# Woodwind Lakes

It's all right here

January 2021

Volume 10, Issue 01

# Holiday Parade

Thanks to All Participants and Spectators for Making our 7th Annual Holiday Event an Overwhelming Success!!!



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## **IMPORTANT CONTACTS**

<b>CONS</b>	TABI.	E'S O	FFICE

Harris County Pct. 4 Constable's C	Office281-376-3472
	http://www.cd4.hctx.net

#### **BOARD OF DIRECTORS**

President	Mendi Strendel
Vice-President	Jeffrey Krahn
Treasurer	Daniel Kallus
Secretary	Kate Weatherford
Director	

#### NEWSLETTER AND WEBSITE

News	etter	Fdi	tai

Lynn Collii	ns	lynn.collins@g	arygreen	e.com
Website				
" 4 1 1 5	111	1 . 11		

#### 'Ask the Board" ...... www.woodwindhoa.com, Contact Us

#### **GROUNDS COMMITTEE**

Ann Tatum.....anntatum9203@gmail.com

#### **PAVILION & ADULT POOL**

Leigh Allen ......lallen@grahammanagementhouston.com

#### **FAMILIES OF WWL**

Dana Patterson.....greg.dana.patterson@gmail.com

#### **CHRISTMAS COMMITTEE**

Terry Buckner ..... terry214@live.com

#### **WOMEN'S CLUB**

President: Ann Tatum	anntatum9203@gmail.com
Vice President: Judith Simmons	jjsimons@comcast.net
Secretary: Cindy Horn	cindy.d.horn@gmail.com
Treasurer: Lynn Collins	.lynn.collins@garygreene.com

#### **OTHER USEFUL NUMBERS**

#### **Graham Management**

...... graham@grahammanagementhouston.com, 713-334-8000 Mailing Address: 2825 Wilcrest Dr., Suite 600, Houston, TX. 77042

#### **Association Manager**

Leigh Allen.....Lallen@grahammanagementhouston.com

#### **Improvement Application Submittal**

.....arc@grahammanagementhouston.com **Call Before You Dig** ...... 1-800-DIG-TESS or 1-800-344-8377 **Pct. 4 Constable.....** 281-376-3472 **Street Light Outage.....**713-207-2222

...... www.centerpointenergy.com - Have light number.

#### Texas Department of Public Safety Crime Service

.....http://records.txdps.state.tx.us **DEAD ANIMALS** - To collect dead animals from the streets or off to the side of roads, please Dial 311. There is an option for them to pick up dead animals.

## **UTILITIES**

#### **SECTIONS 1, 2, 3**

WASTE MGT CUSTOMER SERVICE.....713-686-6666 Trash Pick-up is Monday and Thursday.

#### Water/Sewer Issues, all Sections: 281-807-9500

M.U.D. #261 BOARD SEC	CTIONS 1, 2 & 3
S. Brady Whittaker (05.12.18)	President
	713-333-6411
Jason Vanloo (05.14.20)	Vice President
John Oyen (05.14.20)	Secretary
	713-446-3959
Larry Goldberg (05.12.18)	Director
	713-824-5499
Milt Dooley (05.14.20)	Director
	713-858-7303
M.U.D. 261	

#### **SECTION 4 VILLAGE OF WOODWIND LAKES**

Texas Pride Disposal - 281-342-8178 TOPS Water - 281-807-9500

#### **USEFUL LINKS**

WL Websitewww.woodwindlakeshoa.com
Sec 1, 2 and 3 Utility
http://hcmud261.com/HCMUD261/Index.htm
Section 4 Utilityhttp://www.wfud.org/
Social Media https://woodwindlakes.nextdoor.com/news_feed/
Newsletterhttp://www.peelinc.com/
Sec 4 Gate Leigh Allen Lallen@grahammanagementhouston.com
Sec 4 Gate Leigh Allen Lallen@grahammanagementhouston.com

## **ADVERTISING INFO**

Please support the advertisers that make the Woodwind Lakes Newsletter possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or *advertising@peelinc.com*. The advertising deadline is the 8th of the month prior to the issue.

## **ARTICLE INFO**

The Woodwind Lakes Newsletter is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to Lynn. Collins@garygreene.com. The deadline is the 7th of the month prior to the issue.

