Adapted Class! 10:30 - 11:30 You CAN Dance! Adapted Class for Adults by Kay	9:00 - 10:00 Zumba at Town Hall by Kay <i>Class not held at studio. Email for more info</i>	Adapted Class! 9:30 - 10:15 You CAN Dance! Adapted Class for Adults by Kay	9:00 - 10:00 Zumba at Town Hall by Kay <i>Class not held at studio. Email for more info</i>	8:30 - 9:30 Zumba All Levels by Neda/Katie
9:00 AM						10:00 - 12:00
10:00 AM		2:30 - 4:15 Scottish Country Dance for Children by Patsy Corrigan		10:30 - 11:30 Beg. Tap Teen/Adults by Kay	10:30 - 12:00 Creative Kids by Kay Dance, Art Tumbling, & Social - FUN!! <i>This class Has a wait list</i>	New Freedom Choir
10:30 AM						Coming Soon! Modern and Contemporary classes! <i>Classes forming, please email for more info....</i>
3:00 PM	NEW!! 3:30 - 4:30 Lyrical - Jazz Combo class! Ages: 8 - up By Joellene				3:30 - 4:30 Beginning Hip Hop Youth-Ages 6-10 By Joellene	
3:30 PM		5:00 - 5:30 Beginning Tap Youth - Ages 6-8 by Kay		5:00 - 5:30 Creative Dance Youth - Ages 4- 5 by Kay		
4:00 PM					4:30 - 5:30 Hip Hop for Teens ,13-up by Joellene	Jammin' Dance also hosts: • Tea Parties • Birthday Parties • Private Parties
4:30 PM	4:30 - 5:30 Intermediate Lyrical for Teens, 13-up by Joellene	5:30 - 6:00 Family ZUMBA Kids & Parents! 6-up ~ by Kay	5:30 - 6:30 Zumba Includes Toning by Kay	5:30 - 6:00 Family ZUMBA Kids & Parents! 6-up ~ by Kay		<i>Studio is available for additional use, please contact for more info.</i>
5:00 PM					NEW!! 5:30 - 6:30 Hip Hop - Jazz Combo for Adults by Joellene	
5:30 PM	5:30 - 6:30 Beg Tap Teen/Adults by Kay	6:00 - 6:30 Reserved for Tap Technique by Kay		6:00 - 7:00 "Jewellettes"		
6:00 PM						
6:30 PM	6:45 - 7:30 Aqua Zumba by Kay	6:30 - 7:30 Belly Dance for Beginners all levels welcome! Teen / Adults by Vahana	6:30 - 7:30 Inter. Tap Teen/Adults by Kay	Belly Dance Youth Ages 7-15 by Vahana	7:00 - 9:00 SWING DANCE Teen/Adults by The Trainors	<i>Jammin' Dance is a certified member of Dance Masters of America</i>
7:00 PM	This class is taught at: Lindberg Swim Club			7:00 - 8:00 Belly Dance Teen / Adults by Vahana 8:00-9:00	please email before first class placerville.swing@comcast.net	~
7:30 PM						<i>Jammin' Dance is registered with</i> ASCAP SESCAP BMI <i>Copyright Compliance</i>
8:00 PM				Jewels of the North Belly Dance Troupe by Vahana		
8:30 PM						

DANCE & ZUMBA INSTRUCTORS

Dance, Creative Kids & Zumba classes: Kay Lenhart • dance@jammindance.com

Swing Dance classes: Dan and Sheryl Trainor • placerville.swing@comcast.net

Belly Dance: Valerie Baker aka, Vahana • dancingesquire@yahoo.com

Lyrical & Hip Hop classes: Joellene Vakulich. • vjoellene@yahoo.com

Modern & Contemporary classes: Tiffany Martin • tiffanyvancamp1@gmail.com

Dance class Prices: 1 hr - \$47 per month / 45 min - \$42 per month / 30 min - \$37 per month / Drop In: \$15 per class
Zumba & Fitness Prices: \$30 per mo (1 class per wk) • \$45 per mo (2 classes per wk) Zumba Kids: \$25 per month (with Parent \$10)
• Creative Kids: \$60 per month • Swing Classes: \$10 per couple Drop-In