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## Permission to Receive Center Snack

My child, \_\_\_\_\_, has permission to eat snack prepared and served at the center by Quala Care Child Center, Inc.

Monthly snack menus are posted in the kitchen and are available from the office. At the beginning of each month, please review the posted menu. No child should be experiencing a food for the first time at the center so if your child has not eaten any of the listed foods, please make it a point to serve this food at home as soon as possible. This is especially important with common allergens such as nuts, dairy, egg, fish, shellfish, soy, and wheat.

Does your child have any known food allergies?      Yes    No

If yes, please list below and complete and return an Allergy Action Plan.

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Are there any other foods your child should not eat (i.e. due to religious or cultural beliefs?      Yes    No

If yes, please list which foods should be avoided and why.

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Parent's Signature

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Date