



HEALING VINE HARBOR

Join Us for life-changing workshops that are facilitated by professionals who want to share their skills and expertise. Come learn new skills, meet new people and fellowship. Lunch is provided.

For more information contact:

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Email: healingvineharbor@gmail.com

**Healing Vine Harbor, Inc.
P.O. Box 690483
Charlotte, NC 28227
www.healingvineharbor.org**



Saturday Workshops

September 19, 2020*

**Supporting Our Village Through
Good Mental Health**

October 24, 2020*

Facing Your Fears: Roller Coaster Effect

November 21, 2020*

**Combating Stress: Working From Home,
the New Normal**

December 12, 2020*

**Getting Comfortable with the
Uncomfortable During the Holiday**

January 23, 2021

**Tax Preparation Tips / Review, Repair &
Rebuild Your Credit Score**

February 27, 2021

**What's Love Got To Do With It?
Putting Me First**

March 27, 2021

Healthy Me = Healthy We

April 2021

Annual Purple Soirée

May 22, 2021

Mindfulness Meditation

June 26, 2021

Awesomeness: Beating Your Bullies

***Workshops for Sept. 2020—Dec.
2020 will be Virtual on Zoom**

**Workshops for Jan. 2021—June
2021 are tentatively scheduled to
be held at Woodlawn Bungalow
1015 W. Margaret Brown Street
(off 4th Street) – Uptown
Charlotte NC, 28202**