

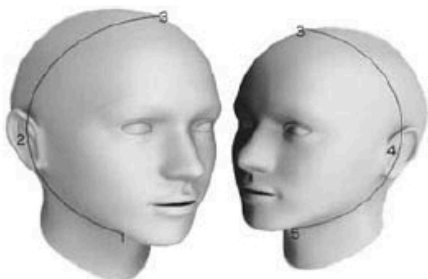
FENCING EQUIPMENT SIZING CHART

How to Correctly Measure for your Uniforms & Equipment

BLADES (Ask your coach for advice on blade size)

#0 & #2 Blades are recommended for children ages 10 and Under.
 #5 Blades are standard Adult size and recommended for anyone age 11 and Above.

MASKS



Starting from underneath the chin, go up the side of the head, over one ear, over the top of the head, back down the other ear, and back to under the chin to make a complete circle. (Essentially you're measuring the circumference of the part of your face that the mask will be encircling.) Use a soft ruler or yarn to measure, and make sure to keep it snug or else you'll wind up with a mask that's too large.

Also Note: Your masks are adjustable! If you receive your mask and are unsure if it fits, please ask your coach or an experienced team mate to help you adjust.

If you measure in at the following you need this size mask:

XS	Small (0)	Medium (1)	Large (2)	XL (3)
Under 21"	21"-23"	24"-25"	26"-28"	Over 28"

Men's Jacket

Jacket Size	32	34	36	38	40	42	44	46	48	50	52	54	56	58
A. Chest Width	16	17	18	19	20	21	22	23	24	25	26	27	28	29
B. Nape of Neck to Lower Back	17.5	19	19.25	21	22.25	23	23.25	24	24	24.5	25	25	25.25	25.25
C. Shoulder (Seam to Seam)	15.5	16	16.5	17	17.5	18	19	19.5	19.75	20	20.5	21	21.25	21.5
D. Shoulder Seam to Wrist)	20	20.5	21	24	25	25.5	26	26.5	26.5	26.75	26.75	27	27	27

Women's Jacket

Jacket Size	34	36	38	40	42	44	46	48	50
A. Chest Width	17	18	19	20	21	22	23	24	25
B. Nape of Neck to Lower Back	16.5	17.5	18	19	19.5	20	20.5	20.75	21.5
C. Shoulder (Seam to Seam)	15.5	16	16.5	17	17.5	18	18.5	19	20
D. Shoulder Seam to Wrist)	20.5	21	23	24	25	25.5	25.75	26	26

JACKETS

For Men: Take a chest measurement under your armpits around the fullest part of chest and shoulder blades.

For Women: Use regular Bra Size

After taking your chest measurement, add the following amount of inch according to which jacket type you are sizing for below. **This is only appropriate for ages 10-up, otherwise please refer to the children's sizing chart.**

Cotton: Add 6"	Comfort: Add 6"	Padded: Add 6"	Nylon & Stretchy: Add 2"	Clearance: Add 6-8"
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Children's Sizing

Child's Size	4	5	6	7	8-9	10-12
Jacket Size	30	30	32	34	36	38

GLOVES

Measure around your palm (excluding your thumb) and add 0.5". The chart below notes what size range your final measurement falls into.

XS	Small (0)	Medium (1)	Large (2)	XL (3)
6½ - 7	7½ - 8	8½ - 9	9½ - 10	10½ - 11

UNDERARM PROTECTORS

PLASTIC CHEST PROTECTORS

For both Men and Women, sizing is based off of what jacket size you wear and height. Please use the tables below to determine what range your numerical jacket size falls into.

For Men this is based off your height (lower column) and for Women, sizing is based off your bra size (upper column).

XS	Small	Medium	Large	XL/XXL	XS	Small	Medium	Large	XL
32 - 34	36 - 38	40 - 42	44	46 - 48 +	Training	32ABCD 34ABC	34DE 36ABC	36DE	38 +
Under 5'	5'1" - 5'3"	5'4" - 5'6"	5'7" - 5'11"	6' +	4' - 5'	5'1" - 5'3"	5'4" - 5'6"	5'7" - 5'11"	6' +

Men's Foil Lame

Lame Size	32	34	36	38	40	42	44	46	48	50	52	54	56
A. Chest Width	16	17	18	19	20	21	22	23	24	25	26	27	28
B. Nape of Neck to Lower Back	14.5	16	18	18.75	19.5	20	21.5	22.5	22.75	23	23	23.25	23.75

Women's Foil Lame

Lame Size	34	36	38	40	42	44	46	48	50	52			
A. Chest Width	17	18	19	20	21	22	23	24	25	26			
B. Nape of Neck to Lower Back	16	17	17.5	17.75	18.5	18.75	19.25	20	20.75	21			

KNICKERS

To size for knickers, simply take your waist measurement (just above your belly button). Whatever your measurement is, is what size knickers you need. The chart below notes what size range your final measurement falls into. Add 2 additional inches for cotton knickers only.

XS	Small	Medium	Large	XL	XX-L
22-26	28	30-32	34	36-38	40