

NRS
DATE INITIAL

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- K. Monitor and report symptoms of depression to physician.
- L. Use Medic Alert cards or bracelets indicating health history and medications.

VII. The client/caregiver is aware of possible complications.

- A. Dysrhythmias
- B. Cardiogenic shock
- C. Arterial or pulmonary embolism
- D. Pericarditis
- E. Mitral insufficiency

RESOURCES

American Heart Association
www.americanheart.org

National Institutes of Health
www.nih.gov

American Red Cross Services—CPR
www.redcross.org/services

American Dietetic Association
www.eatright.org

Cardiac rehabilitation programs offered at many hospital centers

Support groups for weight control and smoking cessation

United States Department of Health and Human Services
www.surgeongeneral.gov/tobacco/

U.S. Food and Drug Administration
www.fda.gov/hearthealth

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