

## Covid 19 Guidelines for WalkIn Healing Energy and New Healing Horizons - 2020

Hello Dear Clients,

It will be so wonderful to see you again! We are doing our part to help stop the spread of COVID-19 while you are visiting our office.

Within 24 hours of your appointment, please do this self-assessment:

- Have you travelled outside of Canada in the last 14 days?
- Have you been in close contact with a confirmed or a suspected case of Covid-19?
- Do you have any of these symptoms:
  - o Fever
  - o Cough
  - o Runny nose (not allergy related)
  - o Sore throat (not allergy related)
  - o Shortness of breath
- If you answered “no” to all, we look forward to seeing you soon!
- **If you answered “yes” to any of the symptoms please call your health care provider and let us know that you need to reschedule your appointment.**

When you arrive:

- Please remember to bring your own mask – we will also be wearing them
- Hand sanitizer must be used – it will be on the desk at the office entrance
- Shoes will need to be left at the front door
- When leaving we will give you hand sanitizer
- Only you will be able to come in to the office for the appointment

Between appointments we will be sanitizing our tables, hard surfaces, and the bathroom. Sheets and pillow cases will be changed between each client and high-touch surfaces will be disinfected regularly in the office.

Thank you for your patience and understanding about these new protocols. We want to protect everyone’s health and safety and if you have any questions please do not hesitate to call us.

Take care and see you soon!

Joan and Christine

**WalkIn Healing Energy: 519-501-0366**

**New Healing Horizons: 226-220-8481**

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*For more Covid-19 information please visit the [Region of Waterloo’s public response webpage](#).*