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**BOB KERREY** 

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LYNN COLLINS
REALTOR® | MBA
Woodwind Lakes Resident

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Lynn.Collins@GaryGreene.com
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## **Woodwind Lakes**



## CONSTABLE STATS | OCTOBER

Burglary Habitation: 1 Disturbance Juvenile: 0

Theft Vehicle: 0 Suspicious Vehicles: 0

Assault: 0 Phone Harassment: 0

Disturbance Family: 0 Theft Habitation: 0

Alarms: 2 Robbery: 0

Runaways: 0 Criminal Mischief: 1

Suspicious Persons: 1

Burglary Vehicle: 1 Disturbance Other: 0

Sexual Assault: 0 Other Calls: 16

Theft Other: 0

# | Detailed Statistics By Deputy | Unit | Contract District Reports | Felony Number | Calls | Calls | Taken | Arrests | Arrests | Issued | Property | Filed | Driven Worked | W14 | 64 | 1 | 7 | 1 | 0 | 29 | 0 | 1 | 1161 | 18 | W15 | 25 | 45 | 6 | 1 | 1 | 11 | 0 | 1 | 860 | 14 | TOTAL | 89 | 46 | 13 | 2 | 1 | 40 | 0 | 2 | 2021 | 32 |



## STATS DETAILS...

**BURGLARY HABITATION:** 

9100 SYMPHONIC LN- A known complainant stated that an unknown suspect(s) forced entry into

his home while they were away. The complainant found no property missing at this time.

**BURGLARY VEHICLE:** 

8700 GOLDEN CHORD CIR- A known complainant stated that sometime during the daytime

hours, an unknown suspect(s) made forced entry into his vehicle and stole property from within.

CRIMINAL MISCHIEF:

8700 SERENADE LN- A known complainant stated that unknown juveniles destroyed a tree while

they were at the neighborhood park

Alarms

Deputies responded to 2 residential alarms that were all cleared as false or cancelled.

Suspicious Vehicles

Deputies responded to a 0 suspicious vehicle calls that were all cleared as GOA or information.

Suspicious Persons

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http://10.2.118.224/iba/patrol/monthly\_stats/printer/printer.php?index=10512 12/2/2020

Deputies responded to 1 suspicious person calls that were all cleared as GOA or information.

Deputies conducted multiple traffic stops and issued multiple citations within the contract reducing

the possibility of accidents.

Deputies conducted multiple contract, neighborhood and business checks within the contract

increasing visibility while performing regular patrol duties.

Deputies responded to 16 other calls within the contract including:

Motor Vehicle Accidents

Animal Humane

Child Custody Disputes

Domestic Preventions

D.W.I.

Follow Up Investigations

Information Calls

Meet The Officer

Lost Found Property

Sex Offender Verification

Stranded Motorist

Traffic Hazard

Unknown Medical Emergency

Abandoned/Speeding Vehicles

Welfare Checks

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# BOOSTING IMMUNITY TO FIGHT COVID-19 AND WARD OFF FLU

## 7 IMPORTANT FOODS WHICH HELP TO DO JUST THAT!!!



These foods not only promote immunity but help protect our hearts.

- 1. Pumpkins which are a great source of potassium and betacarotene, a carotenoid that converts to vitamin A. Pumpkins also contain calcium and magnesium, vitamin E, C and some B vitamins. Vitamin A helps to protect our eyes from night blindness and age-related decline.
- **2. Butternut Squash** is also full of beta-carotene. The conversion to vitamin A is important for a healthy immune system.
- **3. Apples** are rich in vitamin C, a powerful antioxidant that can help boost our body's resistance to both infectious agents and damage caused by free radicals (bad guys for our cells). It sounds as though the adage "an apple a day keeps the doctor away" has a lot of truth to it! Each time we bite into an apple we are getting a healthy dose of vitamin C and B complex vitamins.
- **4. Beet Juice** has been *shown to lower blood pressure*. High blood pressure often has no symptoms. Over time, if untreated, can cause health conditions, such as heart disease and stroke. We should monitor our blood pressure. There are many natural ways to manage it.
- **5. Brussel Sprouts** are high in antioxidants and fiber, which may lower inflammation in the body, thus protecting the heart. These crunchy veggies may also stave off high blood pressure, high cholesterol, heart disease and diabetes. Despite all the health benefits, check with your doctor if you take blood thinners. Brussel Sprouts are high in vitamin K. They may also contribute to (IBS) Irritable bowel syndrome.

