



PARISH OF OUR MOTHER OF PERPETUAL HELP

Redemptorist Community

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**ANNOUNCEMENTS:**

**STATIONS OF THE CROSS**

**Friday, 22 March, 2019-**

7.15 pm Stations of the Cross (T) in the parish hall.

7.30 pm Stations of the Cross (E) in the OMPH church followed by Mass (E).

**RITE OF THE 1<sup>st</sup> SCRUTINY** – (3<sup>rd</sup> week of Lent) - On Sunday, 24 March, 2019 during the 8.00am Mass our "Elect" will celebrate the Rite of the First Scrutiny, which is the beginning of the period of purification and enlightenment.

**ALTAR SERVERS MEETING with Parish Priest** - All Servers are requested to be present for a meeting on Sunday, **17 March, 2019 at 2.30pm** in church.

**SALE OF ECO-FRIENDLY BAGS**

The team from Mother Teresa's Reading Shelter will be in our church on Sat. 16 & Sun 17 of March, 2019 to raise funds for their operational costs. Please give them your generous support.

**CLERGY MEETING**

All priests will be away for their Clergy meeting in Penang on 19 & 20 of March, 2019. There will be no 6.30am Mass on Wed. 20/3. Mass intentions booked will be said outstation.

**OMPH GOT TALENT**

Don't bury your talents!

We are looking for young singers, conductors, artists, organists, pianists and volunteers to serve in the various ministries and liturgy.

Help us to enhance parish life.

*"I have come to serve"* (Mk 10: 45)

Make an appointment with your Parish Priest.

**BLOOD & ORGAN DONATION**

PHDC will be organizing a blood & organ donation campaign on **Sunday, 24 March, 2019;** from 8.30 am till 1.00pm in the parish hall. We invite healthy and able bodies and regular blood Donors to help save lives.

*The BM Mass (24/3/2019)*

*at 8.00 am will be combine with the English-speaking mass in church.*

**RITE OF THE 2<sup>ND</sup> SCRUTINY** –

(4<sup>th</sup> week of Lent) – On Sunday, 31 March, 2019 during the 8.00 a.m. Mass, our "Elect" who are continuing on the purification process, will celebrate the Rite of the Second Scrutiny focusing on purifying their spiritual blindness.

(Food for thought)

Gospel: Luke 9:28-36

*"Knowing God is near "*

Our journey of faith was one of living our lives "according to God's plan", of accepting our state in life - whatever it may be - as part of His will for us, and submitting to the sometimes unreasonable demands that we seem to think He makes upon us. The soul is spirit, noble, most God-like; the flesh is lowly, corruptible, and definitely mortal. We were trained to struggle against the desires of the body, to subdue, to repress. Our ultimate goal is our reunion with our God in the heavenly kingdom; our earthly journey is one of "earning" our citizenship in heaven.

In the Gospel passage, Luke allows us to become witnesses, with Peter, James and John, of the Lord's transfiguration: The Apostles witnessed a dazzling display of God's glory at the Transfiguration and were overwhelmed with excitement; but they were soon to experience the passion and death of Jesus. These same three will follow Jesus into the Garden of Gethsemane. They will see Him, fearful, saddened, pleading not to have to suffer and die. They will see Him on the cross, apparently abandoned by his Father and overcome by evil. This will betray all their hopes and dreams, and almost destroy their faith.

Through faith, we have a foretaste of the glory of Risen Lord, and we must know that it is this same glory that is waiting for us. Today we are challenged to transform our lives - to let the glory of God guide us and shine through us... to focus on God along the rough road of the spiritual path... knowing that God is near, that He understands our pain, and that He will sustain us and carry us through, beyond our own physical Gethsemane, beyond our Calvary, to the triumph of our Easter.

**MARRIAGE:** Please contact the Parish Priest at least SIX MONTHS in advance.

**PARISH ACTIVITIES & MEETINGS:**

*(March 2019)*

- |             |            |                          |                          |
|-------------|------------|--------------------------|--------------------------|
| * 17/3/2019 | - 8.00am   | - CLOW                   | (St.Mark's Rm.)          |
|             | - 10.00 am | - RCIA (BM)              | (St. Monica Rm.)         |
|             | - 11.30 am | - RCIA (T)               | (St. Matthew Rm.)        |
|             | - 1.00 pm  | - PHDC Learning centre   | (3rd fl.)                |
|             | - 2.30pm   | - Altar Servers          | (church)                 |
|             | - 3.00 pm  | - RCIA (E )              | (St.Mark's Rm.)          |
|             | - 5.00 pm  | - Lectors & Commentators | (ven Francis Xavier Rm.) |
|             | - 5.00 pm  | - OMPH choir practice    | (church)                 |
| * 18/3/2019 | - 7.00 pm  | - CCR                    |                          |
| * 19/3/2019 | - 8.15pm   | - Legion of Mary (C )    | (St.Matthew's Rm.)       |
| * 21/3/2019 | - 8.00 pm  | - Tamil choir            | (St.Paul's Rm)           |
| * 22/3/2019 | - 8.30 pm  | - RCIA (C )              | (ven Francis Xavier Rm)  |
| * 24/3/2019 | - 10.00 am | - RCIA (BM)              | (St. Monica Rm.)         |
|             | - 11.30 am | - RCIA (T)               | (St. Matthew Rm.)        |
|             | - 1.00 pm  | - PHDC Learning centre   | (3rd fl.)                |
|             | - 3.00 pm  | - RCIA (E )              | (St.Mark's Rm.)          |
|             | - 5.00 pm  | - OMPH choir practice    | (church)                 |

