

Bellevue R-3 School District  
September, 2019  
MENUS

Monday	Tuesday	Wednesday	Thursday	Friday - August
				<b>30</b> <b>NO SCHOOL</b> 
<b>2</b> <b>NO SCHOOL</b> 	<b>3</b> <b>Breakfast</b> WG Biscuit Biscuit Gravy Sausage Links/Patty Fruit Juice  <b>Lunch</b> Beef Soft Taco Salsa Corn Mashed Potatoes Caramel Apples Slices	<b>4</b> <b>Breakfast</b> Cereal Cantaloupe Fruit Juice  <b>Lunch</b> Chicken Patty on Bun Parsley Potatoes Peas and Carrots Fruit Salad	<b>5</b> <b>Breakfast</b> Scrambled Eggs WG Toast Fruit Juice  <b>Lunch</b> Sloppy Joe on Bun Seasoned Fries Cucumber Slices w/Ranch Strawberries Ice Cream	<b>6</b> <b>Breakfast</b> Cereal Yogurt Fruit Parfait Fruit Fruit Juice  <b>Lunch</b> Three Meat Pizza Tomato and Cucumber Salad Watermelon
<b>9</b> <b>Breakfast</b> Cereal Chocolate Chip Muffin Fruit Juice  <b>Lunch</b> Baked Ham Sweet Potatoes Green Beans Fruit Salad Dinner Roll Brownie	<b>10</b> <b>Breakfast</b> Breakfast Lasagna Fruit Juice  <b>Lunch</b> Cheesy Taco Bake Black Beans Mexican Corn Applesauce Monkey Bread	<b>11</b> <b>Breakfast</b> Cereal Pop Tart Fresh Fruit Fruit Juice  <b>Lunch</b> Chicken Fajita Wrap String Cheese California Normandy Peaches	<b>12</b> <b>Breakfast</b> WG Pancake Wrap Syrup Blueberries Fruit Juice  <b>Lunch</b> Country Fried Steak Patty Slice of Bread/Butter Mashed Potatoes Gravy Peas Cherry Crisp	<b>13</b> <b>Breakfast</b> Cereal Yogurt Fruit Fruit Juice  <b>Lunch</b> Hamburger on Bun Oven Fries Baked Bean Grapes

Milk Variety (1% unflavored or fat free flavored) – will be served with every meal

WG = Whole Grain

Condiments will be offered accordingly

**“This institution is an equal opportunity provider.”**

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>16</b> <b>Breakfast</b> Cereal Cinnamon Toast Fruit Juice  <b>Lunch</b> Hot Dog on Bun French Fries Black Eyed Peas Mandarin Oranges	<b>17</b> <b>Breakfast</b> WG Biscuit Sausage Biscuit Gravy Fruit Juice  <b>Lunch</b> Beef Nacho Melt Zucchini Corn Salad Fruit salad Soft Pretzel	<b>18</b> <b>Breakfast</b> Cereal Yogurt Banana Fruit Juice  <b>Lunch</b> Oven Fried Chicken Mashed Potatoes Glazed Carrots Peaches WG Hot Roll	<b>19</b> <b>Breakfast</b> French Toast Sticks Syrup Grapes Fruit Juice  <b>Lunch</b> Sloppy Joe on Bun Tater Tots Green Beans Kiwi Sugar Cookie	<b>20</b> <b>Breakfast</b> Cereal Honey Bun Strawberries Fruit Juice  <b>Lunch</b> Pepperoni Pizza Corn on the Cob Mixed Fruit Ice Cream
<b>23</b> <b>Breakfast</b> Cereal Banana Muffin Fruit Juice  <b>Lunch</b> BBQ Rib on Bun Sweet Potato Fries Green Beans Applesauce	<b>24</b> <b>Breakfast</b> Breakfast Lasagna Mandarin Oranges Fruit Juice  <b>Lunch</b> Chicken Quesadilla Salsa Mexican Beans Cream Corn Peaches Funnel Cake	<b>25</b> <b>Breakfast</b> Cereal Yogurt Pears Fruit Juice  <b>Lunch</b> WG Chicken Nuggets French Fries Broccoli Florets w/Ranch Strawberries WG Bread Stick	<b>26</b> <b>Breakfast</b> Ham Breakfast Sandwich Grapes Fruit Juice  <b>Lunch</b> Beef Stew Slaw Pears Corn Bread Butter and Honey	<b>27</b> <b>Breakfast</b> Cereal Yogurt Fruit Parfait Fruit Juice  <b>Lunch</b> Spaghetti w/Meat Sauce Vegetable Blend Meadow Garlic Cheese Biscuit Butter Fruit Salad
<b>30</b> <b>Breakfast</b> Cereal Blueberry Muffin Fruit Juice  <b>Lunch</b> Chicken and Noodles WG Bread Stick Mixed Vegetables Peaches Chocolate Chip Cookie				

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