- **6. Sweet Potatoes** are packed with potassium which enables you to excrete sodium, better balancing our blood pressure.
- **7. Bell Peppers** are so high in vitamin C that just one provides 170 percent of the daily recommended allowance. Yellow and red peppers have more antioxidants than green ones.

Since apples and potatoes are on the 2020 version of its annual Dirty Dozen list (fruits and veggies with the highest traces of pesticides used in commercial farming) I purchase organic apples and potatoes. The above foods are powerful for our immune system and overall good health. Hope many are incorporated into your daily diet.

I send healthy and happy wishes to you and yours for a healthy and happy winter season. Remember please that every bite we take fights or feeds disease.

Warm regards, Donna Konopka

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## FRUIT FLIES



Fruit flies can become a nuisance problem at any time of year. They can enter homes from ripe fruits or vegetables picked from the garden or purchased at the grocery store. Fruit fly adults may also fly into homes from outdoors.

Adult fruit flies are small (about 1/8 of an inch) and often have red eyes. The front portion of the body is tan while the back portion is dark brown to black. If given the opportunity, females can lay up to 500 eggs. Larvae are surface feeders on fermenting foods or other organic matter, which means that you can cut off the overripe parts of the fruit or vegetable and eat the rest.

To prevent bringing fruit flies into your home, do not purchase over ripened fruit and vegetables. Eat fresh produce in a timely manner and store items in the refrigerator or a paper bag that is clipped closed. All recyclables should be rinsed thoroughly before placing them into the recycling bin. Recycling and garbage bins should be cleaned on a regular basis with soapy water to eliminate any spilled material.

If your home already has fruit flies, locate all sources of infestation (where the larvae are living) and eliminate them. Insecticides only target adults and will not control the problem. While searching and eliminating breeding sources, a trap can be constructed to capture adult flies. Create a paper funnel by rolling paper and taping it closed. Place the funnel into a jar that has a small amount of apple cider vinegar in the bottom.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urbanipm.blogspot.com

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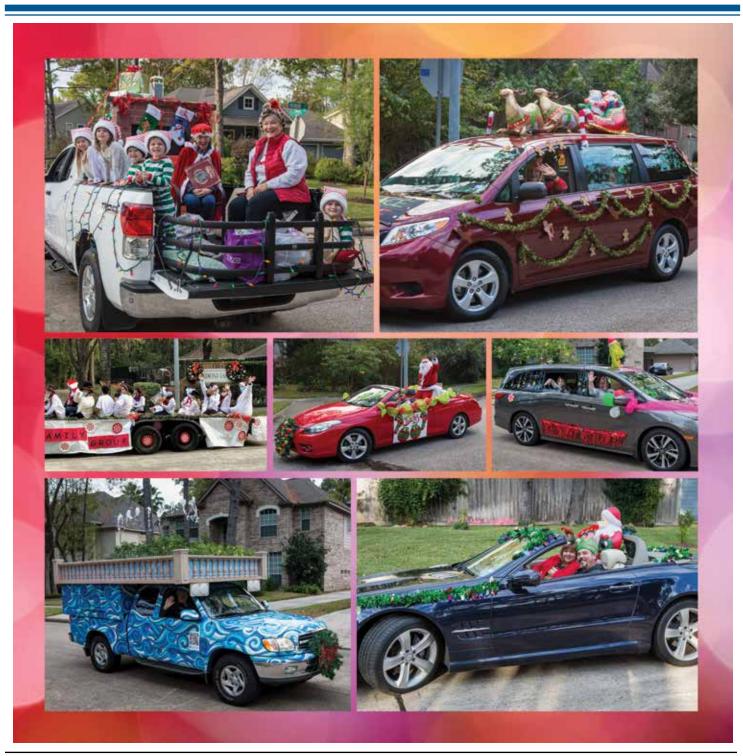
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