**2019 COFFEE MORNINGS**

- |                                     |                                      |
|-------------------------------------|--------------------------------------|
| * 17/3/2019 - BM Apostolate.        | * 24/3/2019- St.Peregine group.      |
| * 31/3/2019- Divine Mercy group.    | * 7/4/2019 - Sun. Sch. (Form 3)      |
| * 28/4/2019- BEC St.Philip.         | * 5/5/2019 - BEC St. Joseph (E)      |
| * 12/5/2019- PHDC                   | * 19/5/2019- Sun. Sch. (Form 4)      |
| * 2/6/2019 – BEC St.Gerard          | * 9/6/2019 – BEC St.Philip.          |
| * 16/6/2019 – BEC St.Francis Xavier | * 30/6/2019 – Eucharistic Ministers. |

**BIBLE REFLECTION & HOME-GATHERINGS:**

- \* 17/3/2019 – 5.00 pm – BEC St.Benedict; Home of Sebastian Yoon.  
– 8.00 pm – BEC St.Anne; Home of Veronica Wong.
- \* 18/3/2019 – 7.30pm – BEC All Saints; Home of Monica.
- \* – 8.30pm – BEC St.Joseph (C ); Home of John Lai.
- \* 19/3/2019 – 8.00 pm – BEC St.Philomena; Home of Francis & Evelyn Toh.
- \* 21/3/2019 – 8.00 pm – BEC St.Anthony (C ); Home of Anthony Liew.
- \* – 8.00 pm – BEC St.Francis de Sales; Home of Mary Celine.

**ETERNAL HAPPINESS TO:** +Josephine a/p A.Lawrence departed on 12 March, 2019.

**PENITENTIAL SERVICE**

In preparation for Easter, penitential service will be held in –

- + **OMPH church**  
on **Tues. 2 April, 2019 at 8pm**
- + Church of St.Michael, Ipoh  
on Wed.3April,2019.
- + Church of Our Lady of Lourdes, Silibin  
on Thurs 4 April,2019.

**OMPH Sunday Fun-day 2019**

The OMPH Catechetical ministry is organizing a Sunday Fun-day for all Sunday School Students on **Sunday, 31 March, 2019 from 9.30 am till 12 noon.** Various fun activities are planned and we urge parents & others to join and help us to make it a fun-filled day. A fun activity is also planned for parents and as such parents are welcome to participate to make the day merry.

**(RCIA) RECOLLECTION DAY –**

The Elect will gather together on Saturday, 6 April,2019 at 9.00 a.m. with their Facilitators and their Sponsors for a day's Retreat, preparing themselves for the reception into the Catholic Church at the Easter Vigil on 20/4/2019. Let us pray with them.

**RITE OF THE 3<sup>RD</sup> SCRUTINY** (5<sup>th</sup> week of Lent) – On Sunday, 7 April, 2019 during the 8.00 a.m. Mass, our Elect who are preparing their full initiation at Easter, will celebrate the "Rite of the 3<sup>rd</sup> Scrutiny," which highlights the saving power of Christ in setting them free. We are invited to come together with them, to pray with them and for them reminding ourselves of our need to rid ourselves of our negative values and to try to live in His love.

**NOVENA PRAYERS TO ST.PEREGRINE**

EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. All are invited. For enquiries, call: 019-5769166/ 012-5833904.

**CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian Meditation group which meets  
\* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

**OMPH CATHOLIC CHARISMATIC RENEWAL**

Come join us in our Praise & Worship  
\* Every Tuesday at 8.00 pm (T)  
\* Every Wednesday at 8.00 pm (E).

**EVENING FOR THE ENGAGED 2019**

Couples planning to get married in the year 2019, please take note of the EE Weekends english during the year. You are requested to register six (6) weeks before the weekend dates.

<b>EE121</b>	<b>12 – 14 July, 2019</b>
<b>EE122</b>	<b>18-20 Oct., 2019</b>

**LENTEN SACRIFICE**

to help the poor as part of our Lenten penance and spiritual growth, we are called to share. Baskets are placed on either side of the sanctuary throughout the season of Lent to appeal for non-perishable food like rice, sugar, cooking oil, sardines, milk power, noodles, tin biscuits, etc.....