



THE BILGE PUMP

Keuka Yacht Club

Volume 35, Issue 2

April 22, 2019

CLUB SCRUB — SAT. MAY 4TH STARTING AROUND 8:30AM

Spring has sprung and it's time to dust off the tables and chairs and get the Club ready for the season.

There are (more) leaves to rake; sticks and branches to gather; refrigerators to clean; and brass and trophies to polish.



The piano and trophy case which were moved for the new flooring install need to be returned to their proper places as well as other furniture.

Please come lend a hand! Bring yard tools (rakes, clippers, and such) and small hand tools. There are outside and inside jobs—we will find one for you!



Coffee, water and bagels for all volunteers!

Together we can get it done!

JUNIOR SAILING FUNDRAISER ART SHOW

Put the date on your calendar now for this fundraiser for KYC Junior Sailing (Lake Keuka Sailing Foundation a 501(c)3).

June 15th from 6 to 8pm

Featuring:

Ceramics by Alan and Rosemary Bennett
Marine Art
Jewelry
Pottery
Paintings of Keuka Lake area



Please remember to send any email address changes (or additions) to:
kycbilgepump@gmail.com

MEMBERS IN THE NEWS

Keuka Yacht Club's own Scott Norris was crew on the MOD 70, Argo, as it set a new course record in the 34th Pineapple-Montego Bay Race. Argo's elapsed time of 2 days 7 minutes 44 seconds over the 811nm course cut the previous record by 10 hours 16 minutes and 58 seconds. Their time also broke the multihull record.

Read more about the race and win in *Scuttlebutt Sailing News* at:

<https://www.sailingscuttlebutt.com/2019/01/30/argo-scorches-pineapple-cup-records/>

SLIP FEE INCREASE

A survey of other marinas on Keuka Lake was conducted in 2018 and after review, the Board decided to raise slip fees. As Commodore Steve Bender wrote in his January letter to the membership "We raised slip fees as a means to set aside money for anticipated repairs, and I thank those who rent space on our docks for their continued support. We benchmarked other marinas on the lake and maintained a price structure that still makes us a comparative bargain. The waiting list we have for slips certainly attests for that. We plan to set this increased revenue aside, along with capital spending on the seawall we are diverting from this year, in order to begin significant work in 2020."

BOATING IS GOOD FOR YOUR HEALTH

An article in the February 2019 *Boat US Magazine* quoted Dr. Wallace Nichols, a marine biologist, who wrote *Blue Mind*. "The blue mind, he says, separates us from the pressures and distractions of life." According to Nichols, lakes, rivers, oceans, bays, creeks, and even pools are all blue space. His research looks at how blue spaces affect us — what he calls the "blue mind." He notes that studies from the University of Exeter Medical School (U.K.) show that being on or near the water adds wellness and emotional benefits. So let's get on the water and be healthy!